

1,000,000,000 CHF investment

7,000,874 hours of work

6,587 experiments

423 researchers

1 medicine



With Prof Susan M Gasser  
and Prof Olivier Michelin

# THE MAKING OF AN INNOVATIVE MEDICINE

*Introductory workshops on translational biomedical research and drug discovery  
and development*

BIO-698 resumes Thursday September 21. 2023  
4:15 PM @ AAC 108



Sciences de la Vie -SV



Prof Roger G. Clerc

# BIO 698 mid-term course evaluation FS2023

(your input is much valued thank you !)



MID TERM EVALUATION "THE MAKING OF AN INNOVATIVE MEDICINE"	HS 2022		
FOR EACH ITEM BELOW PLEASE CIRCLE ONLY A SINGLE RESPONSE	not at all	somewhat	very much
the course was sofar well organized overall			
I like the interactive part of the course (flipped classroom)			
the workshop sessions were relevant to the respective topics			
the presenters were well prepared overall			
the debates were receptive to participant's comment question			
the course enhanced my knowledge			
I realized how novel medicine development is a long complex journey			
I hope to be able to use part of this knowledge and skills in future			
I would recommend to re/attend this course to a colleague, friends			
I am looking forward to the upcoming health hackathon			

please tick accordingly X

SELF ASSESSMENT LEARNING:EVALUATE KNOWLEDGE BEFORE/AFTER	before	after
historical introduction to drug development	1 2 3	4 5 6
therapeutic target identification _ patient need	1 2 3	4 5 6
therapeutic modalities: SMW cpds, biologicals, RNA, DNA therapeutics	1 2 3	4 5 6
MedChem, in silico/HTS screens/AI screen	1 2 3	4 5 6
Personalized healthcare -precision medicine	1 2 3	4 5 6

1= NO value/knowledge or skills

3= SOME value/knowledge or skills

please circle accordingly (see below)

6= LOT of value/ knowledge or skills

remarks: there are no right or wrong answers. no need to put your name (anonymous evaluation) !

your comments :



MID TERM EVALUATION "THE MAKING OF AN INNOVATIVE MEDICINE"		HS 2022		
FOR EACH ITEM BELOW PLEASE CIRCLE ONLY A SINGLE RESPONSE		not at all	somewhat	very much
the course was sofar well organized overall		0%	7%	93%
I like the interactive part of the course (flipped classroom)		0%	14%	86%
the workshop sessions were relevant to the respective topics		0%	14%	86%
the presenters were well prepared overall		0%	14%	86%
the debates were receptive to participant's comment question		0%	14%	86%
the course enhanced my knowledge		0%	21%	79%
I realized how novel medicine development is a long complex journey		0%	28%	72%
I hope to be abe to use part of this knowledge and skills in future		0%	14%	86%
I would recommend to re/attend this course to a colleague, friends		0%	14%	86%
I am looking forward to the upcomming health hackathon		0%	28%	72%

please tick accordingly X

SELF ASSESSMENT LEARNING:EVALUATE KNOWLEDGE BEFORE/AFTER	before	after
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please circle accordingly (see below)

remarks: there are no right or wrong answers. no need to put your name (anonymous evaluation) !

"the course was very informative thank you for the course materials lectures"

"thank you so much for the meanignful and intersting course"

"may be more careful to iming for presenters or start the course with pres. so then speakers don't have to worry about time"

09 questionnaires back from  
16 IS academia participants

# The Making Of An Innovative Medicine – course schedule

Thursday's @ 4-6 PM except 14.12/21.12.23 @2-6 PM



## Session 1: Scope of the course \_ general organization \_ case study

21.09.23 *Embracing a career at the heart of biomedical research !?*

AAC108

## Session 2: Historical perspective: the modern pharmacy

28.09.23 *Advent of modern medicines - placebo controlled drug development*

AAC108

## Session 3: Introduction to translational research: crossing the bridge

05.10.23 *A chasm has opened wide between biomedical research and patients in need*

AAC014

## Session 4: Therapeutic target identification I & II

12-19.10.23 *“me too” vs a wealth of innovative targets \_ small MW cpds vs biologicals*

AA014 AAC108 *Early front loading of biomarker identification for cohort stratification*

## Session 5: Structure based drug design \_ medicinal chemistry\_low/high throughput

26.10.23 *screening assays\_ multiple parallel parameters optimization MDO*

*Setting up screening assays, the robotics, the million cpds librairies*

## Session 6: Therapeutic modalities peptides and biologicals: today's -

02.11.23 *tomorrow's pharmacy NBEs*

*Challengies (cost of goods - healthcare payers) and opportunities*

# The Making Of An Innovative Medicine - course schedule

Thursday's @ 4-6 PM except 14.12/21.12.23 @2-6 PM



## Session 7: **Personalized Healthcare PHC \_ precision medicine**

09.11.23 *How PHC started: from a single case to a paradigm change*

AAC108

## Session 8: **Pharmacogenetic polymorphisms, Pharmacogenomics**

16.11.23 *Interindividual variability, toxicity, response to medicines*

AAC108

## Session 9: **In vivo pharmacology, investigative toxicology** with Dr Nathalie Brandenberg PhD

23.11.23 *Preclinical research ends up with IDB's, FDA guidelines for FIH*

AAC108

## Session 10: **Clinical research phase 0, phase I, II, III, IV**

30.11.23 *The long and complex experimental procedures with human patients*

AAC108

## Session 11: **Intellectual property\_ integrity in research\_my genome vs our genomes**

07.12.23 *Why are patents essential to new medicine/biotech development*

AAC108

## Session 12: **Health Hackathon – Hacking medicine I** with Dr Greg Michelin MD PhD

14.12.23 *Pitches –building teams – hacking problem - 5Ws – brainstorm*

*starts @ 2PM ! MED21522*

## Session 13: **Health Hackathon – Hacking medicine II** with Prof O. Michelin MD - Prof SM Gasser PhD judges

21.12.23 *Building up solutions – make it better - final presentations*

*starts @ 2PM ! AAC231*

WORKSHOP LISTING - THE MAKING OF AN INNOVATIVE MEDICINE BIO698

I NON EXHAUSTIVE LISTING - SUGGESTIONS WELCOME !

sessions	no	workshops	speaker/s
S02 (28-09-23)   AAC108			
historical medicines with Nobel laureates while hopping on giant shoulders	1	vaccine discovery : E. Jenner and smallpox	Danica M
	2	penicillin: impact, whose invention ?	
	3	prozac at the core of psychiatry	
	4	lipitor/statins at last a blockbuster	
	5	artemisinin and malaria	Umair
	6	cyclosporin from soil sample to blockbuster	Umair
S03 (5-10-23)   AAC014			
translational research an emerging field	7	expanding the scope of targeted therapies	
	8	chronotherapy	Pitt
S04 (12-10-23)   AAC014			
therapeutic target identification	9	rare diseases repurposing medicines	Adrien
S04b (19-10-23)   AAC108	10	nosocomial inf/MRSA/phage antibacterials	Georges
therapeutic target identification	11	Crispr/Cas9 gene editing huntington disease	Pitt
	12	AI in drug discovery	Simon
S05 (26-10-23)   AAC108			
structure based drug design	13	macrocycles and non druggable targets	Masota
	14	chemoproteomics - NMEs	Nico G
	30	AIDS HIV from deadly virus to chronic disease	Camilla
S06 (02-11-23)   AAC108			
therapeutic modalities - NBEs	15	therapeutic peptides/incretins	Tim
	16	biologicals on the rise MABs medicines	Nico G
	16	RNA therapeutics, antisense medicines	
S07 (9-11-23)   AAC108			
PHC personalized healthcare	17	BRCA1 preventive surgery/tumor board	Nikita
Human genomics	18	SOPHiA Genetics - GWAS	
	19	disease enabling biomarkers/micro RNAs	Isika
S08 (16-11-23)   AAC014			
pharmacogenetic polymorphism	20	NextGenSequencing - precision medicine	Hien
	21	deCODE inc pharmgenomic/Iceland genealogy	
S09 (23-11-23)   AAC108			
in vivo pharmacology	22	thalidomide repurposing multiple myeloma	Ekatarina
toxicology	23	organoids come of age CFTR patients	Nathalie B
S10 (30-11-23)   AAC108			
clinical research	24	AI medicine 2.0	Simon
	25	most common genetic defect : cystic fibrosis	.
	26	sex bias in preclinical and clinical research	Weilin
	27	placebo/nocice effects	Tim
S11 (07-12-23)   AAC108			
intellectual property/integrity	28	SMA gene therapy - pay for performance	Abtin
	29	biopatents - 23 and Me - my genome	Khosiyat
S12 (14-12-23) starts @ 2PM I MED21522!		Hacking medicine	all + invitees
S13 (21-12-23) start @ 2 PM I AAC231 !		Hacking medicine	all + invitees



## Workshops \_ The Making Of An Innovative Medicine (today's class)



D O P P L Inc.

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M E E T S W I T H

**THE MAKING OF  
AN INNOVATIVE MEDICINE (BIO 698)**

GUESTS  
WELCOMED !

YOU ARE CORDIALLY INVITED TO A PRESENTATION GIVEN BY  
Dr Nathalie Brandenberg , CEO DOPPL Inc.

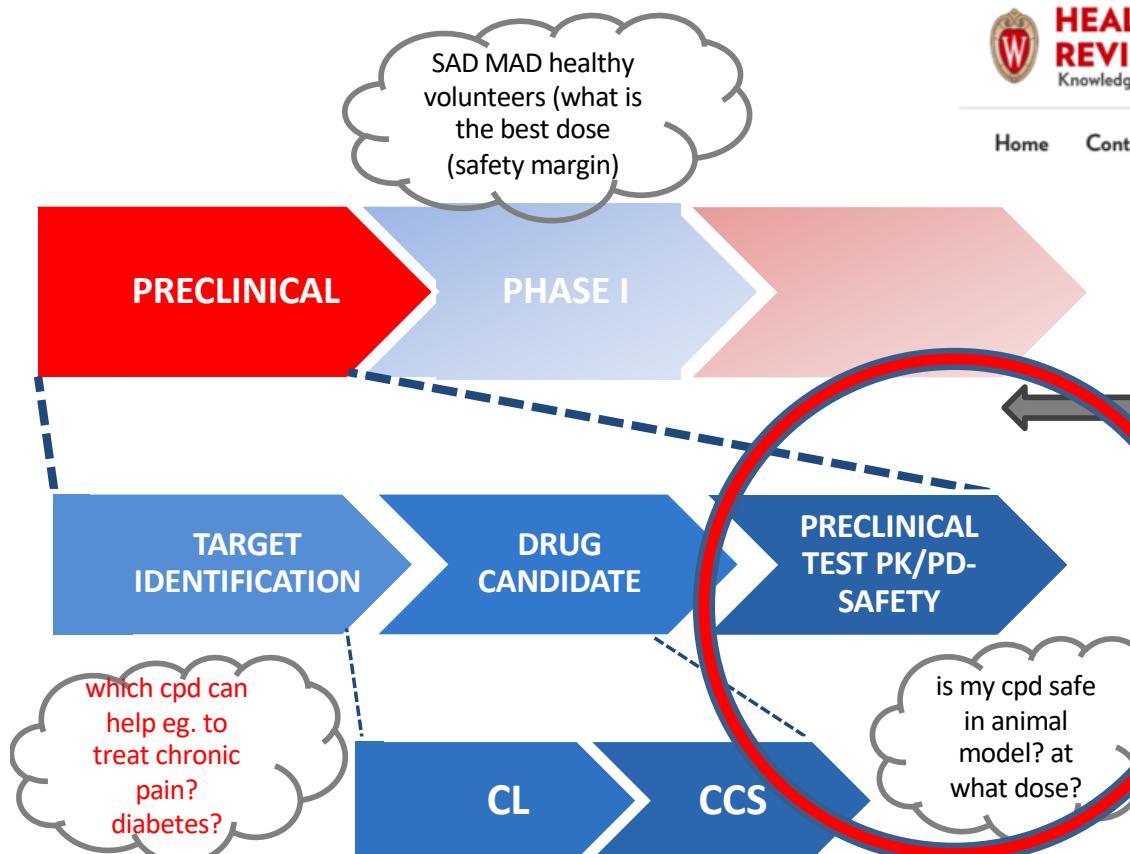
Thursday November 23. 2023  
5:15 PM EPFL ROOM AAC108

on

**CFTR allosteric modulators in cystic fibrosis patients :  
personalized assessment with rectal derived organoids**



# Drug Discovery: preclinical value chain \_ ends up with IDB, IND, FDA application for FIH



## IDB investigators' drug brochure IND Investigational New Drug Application - FDA



## Closing preclinical tests – PK, PD, SAFETY

[Topics Map](#) > [Guidance](#) > [Submission Type Guidance](#)

### Guidance for the Submission of Investigator's Drug Brochures (IDBs) and Package Inserts

Version Date: May 21, 2018

In order to approve research studies under the Common Rule (45 CFR 46) or FDA regulations (21 CFR 56), an IRB must receive sufficient information about the effects of any drug under study to assess whether the risks to subjects are reasonable in relation to anticipated benefits and adequately minimized. For studies conducted under an investigational new drug (IND) application FDA guidance notes that an investigator's drug brochure (IDB) is usually required by the FDA (21 CFR 312.23(a)(5) and 312.55). In addition, FDA guidance states that even though 21 CFR 56 does not mention the investigator's brochure by name, much of the information contained in such brochures is "clearly required to be reviewed by the IRB" (FDA Information Sheets at <http://www.fda.gov/oc/ohrt/irbs/faqs.html>). The FDA provides flexibility to IRBs regarding when IDBs are required to be submitted, the format for submission, and how the IRB assesses the brochures.

#### When to Submit IDBs Versus Package Inserts

If a research study involves testing or evaluating drug(s) and their use in the research is covered under an IND, an IDB should be provided to the IRB. For any drugs being tested or evaluated as part of the research that are FDA-approved and an IND is not required for their use in the research, the study team should provide the IRB with package inserts rather than IDBs.

**Note:** Many studies involve using a combination of drugs, some of which may be covered by an IND and some of which may not be.



- In vitro pharmacology
- In vivo animal pharmacology, PK, PD  
AUC, Cmax, DMPK, IDB, IND filing
- Safety assessment for FIH trials
- Investigative toxicology  
(toxicogenomics)
- Drug-drug interaction
- “off target”

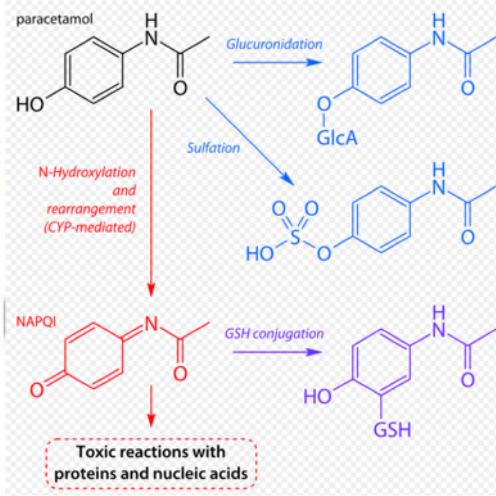
THE BIGGEST RISK FOR  
HUMAN BEINGS IS NOT  
TO GET A MEDICINE !



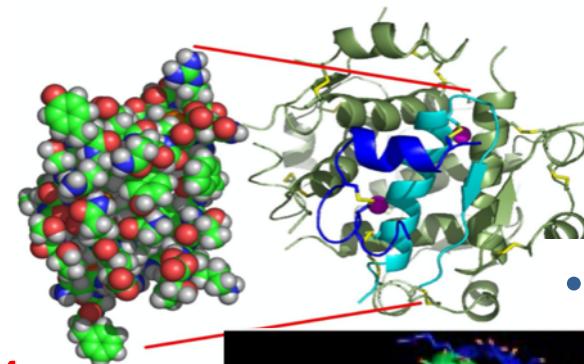
# PK PD ADME : making the real thing !



- Paracetamol



- Cyclosporin

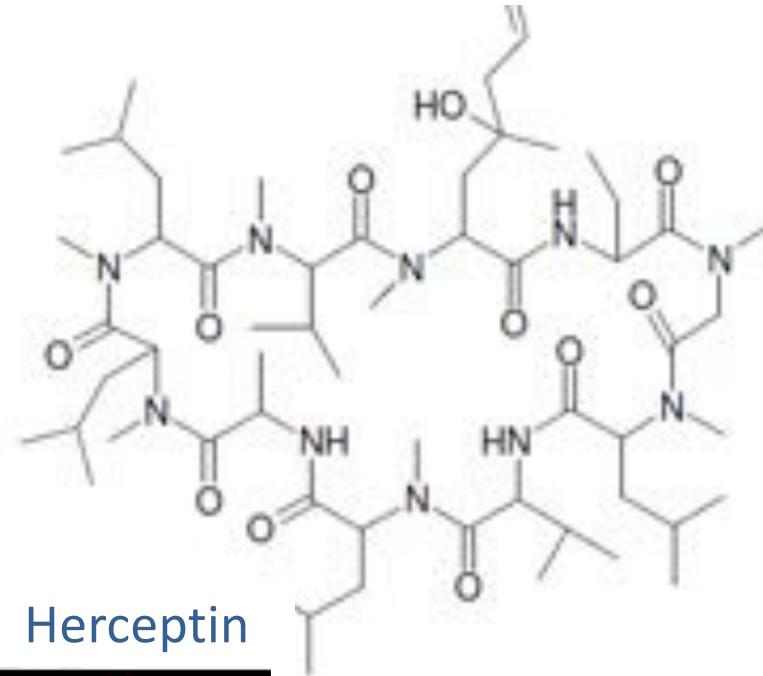


- Insulin

- MABs

**WILL IT WORK  
IN THE  
CONTEXT OF A  
LIVING  
ORGANISM ?**

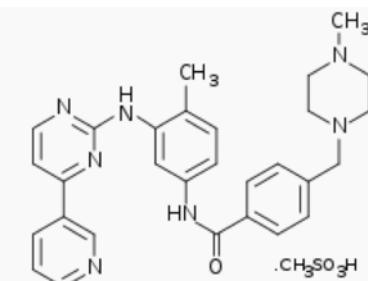
- Sandimmun



- Herceptin



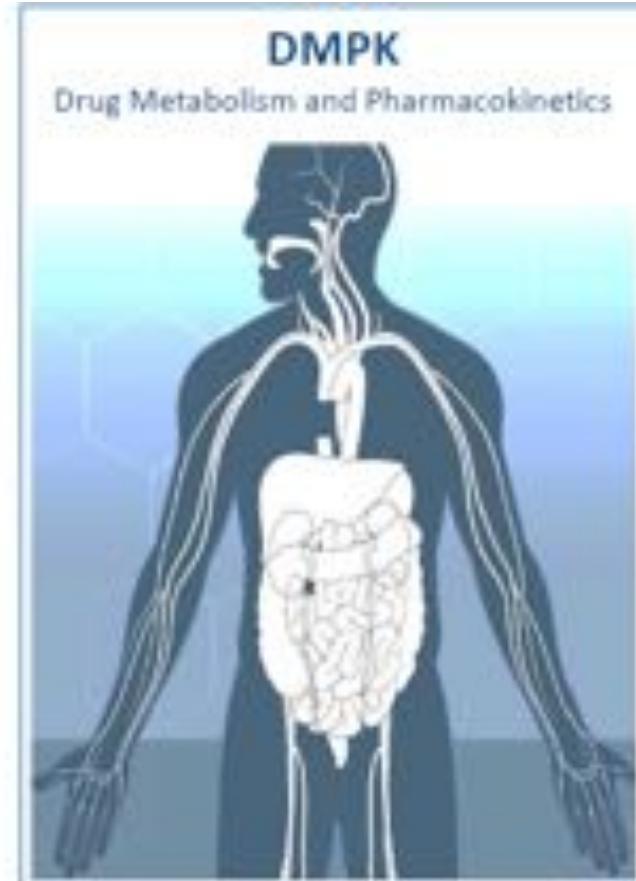
- Gleevec



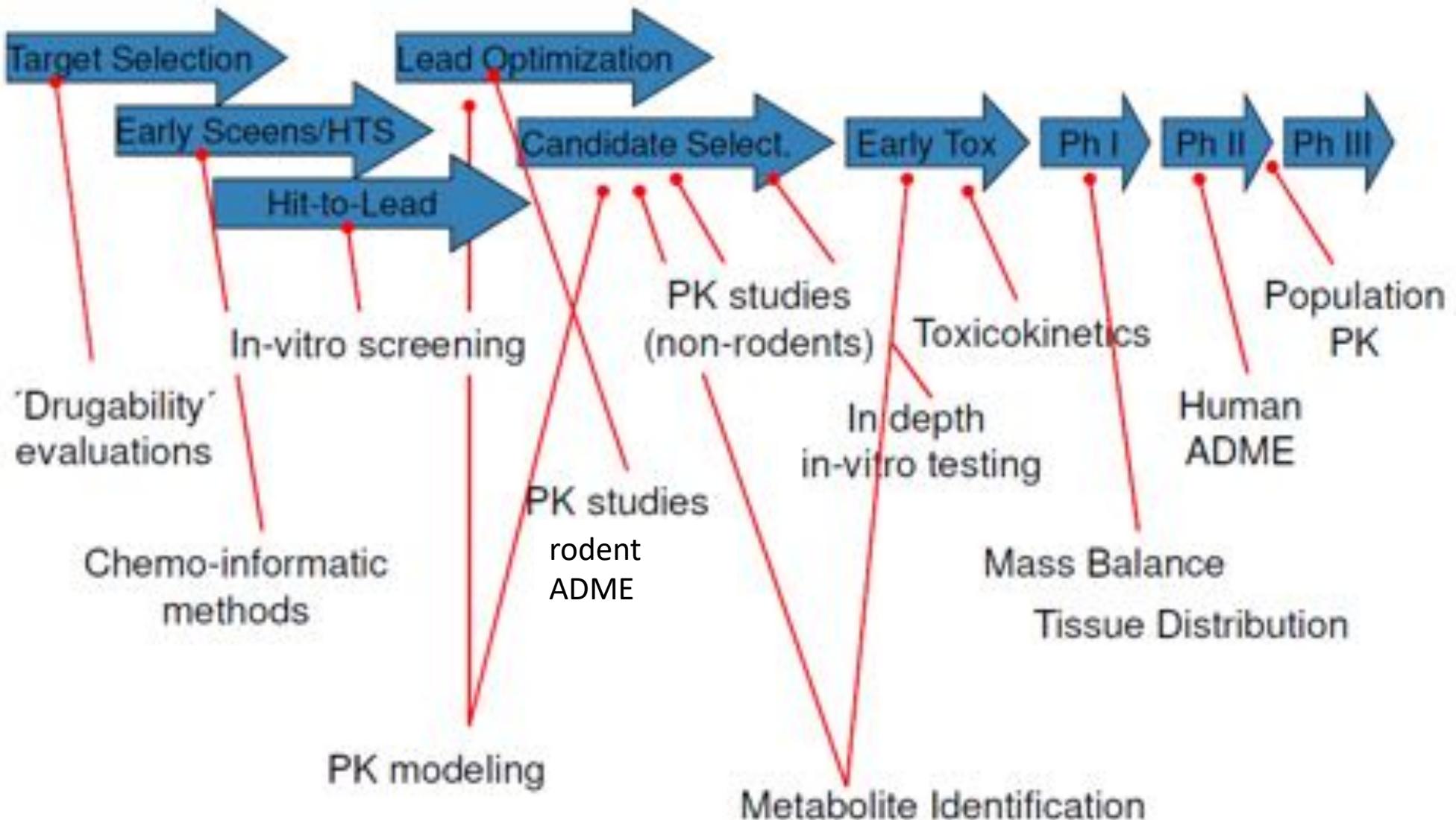
# Pharmacology, DMPK, ADME



- Pharmacokinetics (PK) and pharmacodynamics (PD) are important fields of pharmaceutical sciences for investigating disposition profiles and the pharmacological efficacy of drugs under various experimental and/or clinical conditions.
- Pharmacodynamics (PD) is the study of the relationships between the concentration of a drug and the effect site (where target enzymes or receptors are located) and the magnitude of its pharmacological efficacy (drug → body). *(drug → body)*
- Pharmacokinetics (PK) is the study of the way drug molecules behave in the body after administration (body → drug). *(body → drug)*
- Four distinct and interrelated processes occur between the administration and elimination of drugs from the body. These sequential events are called ADME process, i.e., absorption, distribution, metabolism, and excretion.



# Pharmacology during preclinical and clinical development



**The biggest risk for human beings is not to get a medicine :  
when benefits outweigh the known risks**

# PK : ADME process



## A

### **Absorption:**

The process (rate and extent) of compounds or drugs entering the blood circulation from their site of administration.

## D

### **Distribution:**

The dispersion or dissemination of compounds or drugs throughout the fluids and tissues of the body.

## M

### **Metabolism (biotransformation):**

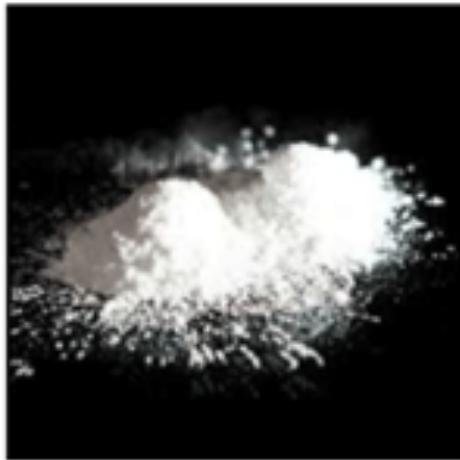
The transformation of (lipophilic) parent compounds or drugs into more hydrophilic metabolites that can be excreted into bile or urine.

## E

### **Elimination/excretion:**

The removal of compounds or drugs from the body either unchanged and/or as metabolites.

## Pharmacology during preclinical and clinical development: pharmaceutical formulation (galenics) is key



An active ingredient has to be incorporated into a suitable form of administration so that it can be transported to the part of the body where it is needed.

Medicines are required to:

- Contain an accurate dose
- Make active substance available for absorption
- Be stable
- Be convenient to administer and easy to take
- Be produced economically according to Good Manufacturing Practice (GMP)

**The biggest risk for human beings is not to get a medicine :  
when benefits outweigh the known risks**



# drug formulation

The biggest risk for human beings is not to get a medicine :  
when benefits outweigh the known risks

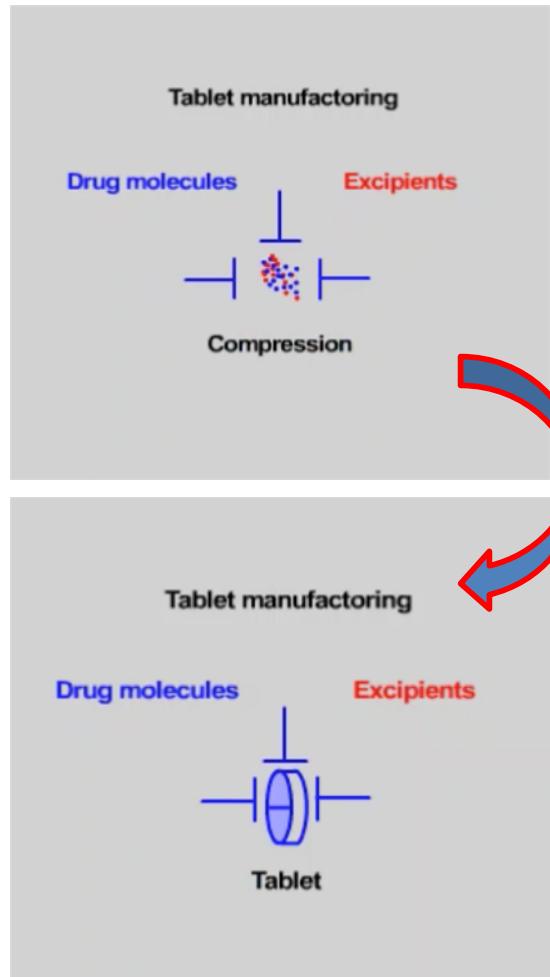
# In vivo pharmacokinetics and galenics



## tissue delivery/exposure, classical vs high tech galenic formulations

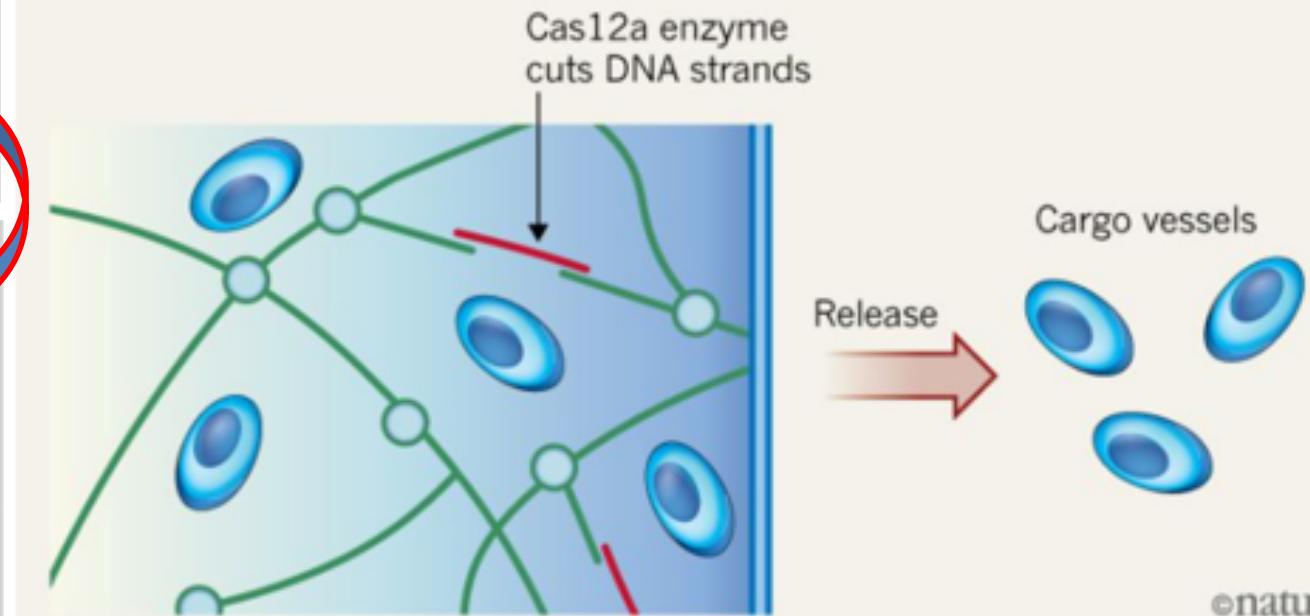
today's galenics

tomorrow's galenics



### CRISPR-CONTROLLED GEL

Researchers have created a smart hydrogel material that is held together by DNA. The CRISPR–Cas12a protein cuts the DNA strands, changing the gel's shape, which can be controlled to release drugs, particles or even switch an electronic circuit.



Adapted from D. Han et al. Science <https://doi.org/10.1126/science.aay4198> (2019).

Han et al. 2019 Science 365:754-756

## In vivo pharmacokinetics and prodrug : eg release of tissue esterase-sensitive prodrugs



## **tissue delivery/exposure, prodrug overcome pharmacokinetic barriers**

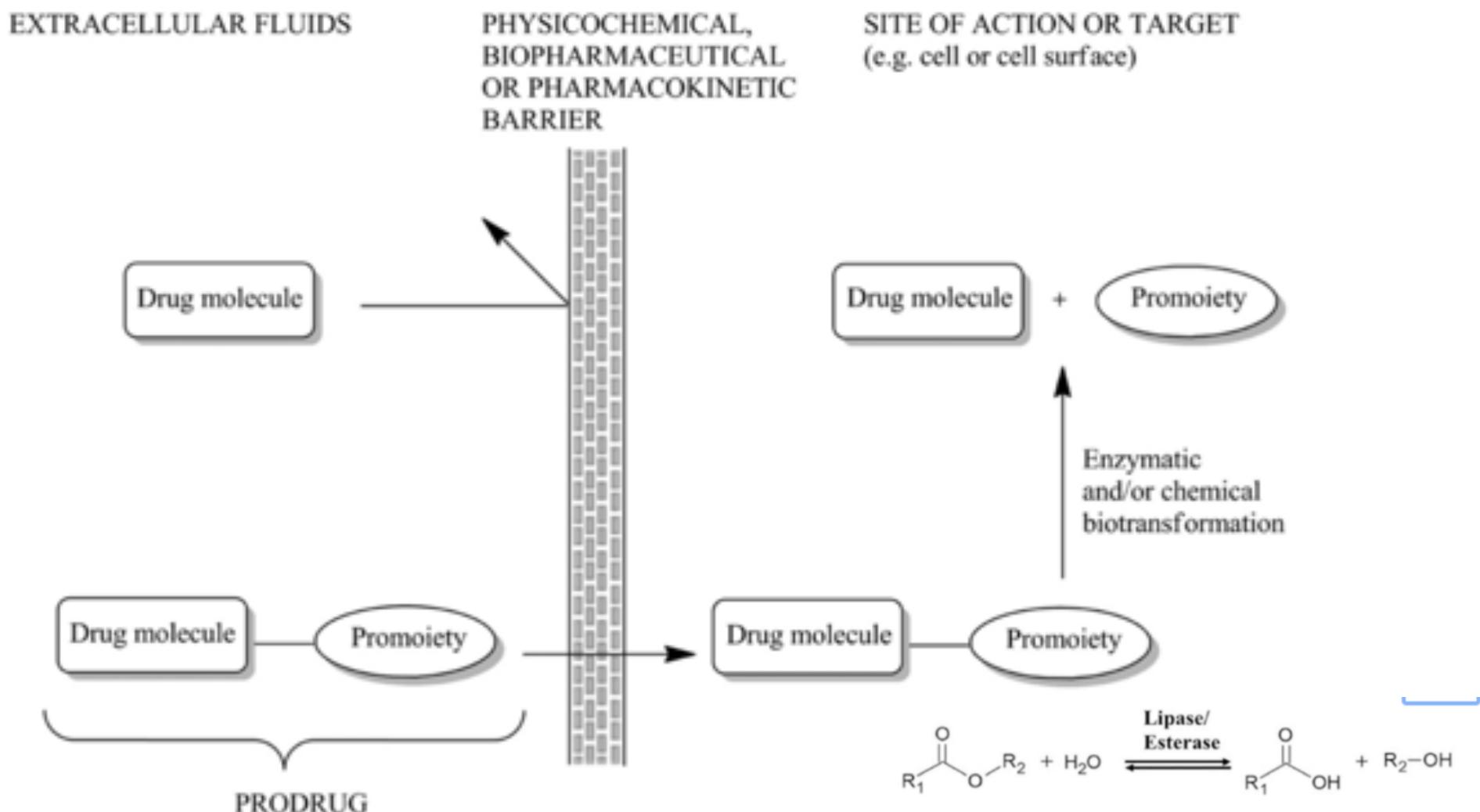


FIG. 1. A simplified illustration of the prodrug concept.

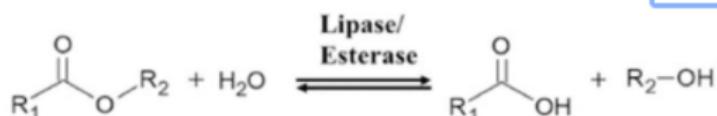
# In vivo pharmacokinetics and prodrug : eg release of tissue esterase-sensitive prodrugs



## tissue delivery/exposure, prodrug overcome pharmacokinetic barriers

TABLE 4  
The occurrence of prodrugs among the world's 100 top-selling pharmaceuticals in 2009

Prodrug Name (Trade Name) and Therapeutic Area	Functional Group	Prodrug Strategy
Proton pump inhibitors Esomeprazole (Nexium) Lansoprazole (Prevacid) Pantoprazole (Protonix) Rabeprazole (Aciphex)	Formation of active sulfonamide form	Bioprecursor prodrugs that are converted into their respective active sulfonamide forms site-selectively in acidic conditions of stomach
Antiplatelet agent Clopidogrel (Plavix)	Formation of the active thiol	Bioprecursor prodrug that selectively inhibits platelet aggregation
Antiviral agent Valacyclovir (Valtrex)	L-Valyl ester of acyclovir	Bioconversion by valacyclovir hydrolase (valacyclovirase) Transported predominantly by hPEPT1 Oral bioavailability improved from 12–20% (acyclovir) to 54% (valacyclovir)
Hypercholesterolemia Fenofibrate (Tricor)	Isopropyl ester of fenofibric acid	Lipophilic ester of fenofibric acid
Antiviral agent Tenofovir disoproxil (Atripla)	Bis-(isopropoxy-carbonyloxymethyl) ester of tenofovir	Bioconversion by esterases and phosphodiesterases The oral bioavailability of tenofovir from tenofovir disoproxil is 39% after food
Psychostimulant Lisdexamfetamine (Vyvanse)	L-Lysyl amide of dextroamphetamine	Bioconversion by intestinal or hepatic hydrolases Reduced potential for abuse due to prolonged release of active drug
Influenza Oseltamivir (Tamiflu)	Ethyl ester of oseltamivir carboxylate	Improved bioavailability compared with oseltamivir carboxylate, allowing oral administration



# In vivo animal pharmacology, PK, PD, ADME



## In vivo efficacy, exposure, safety margins, IB, FDA documents



BalbC mouse



Beagle dog



Vervet Cynomolgus



DIO rat

- In common experimental animals (same species as for in vivo pharmacology and toxicology)
  - Most common are rats and dogs
  - Cynomolgus as non-human primate species
  - Less common are rabbits, minipigs, mice, hamsters guinea pigs etc.
- Analytical method for the determination of drug in blood or plasma needed
  - Sensitivity requirements are set by the pharmacological and safety properties of a drug



dbdb mouse



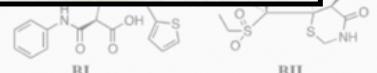
obob mouse



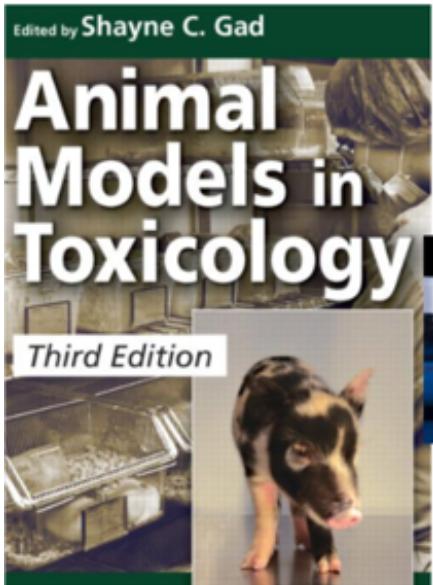
cricetus mesocricetus  
golden hamster



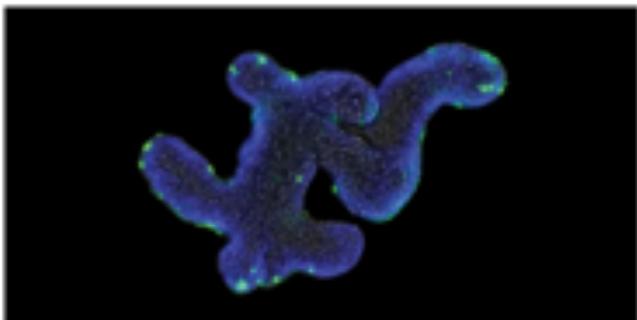
ZDF rat



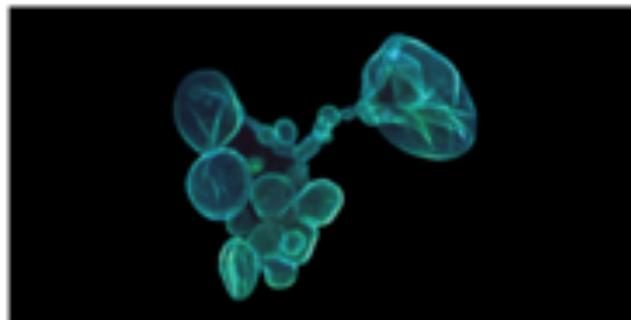
# 3R initiative in safety toxicology : can organoids help ?



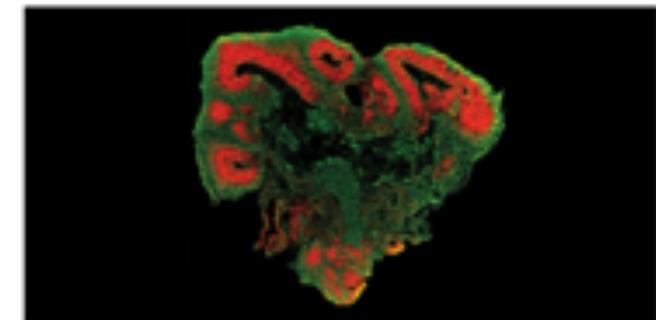
RRR



Intestinal Organoids



Liver Organoids



Neural Organoids

Strategic Focus on 3R Principles Reveals Major Reductions in the Use of Animals in Pharmaceutical Toxicity Testing

Elin Törnqvist, Anita Annas, Britta Granath, Elisabeth Jalkesten, Ian Cotgreave, Mattias Öberg

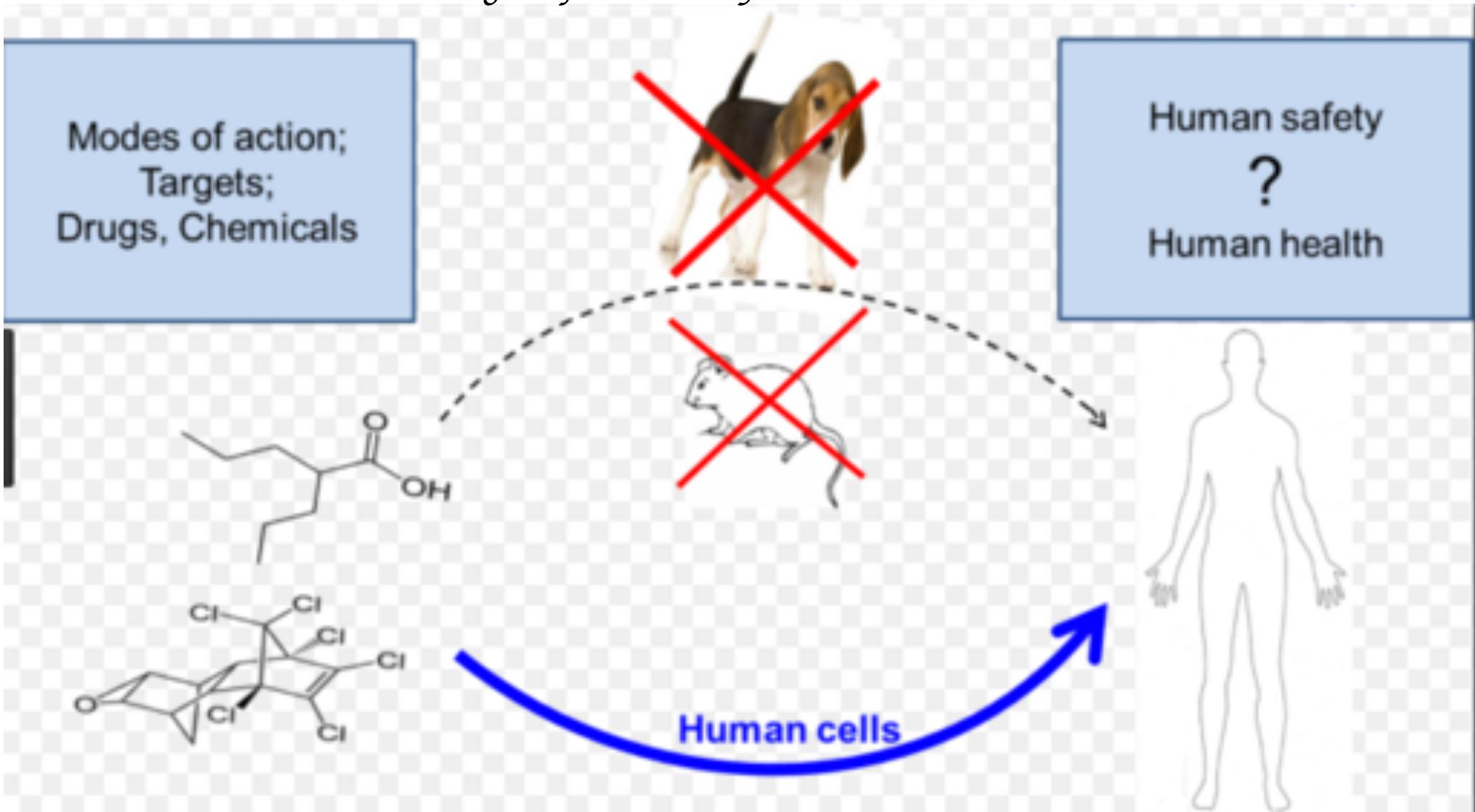
Published: July 23, 2014 • <https://doi.org/10.1371/journal.pone.0101638>



# 3R initiative in safety toxicology : are patient's safety in danger ?



*"If I'd known the dogs were dead, I wouldn't have risked my life for €1,900.  
I wouldn't have signed up. I'm not crazy."* a phase 0 BIA 10-2474 healthy volunteer trial survivor



Medicine safety (adverse effects) is what patients care first !!  
THE BIGGEST RISK IN DRUG DEVELOPMENT IS NOT TO GET A MEDICINE : "FAIL EARLY" STRATEGY



**Antispeciesism** : against animal pharmacology/experiments vs 3Rs - while billions of wild mice exterminated yearly by cats !

What about pets in custody, small apartments ? And over consumption of meat?

Against scientific process ? biomedical research



[◀ Retour au sommaire](#)



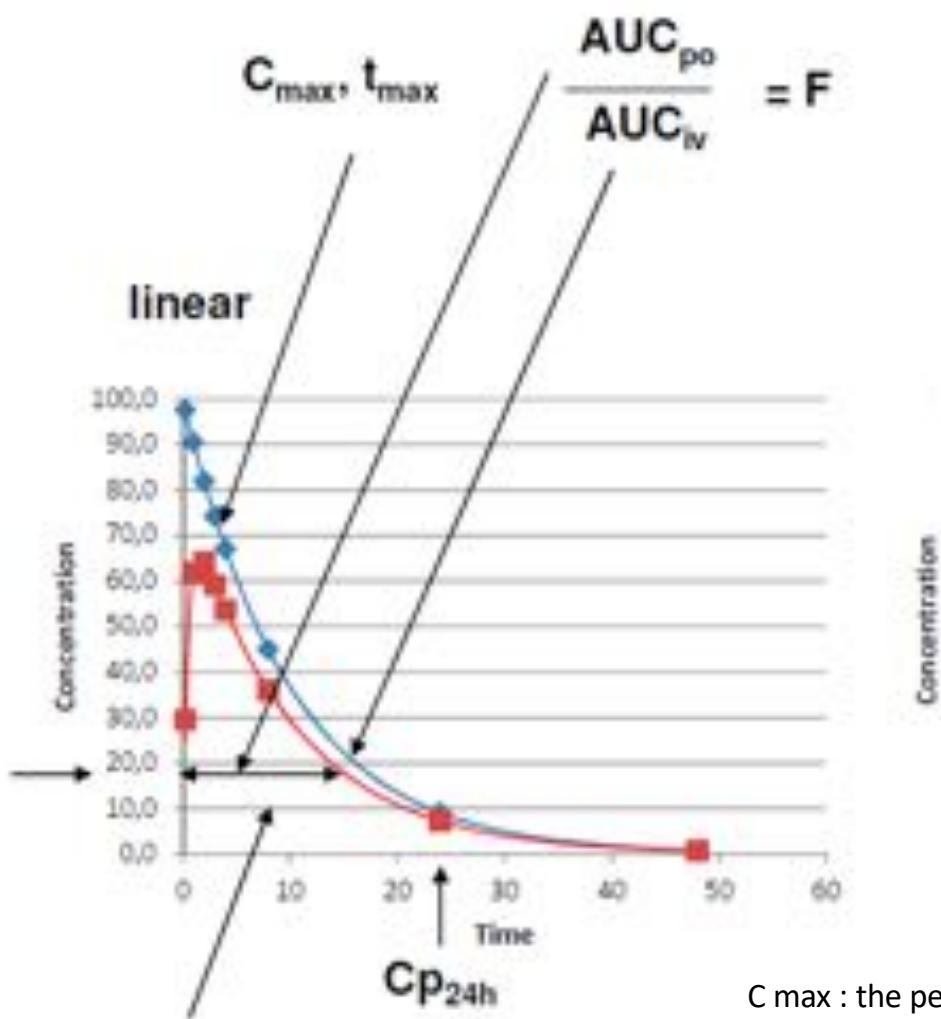
Lancement d'un programme national de recherche sur la thématique « animaux, recherche et société »

Berne, 03.02.2021 - Le 3 février 2021, le Conseil fédéral a lancé un nouveau programme national de recherche intitulé « Advancing 3R – animaux, recherche et société », qui vise principalement à faire diminuer le nombre d'expérimentations animales dans la recherche scientifique, à les améliorer et à établir des principes de bases pour les aspects éthiques et sociétaux dans ce domaine. Ce programme est doté de 20 millions de francs et s'étend sur une période de cinq ans.

Le programme national de recherche (PNR) 79 « Advancing 3R – animaux, recherche et société » vise d'une part à faire diminuer le nombre d'expérimentations animales dans la recherche scientifique et, de ce fait, à éliminer progressivement celui des animaux de laboratoire. Il a également pour but de réduire au maximum les contraintes subies par les animaux de laboratoire en termes d'expériences et de leur détention. D'autre part, ce PNR traitera des aspects éthiques, juridiques, sociétaux, culturels et économiques de la question de l'exploitation animale.

Les 3R visent les objectifs suivants : remplacer autant que possible les

# PK *in vivo* – body on drug !



iv  
po

- AUC Area under the curve (from PK data analysis)
- $C_{max}$  Peak Concentration (from PK data analysis)
- $T_{max}$  Peak time (from PK data analysis)
- Elimination Rate Constant ( $\lambda_z$ , from PK data analysis)
- Elimination Half-life  $t_{1/2} = \ln(2)/\lambda_z$
- F Bioavailability =  $AUC(po)/AUC(iv)$
- Volume of Distribution  $V(t)$ 
  - $V_t = CL/\lambda_z$
  - $Vc = D/C(0)$
- CL: Total Body Clearance  $D/F = AUC_{po} * CL = AUC_{iv} * CL$

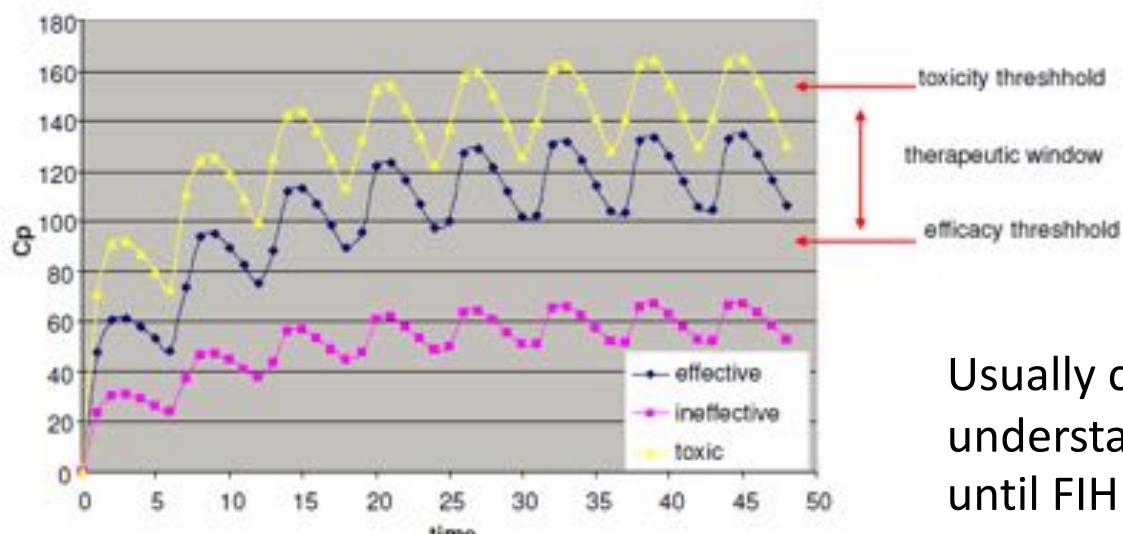
$C_{max}$  : the peak serum concentration of a therapeutic drug

$T_{max}$ : The amount of time that a drug is present at the maximum concentration in serum.

## What to expect from DMPK – PK, PD data allow relating safety with efficacy



- Dose dependance of efficacy and safety
- Frequency of dosing
- Exposure of target organs
- Differences in efficacy and safety
  - Between species
  - For special populations and ethnicities
  - Individual differences
- Drug-drug-interactions
- Best choice of animal species for toxicological studies
- Supporting data for new formulations
- Supporting data for safety assessment
- In vitro/in silico
  - Microsomes, hepatocytes, enzymes, cell cultures
  - Computer models for in vitro-in vivo-correlation
- Laboratory animals
  - Rodents, dogs, rabbits, non human primates
- Phase I studies (<20 healthy individuals)
  - Human PK or metabolism data
- Phase III studies (>1000 individuals)
  - Population models
- Patients (therapeutic drug monitoring)
  - Individual analysis



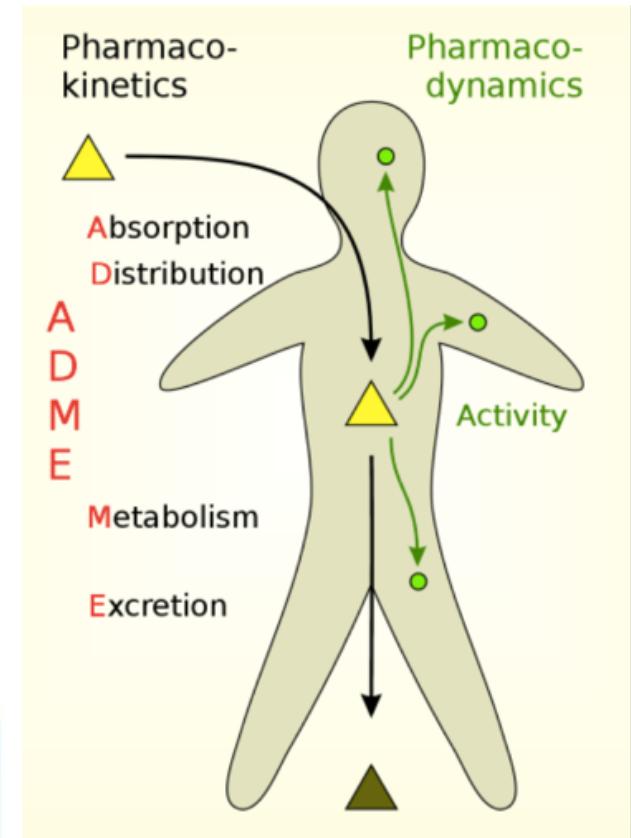
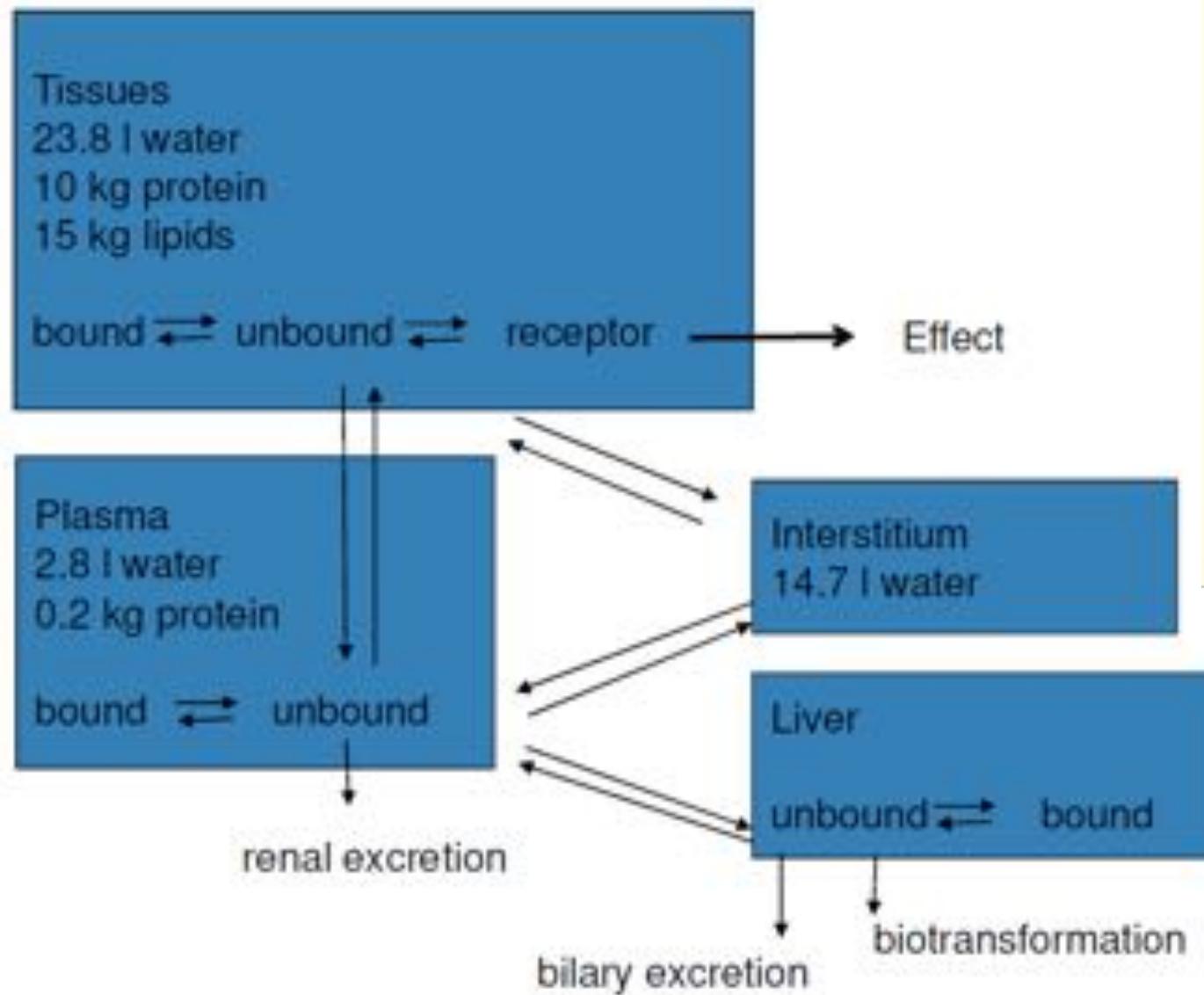
# PK, ADME, PD - in silico simulation



Fraction unbound

$$fu = \frac{A_{unbound}}{A_{total}}$$

A\_ amount of drug  
C=concentration of drug



# In vitro pharmacology, DMPK, ADME



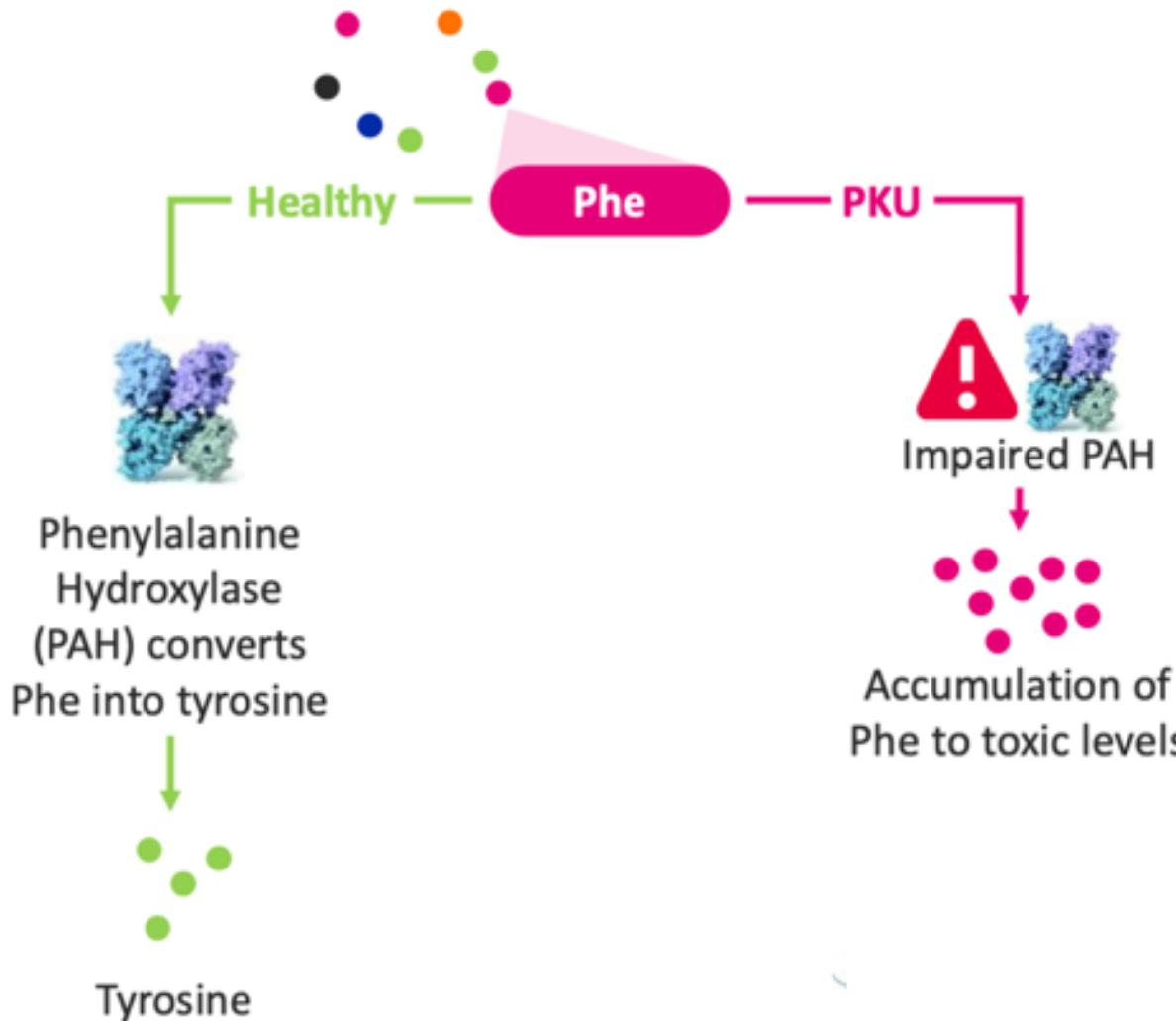
## In vitro efficacy, safety margins,

Characteristic	Description	Example value	Symbol
Dose	Amount of drug administered.	500 mg	$D$
Dosing interval	Time between drug dose administrations.	24 h	$\tau$
$C_{\max}$	The peak plasma concentration of a drug after administration.	60.9 mg/L	$C_{\max}$
$t_{\max}$	Time to reach $C_{\max}$ .	3.9 h	$t_{\max}$
$C_{\min}$	The lowest (trough) concentration that a drug reaches before the next dose is administered.	27.7 mg/L	$C_{\min,ss}$
Volume of distribution	The apparent volume in which a drug is distributed (i.e., the parameter relating drug concentration to drug amount in the body).	6.0 L	$V_d$
Concentration	Amount of drug in a given volume of plasma.	63.3 mg/L	$C_0, C_{ss}$
Elimination half-life	The time required for the concentration of the drug to reach half of its original value.	12 h	$t_{\frac{1}{2}}$
Elimination rate constant	The rate at which a drug is removed from the body.	0.0578 h <sup>-1</sup>	$k_e$
Infusion rate	Rate of infusion required to balance elimination.	50 mg/h	$k_{in}$
Area under the curve	The integral of the concentration-time curve (after a single dose or in steady state).	1,320 mg/L·h	$AUC_{0-\infty}$
			$AUC_{\tau,ss}$

# Phenylketonuria : a rare disease (1:23'000 live births) (recessive autosomal)



## Phe Metabolism The Target for PKU Biotherapeutic



# Phenylketonuria : facts and clinical figures

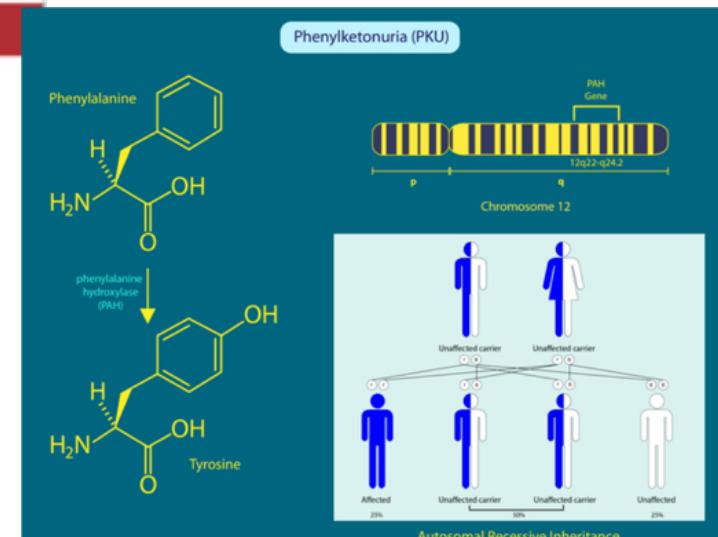


## Symptoms of PKU

Newborns with PKU rarely have symptoms right away, although sometimes they are sleepy or eat poorly. Symptoms develop slowly over several months as phenylalanine builds up in the blood. If not treated, affected infants progressively develop intellectual disability over the first few years of life, which eventually becomes severe. Other symptoms include

- Seizures
- Nausea and vomiting
- Eczema-like rash
- Lighter skin, eye, and hair color than their family members
- Aggressive or self-injurious behavior
- Hyperactivity
- Sometimes psychiatric symptoms

Untreated children with phenylketonuria often give off a musty or musty body odor in their urine and sweat. This odor is the result of phenylacetic acid, which is a by-product of phenylalanine.



## Diagnosis of PKU

- Newborn screening test
- Prenatal screening tests

Phenylketonuria is usually diagnosed with a routine [newborn screening test](#).

Autosomal recessive inheritance :  
globally 0.45 million individuals  
have PKU, with global prevalence  
1:23,930 live births (range 1:4,500  
[Italy]–1:125,000 [Japan]).

1 in 1500  
babies have PKU

PKU has an incidence rate of  
.001%

65-75%  
of protein in a PKU  
diet must come from  
medical foods



39 out of 50  
states offer insurance for some extent  
of PKU coverage

1 in 4  
the chance a baby  
will be born with  
PKU if both parents  
are carriers for the



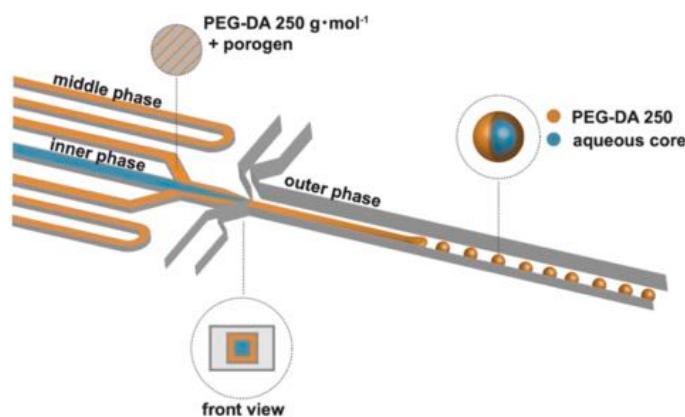
## PKU: Significant Need Remains for New Treatment Options

### Challenges

US Population <sup>1</sup>	
Pediatrics ~5,000 U.S.	Adults ~12,300 U.S.
25% out of Phe control <sup>2</sup>	65% out of Phe control <sup>2</sup>

- Significant risk for neurocognitive impairment if untreated
- Extremely challenging diet with low compliance
- Low response to current oral therapies: 80% fail to respond<sup>3</sup>
- Most adult patients out of Phe control and difficulties in executive function
- Substantial need for increased intake of natural protein

# Phenylketonuria : galenics 2.0



Direct encapsulation of  
biological active  
substances in semi-  
permeable PEG  
microcapsules

Grégoire Michelin MD PhD

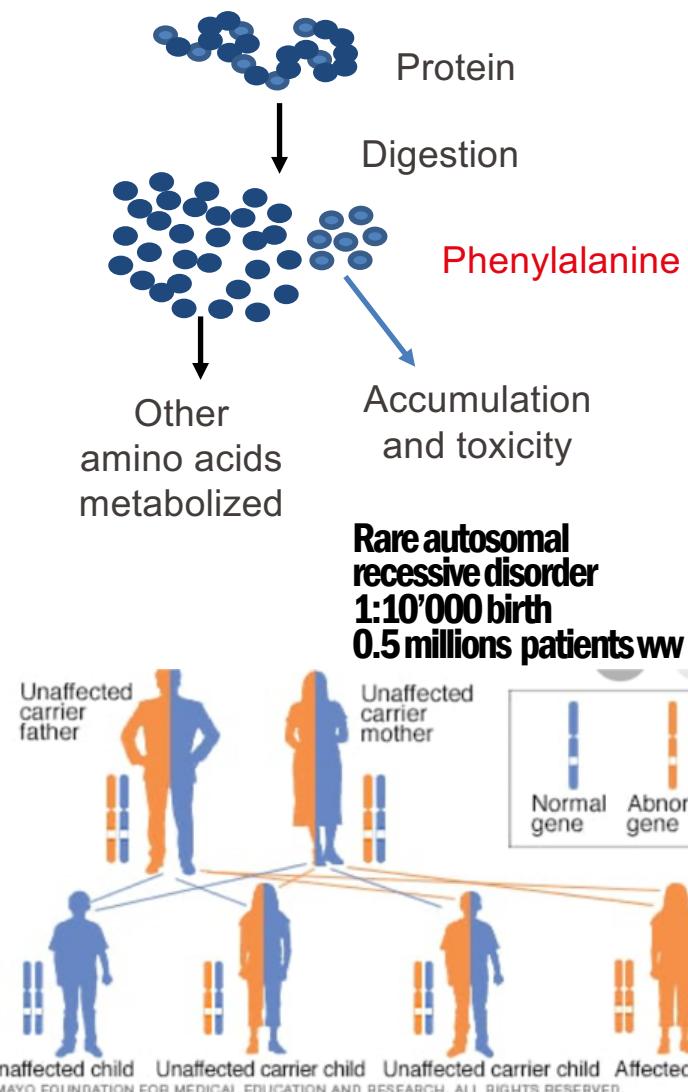
advisor:

Professor S. Maerkl, LBNC, EPFL

# Phenylketonuria : galenics 2.0

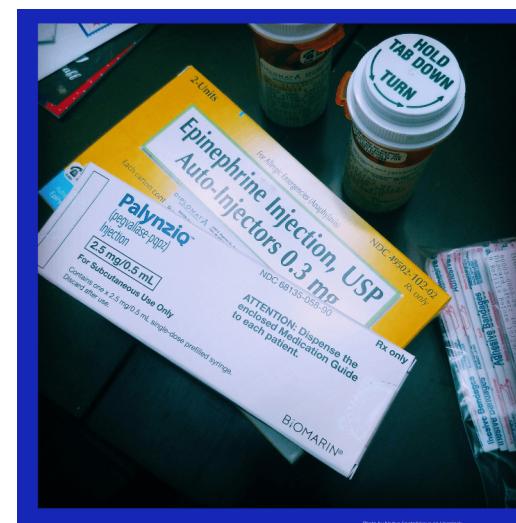


## Phenylketonuria

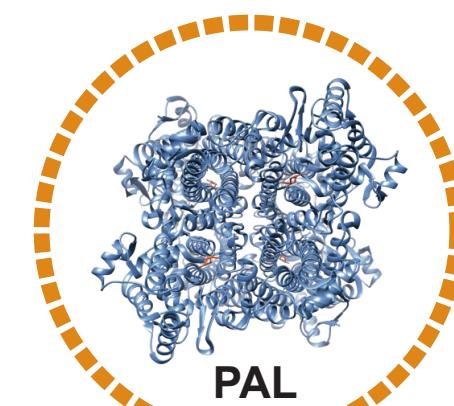


## Context Grégoire Michielin

This projet:  
Treatment by oral  
delivery !



[https://prosperouspku.com/2021/04/01/dietary\\_transition\\_pku/](https://prosperouspku.com/2021/04/01/dietary_transition_pku/)  
pegylated phenylalaninhydroxylase

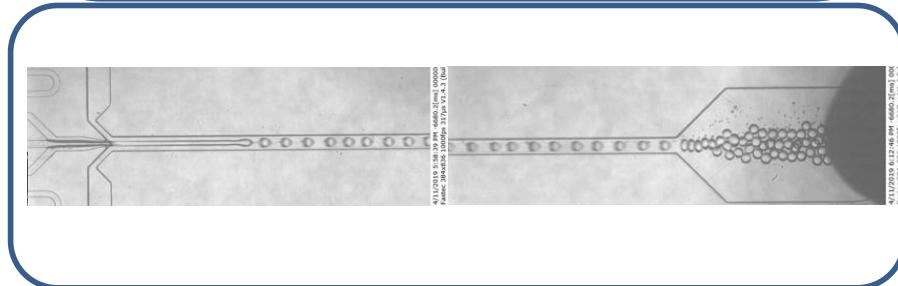
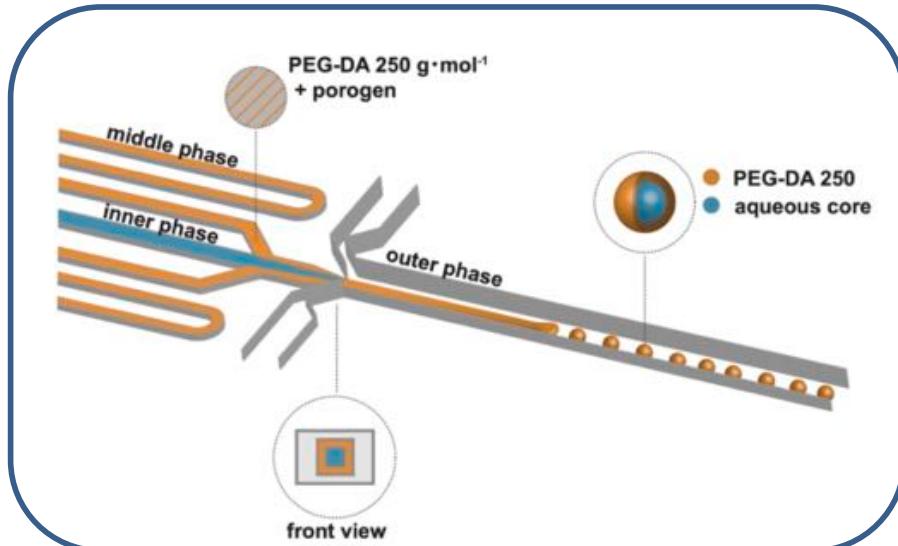


# Phenylketonuria : galenics 2.0

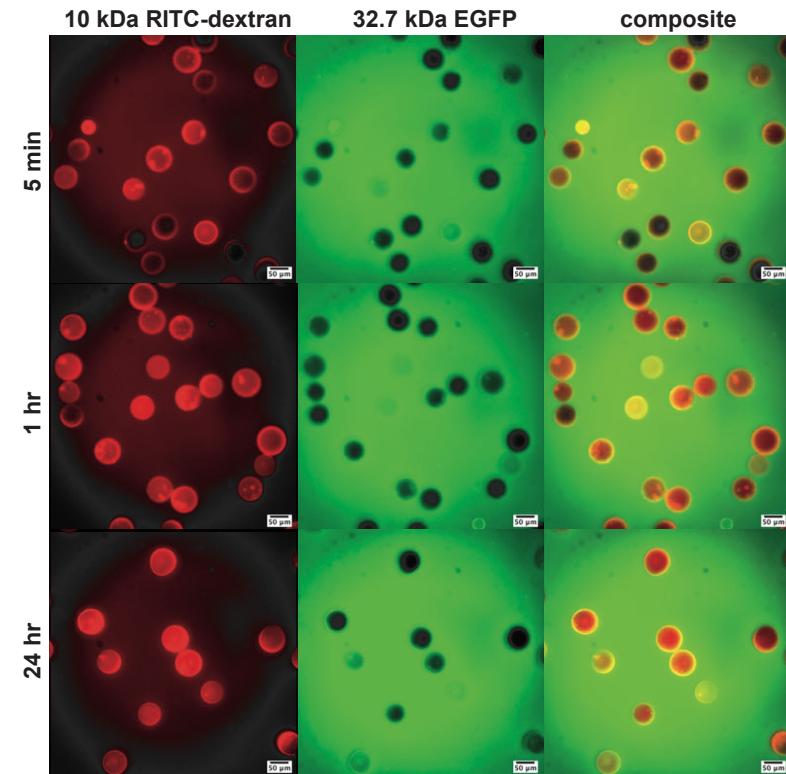


## Results (1) Grégoire Michelin

### Droplet microfluidics



### Semi-permeable capsules

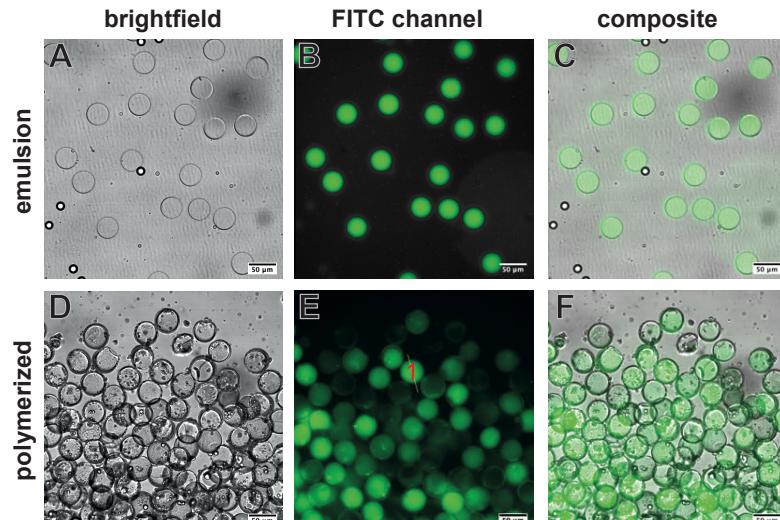


# Phenylketonuria : galenics 2.0

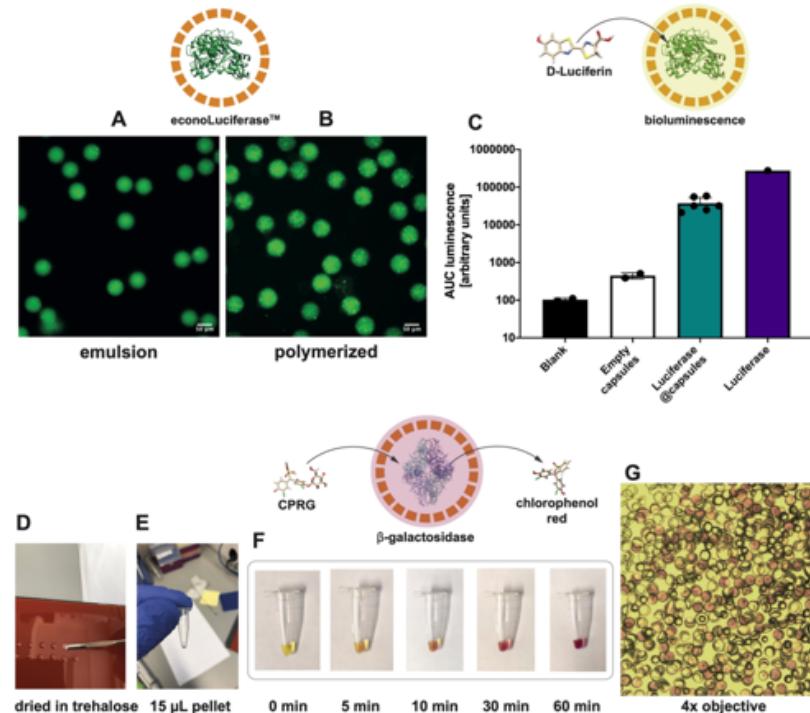


## Results (2) Grégoire Michelin

### Encapsulation of proteins

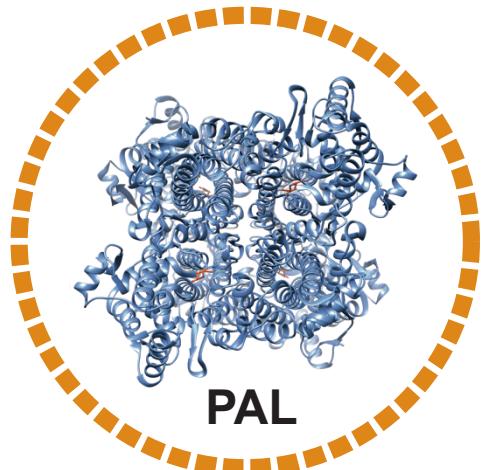


### And active enzymes

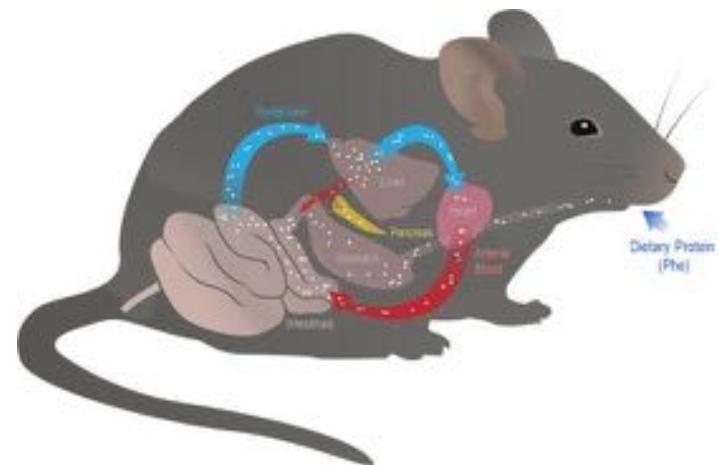




## Deliverables Grégoire Michelin



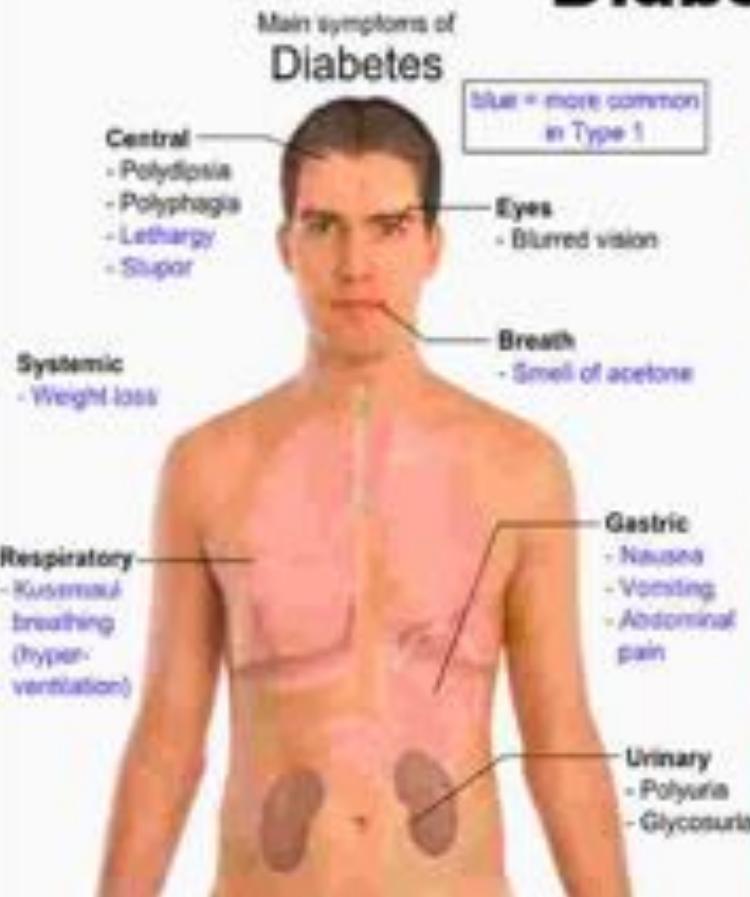
- Smaller pores
- Co-encapsulation of protease inhibitor



Isabella VM, Ha BN, Castillo MJ, Lubkowicz DJ, Rowe SE, Millet YA, et al. Nature Biotechnology. Nature Publishing Group; 2018 Aug 13;36(9):857–64.

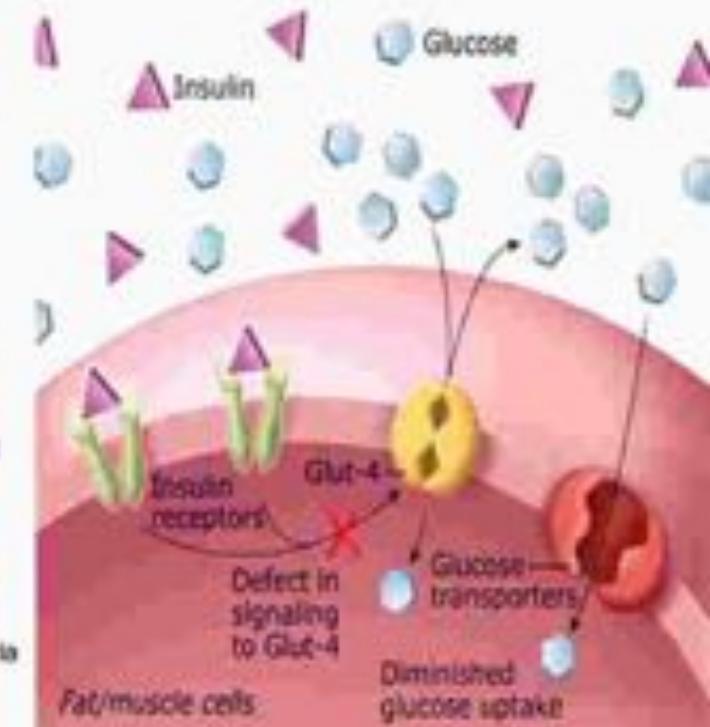
- Preclinical studies
- Mouse/Pig model of PKU

# Case study : type 2 diabetes novel medicines : the impact of animal pharmacology and safety



## Diabetes mellitus type 2

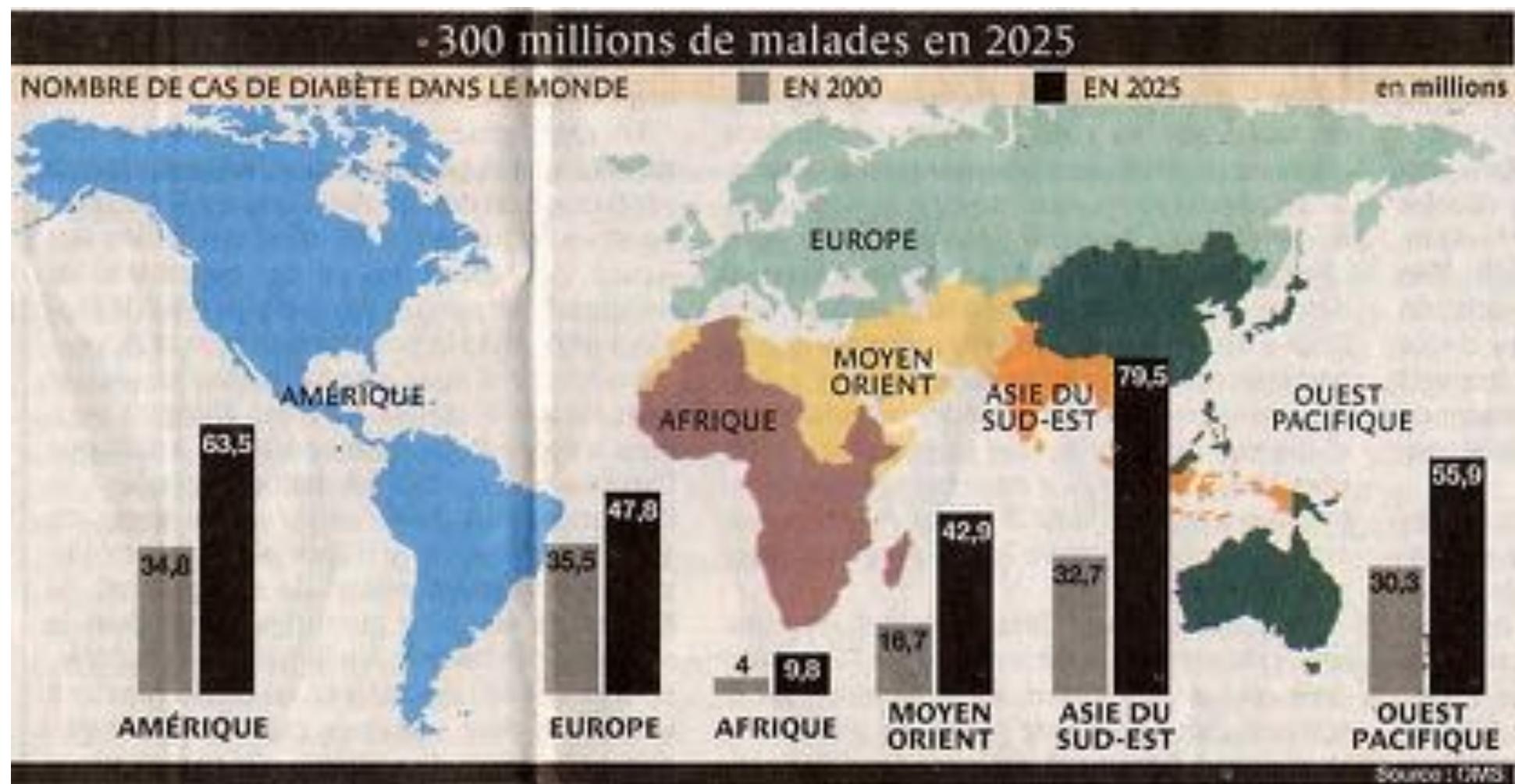
### Type 2 Diabetes: Insulin Resistance



PROGRESSIVE DISEASE (5-10 years) : micro- (kidney failure) and macro vascularization pathologies (CVD, stroke etc) PANDEMIA ONGOING : WHO - hundred millions cases worldwide ! AT DIAGNOSIS : major losses (!) in pancreatic  $\beta$ -cells due to insulin resistance DISEASE ENABLING BIOMARKER urgently needed : read Wigger L. et al ... and Thorens B. (2017) *Plasma dihydroceramide are diabetes type 2 susceptibility biomarkers both in human and rodents*. Cell Reports 18: 2269-2279

elevated fasting blood glycemia  $> 1.3\text{g/l}$

## Type II diabetes and metabolic syndrome pandemia \_ 2025 : WHO

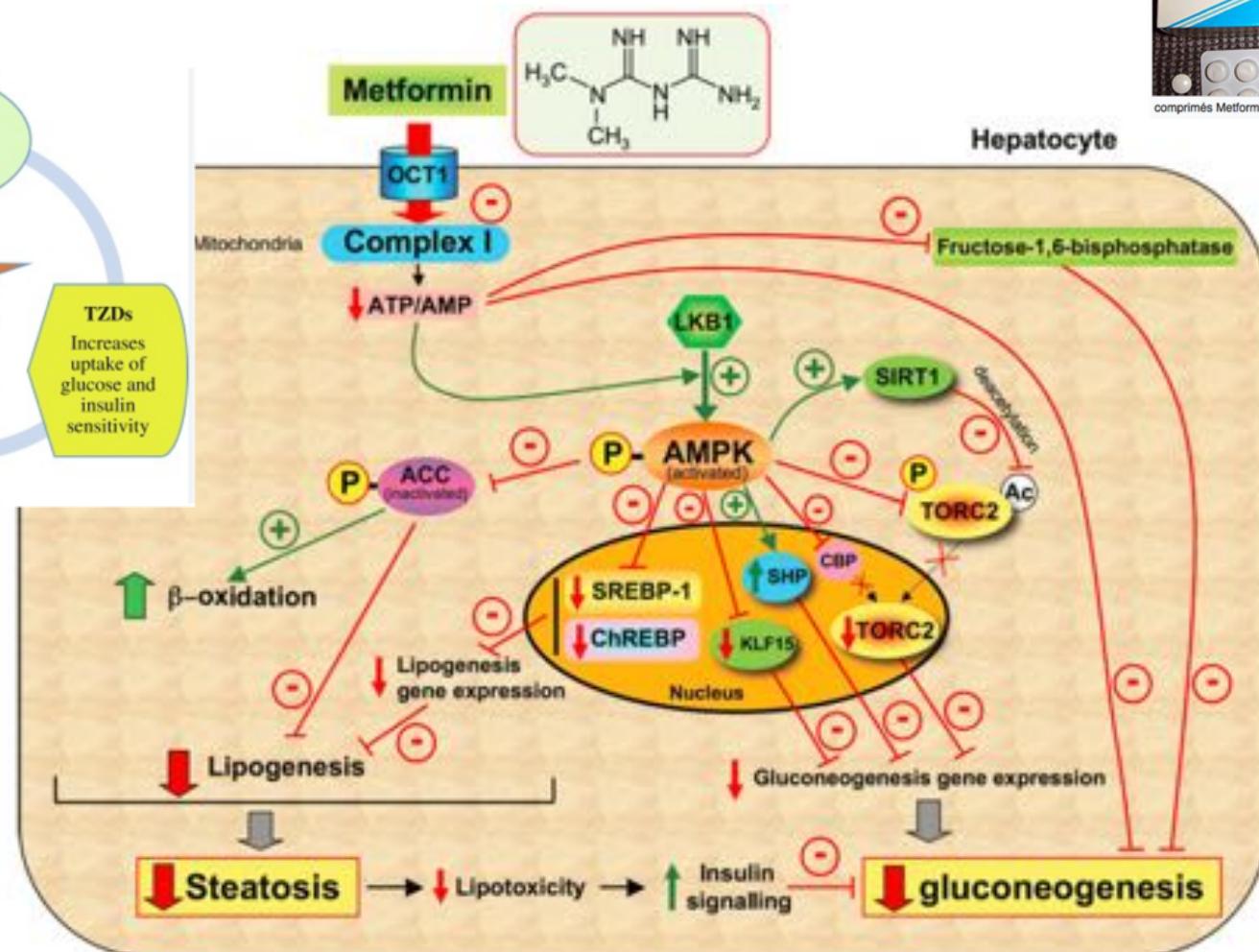
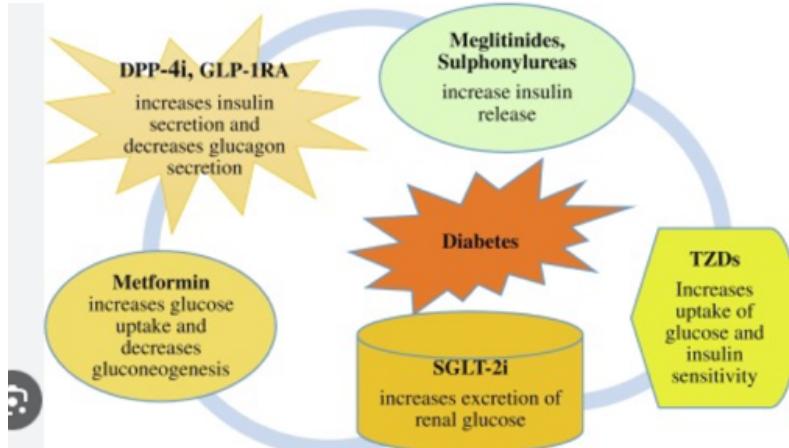


Le Monde

# Type 2 diabetes current future therapies

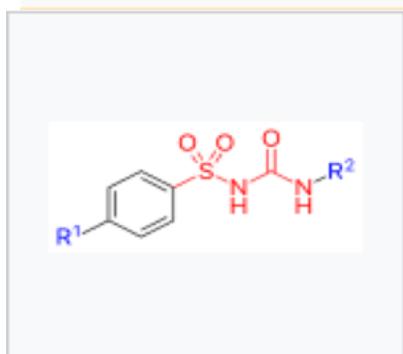
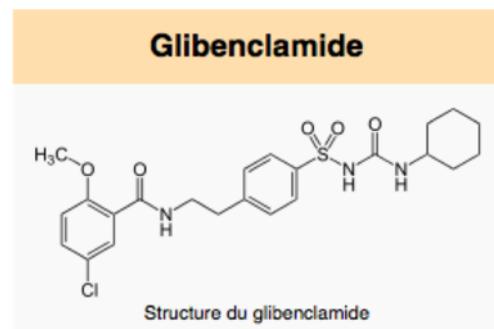


## Improve standard of care : metformin



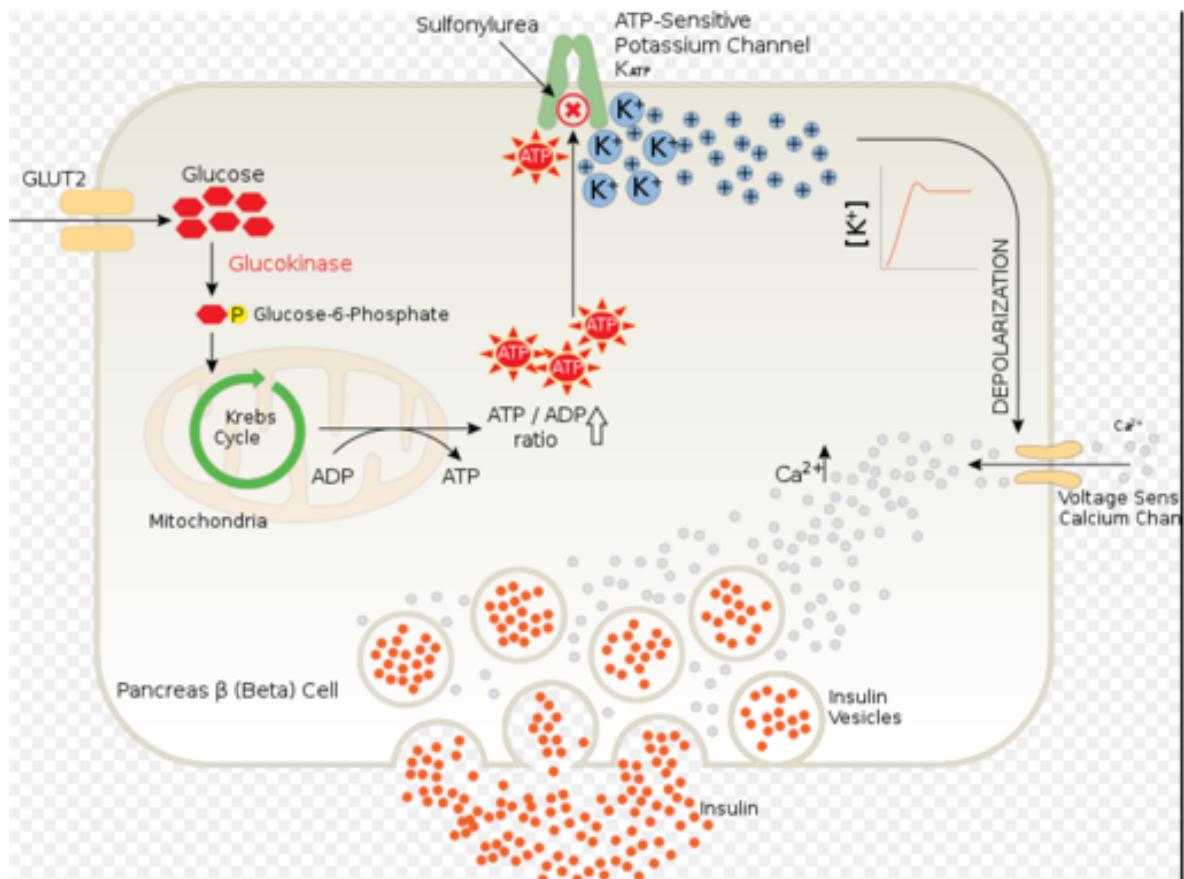
anti hyperglycaemic action of Metformin mainly associated with activation of AMPK and decrease of hepatic glucose production

# Type 2 diabetes current therapies



General formula of a sulfonylurea, showing the sulfonylurea backbone itself in red and the side chains that distinguish each compound in blue.

## Sulfonylurea(s) : secretagogue with risk of hypoglycemia



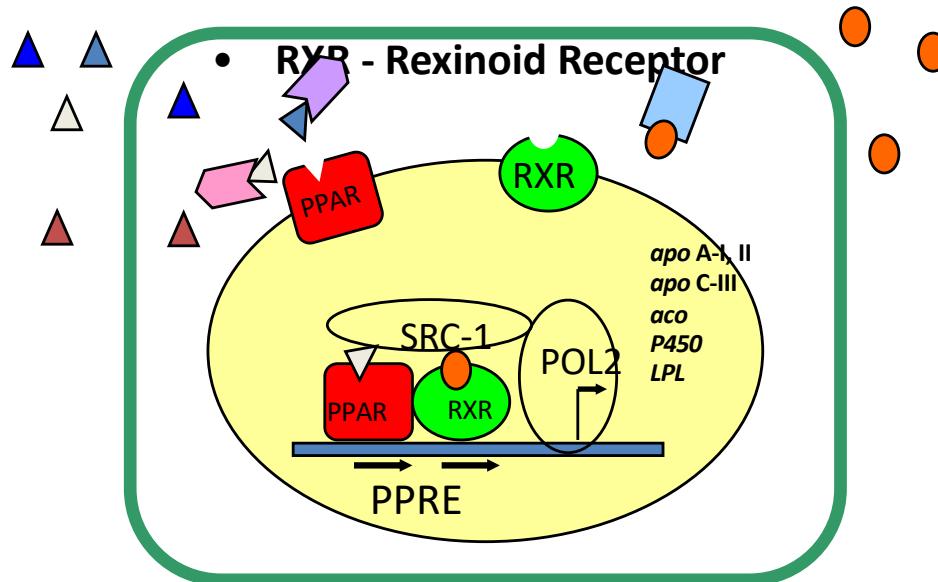
**INSULIN SECRETAGOGUE action of sulfonylureas mainly associated with binding/closing ATP-sensitive K<sup>+</sup> channels of β cells which in term depolarize voltage gated Ca<sup>2+</sup> channels and increase degranulation of proinsulin vesicles**

# Case study: My story in the development of innovative medicine



**The Aleglitazar Story**  
Challenged by developing  
a balanced **non TZD PPAR $\alpha$**   
**PPAR $\gamma$**  agonist  
profiled in insulin resistant and  
cardiovascular patients  
in clinical phase III

- PPAR - Peroxisome Proliferator Activated Receptor



- PPAR/RXR-dependent nuclear signaling

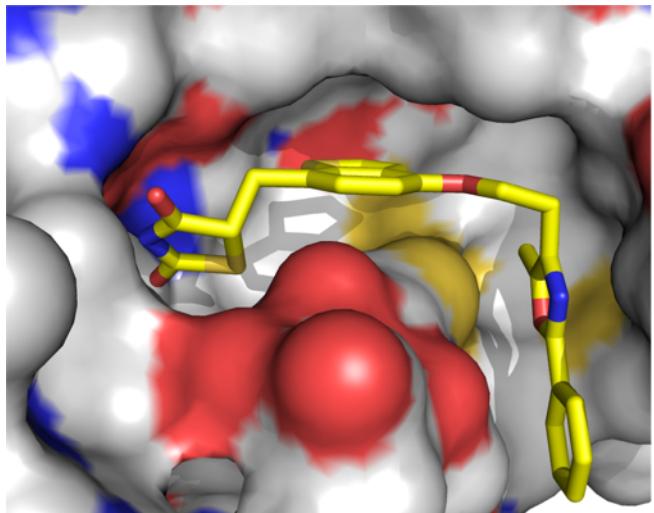
Common blueprint of the nuclear hormone receptors



# Case study: a balanced PPAR's agonist - the aleglitazar story



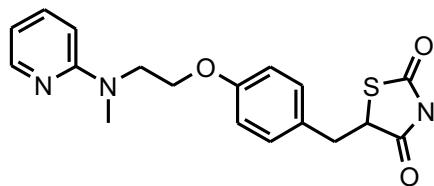
**The Aleglitazar Story**  
Challenged by developing  
a balanced **non TZD PPARalpha**  
**PPARgamma** agonist  
Profiled in insulin resistant and  
cardiovascular patients  
In clinical phase III



LBD = ligand binding domain

## CPDs SCREENING CASCADE

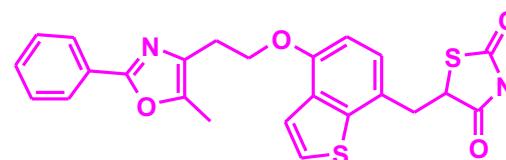
*PPAR $\alpha$  receptor binding assay (IC50)*  
*RXR PPAR Heterodimer assay*  
*Db/db mouse screening*  
*HDL assay in DIO mice and hamster*  
*Safety margin IDB*  
*Non human primate monkey*  
*First dose in man*  
*Clinical trials*



Rosiglitazone (Prototypical PPARgamma Agonist)

GSK-Tail (Phenylloxazole)

Benzothiophene Spacer (Boehringer "Invention")

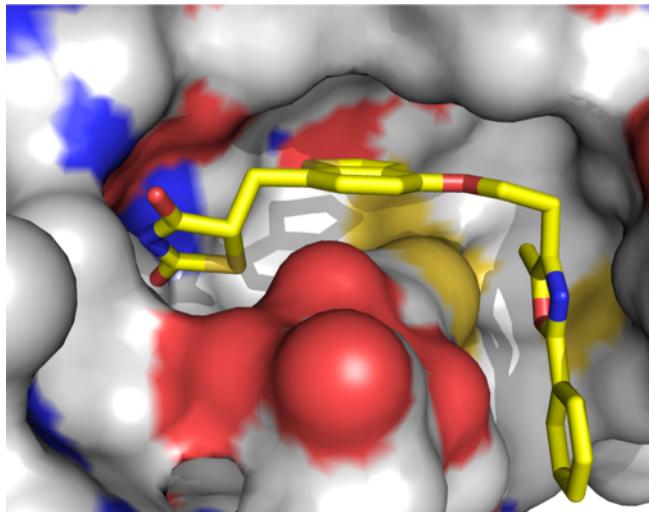


Aleglitazar

# Balanced PPAR's agonist - the thiazolidinedione class of cpds



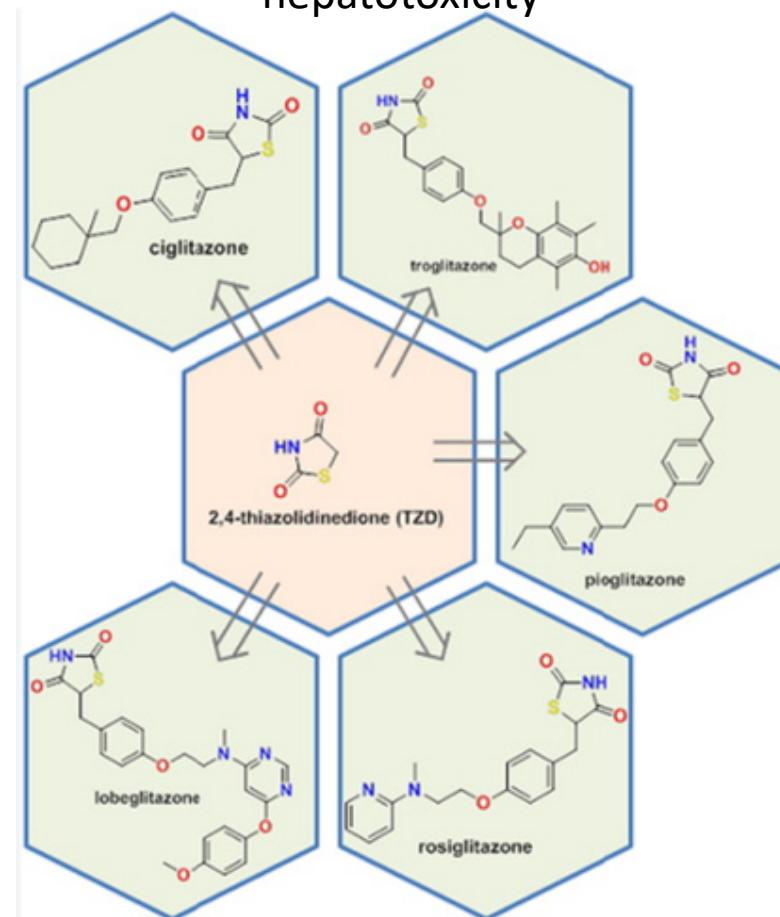
**The Aleglitazar Story**  
Challenged by developing  
a balanced **non TZD PPAR $\alpha$**   
**PPAR $\gamma$**  agonist  
Profiled in insulin resistant and  
cardiovascular patients  
In clinical phase III



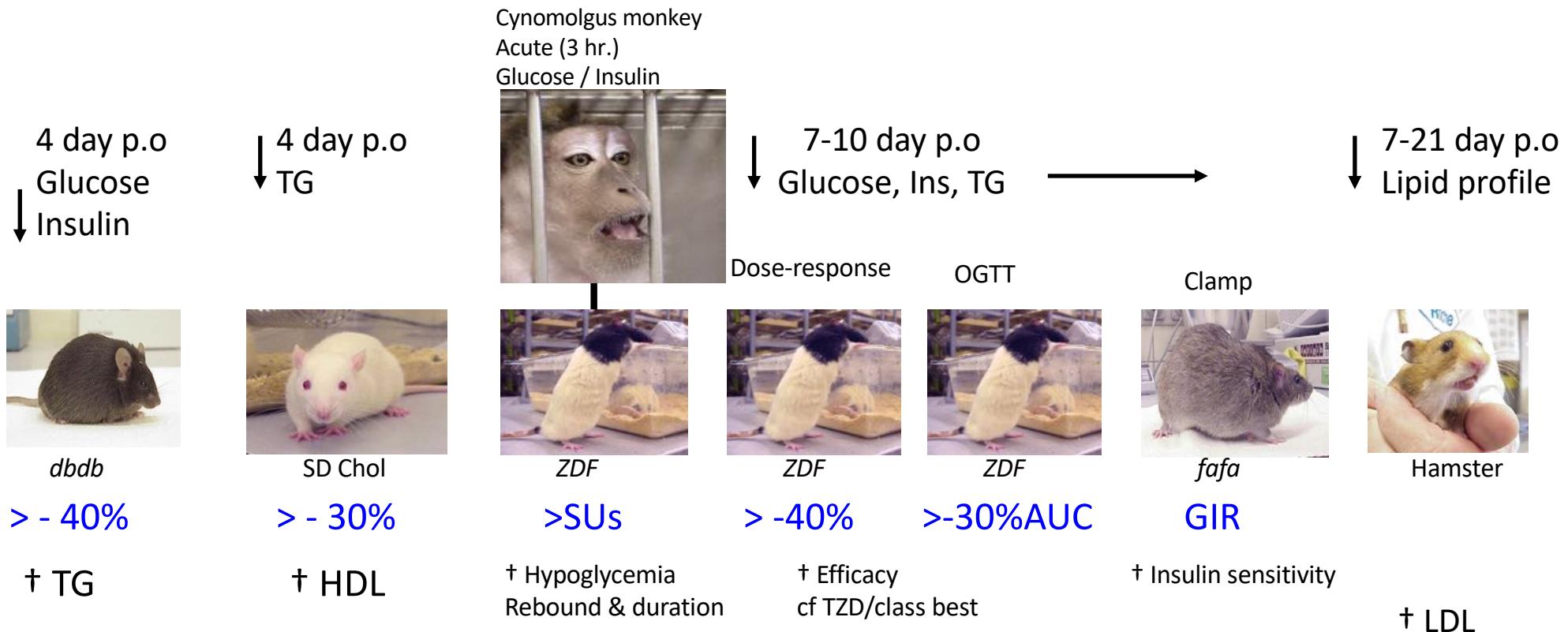
LBD = ligand binding domain

## Adverse effects

- **weight gain** due to fluid retention (hemodilution)
- Increased deposition of subcutaneous fat
  - Increased of heart failure and MI
  - hepatotoxicity



## Case study: a balanced PPAR's agonist - the aleglitazar story



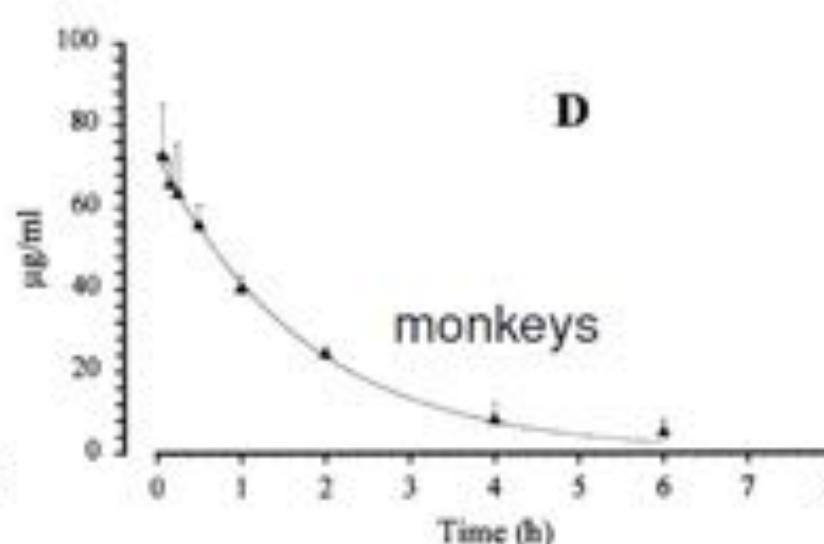
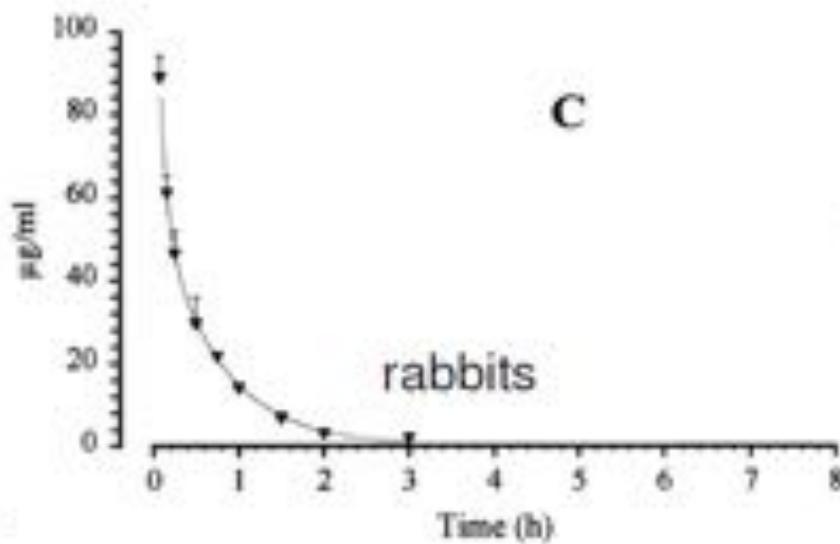
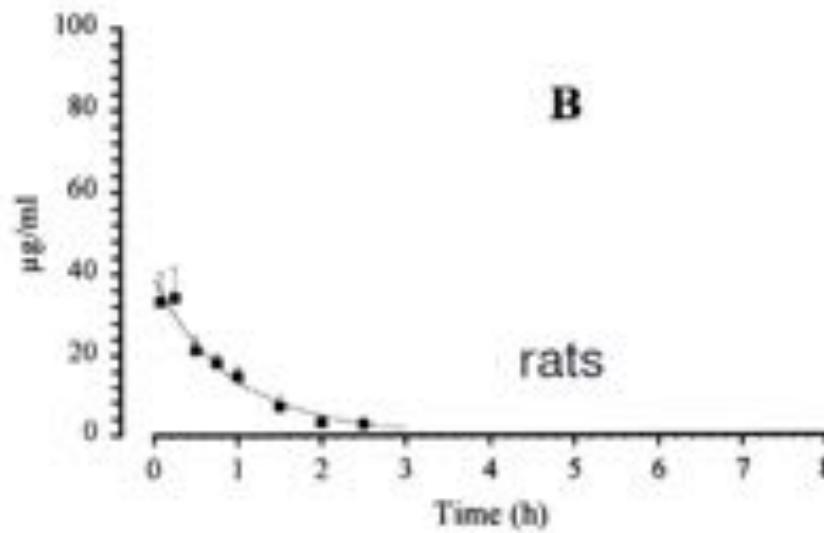
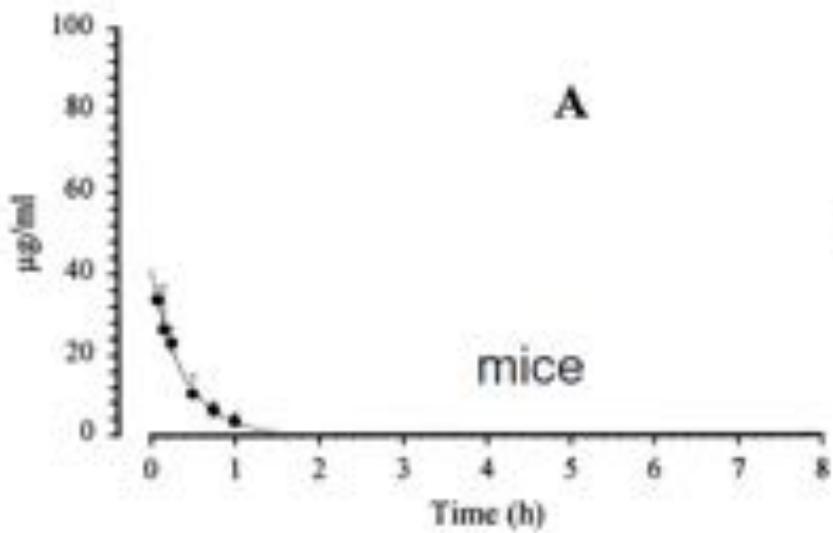
Only the combination of SEVERAL CRITICAL ANIMAL PHARMACOLOGICAL MODELS may predict the therapeutic value of an innovative medicine in future first-in-human clinical settings/trials

## Case study: a balanced PPAR's agonist - the aleglitazar story



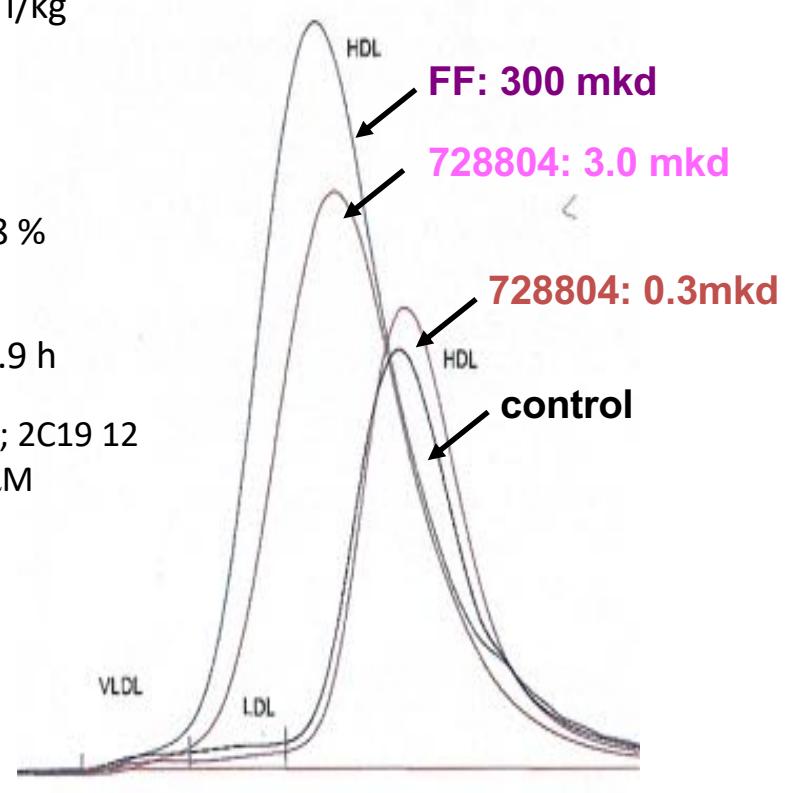
<b>Pharmacokinetics</b>	Total clearance	6.2 ml/min/kg	1.6 ml/min/kg
(Rat)	Vss	1.3 l/kg (Cyno- monkey )	0.4 l/kg
	Bioavailability	70 %	68 %
	T1/2	4 h	12.9 h
<b>Safety (<i>in vitro</i>)</b>	Cyp	3A4 19; 2C9 4.0; 1A2 >50	2D6 >50; 2C19 12 $\mu$ M
	hERG	negative	
	Ames/MNT	negative	
	Phsopholipidosis	negative	
	Phototoxicity	negative	

## PK PD *in vivo* different species tested



# Case study: a balanced PPAR's agonist - the aleglitazar story



Pharmacokinetics	Total clearance	6.2 ml/min/kg	1.6 ml/min/kg	7-21 day p.o Lipid profile
(Rat)	Vss	1.3 l/kg (Cyno- monkey)	0.4 l/kg	
				
	Bioavailability	70 %	68 %	
	T1/2	4 h	12.9 h	
Safety (in vitro)	Cyp	3A4 19; 2C9 4.0; 1A2 >50	2D6 >50; 2C19 12 μM	
	hERG	negative		
	Ames/MNT	negative		
	Phospholipidosis	negative		
	Phototoxicity	negative		

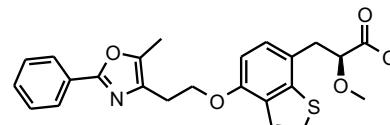
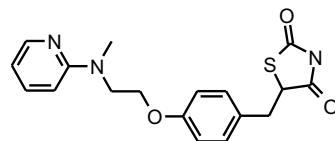
Peak shifted to larger HDL

# Case study: a balanced PPAR's agonist - the aleglitazar story



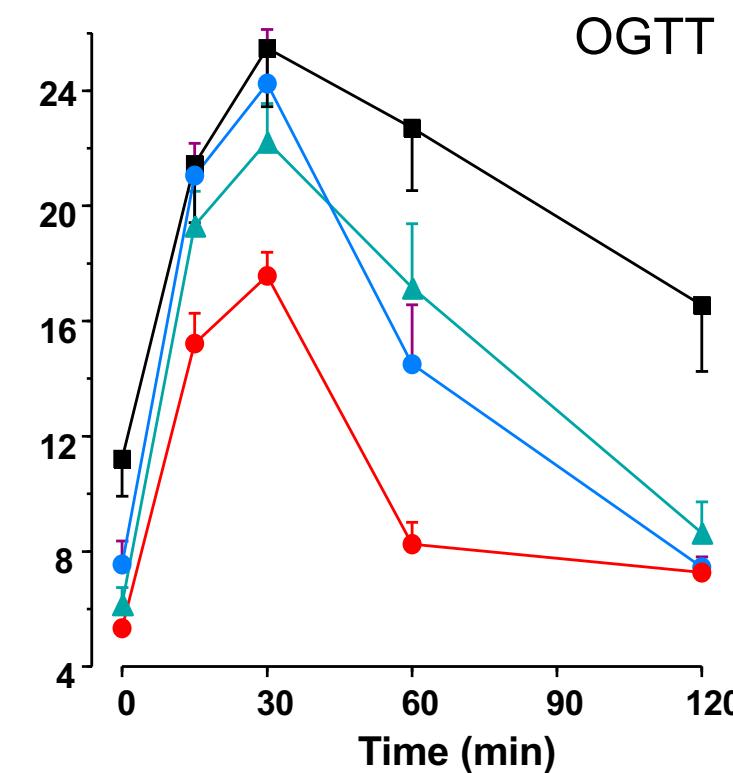
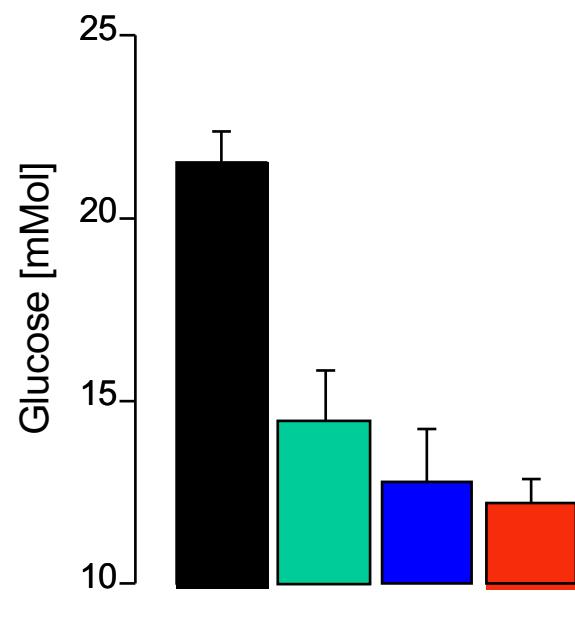
*Treatment of db/db mice for 12 days*

Rosiglitazone



Aleglitazar

non fasted glucose



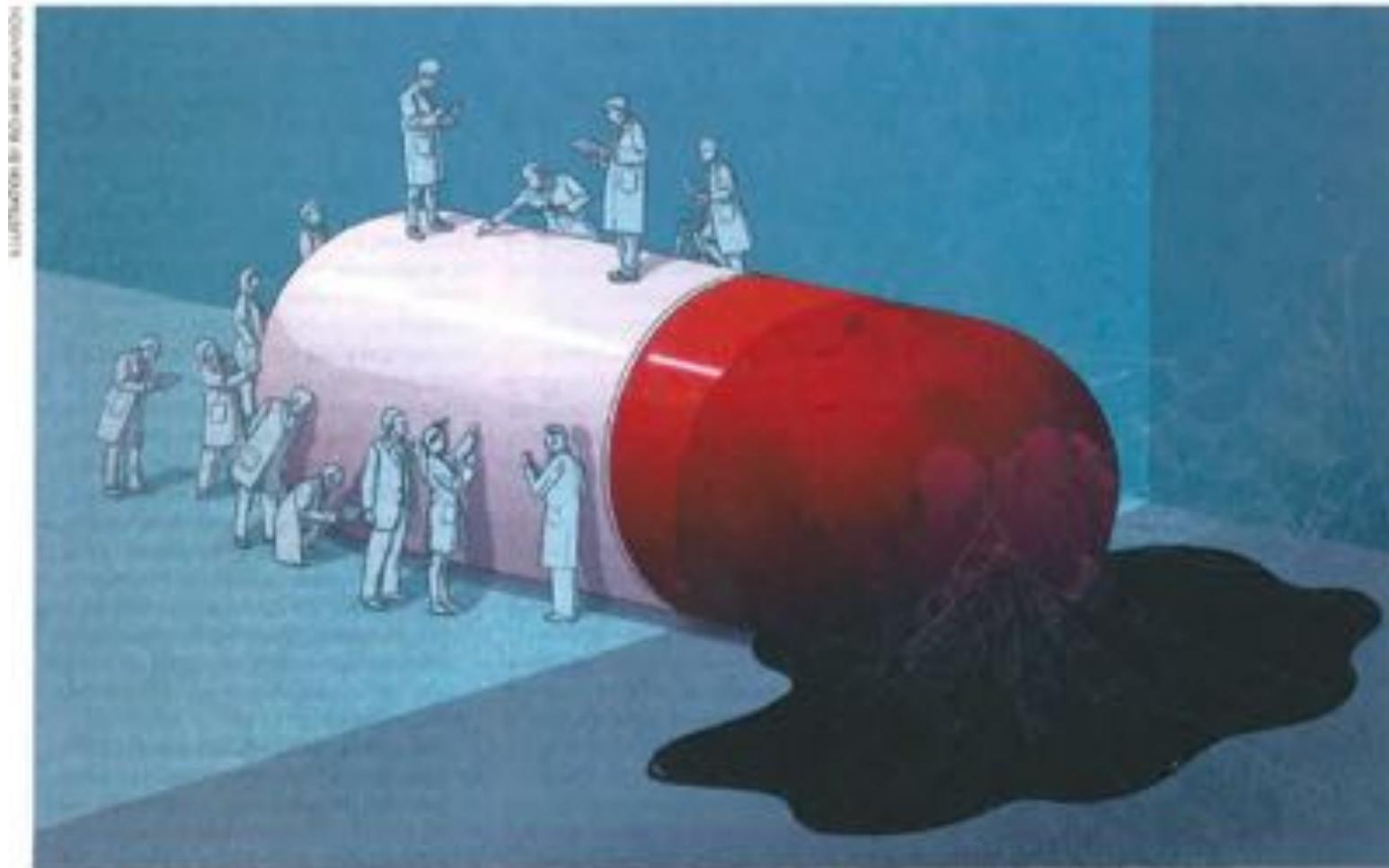
■ Placebo

■ RSG  
3 mkd

■ RO072000  
0.3 mkd

■ RO072001  
3.0 mkd

**Efficacy and safety (adverse effects) is what patients care first !**



Consider drug efficacy and safety  
before first-in-human trials - FIH

# Safety (adverse effects) is what patients care first



## Survivor of lethal French drug trial speaks out :

dogs and a monkeys died from same drug before it was tried on humans

BIA 10-2474 was an experimental fatty acid amide hydrolase (FAAH) inhibitor. Documents from a prospective volunteer forwarded to French media described BIA 10-2474 as a "product in development for the treatment of different medical conditions from anxiety to Parkinson's disease, but also for the treatment of chronic pain of sclerosis, cancer, hypertension, or the treatment of obesity."

*"If I'd known the dogs were dead, I wouldn't have risked my life for €1,900. I wouldn't have signed up. I'm not crazy."* a phase 0 BIA 10-2474 healthy volunteer trial survivor

- On January 17, 2016, a healthy man was declared brain dead after receiving an experimental drug in a first-in-human (FIH) trial in France.
- After the authorities asked for the Investigator Drug Brochure (IDB) from the drug developer Bial in Portugal (sponsor) they realized that the 63 pages long document barely contained TWO pages on drug efficacy and desired pharmacological profile.
- Moreover, the cpd had been tested at a range of doses in mice that MADE IMPOSSIBLE TO ESTIMATE the most likely safe and effective dose in humans!

# Swiss physician Paracelsus : the beginning of toxicology

«every medicine is a poison in disguise»



1493-1541

Paracelsus studied medicine at University of Basel Switzerland (founded April 4, 1460 !)  
“solely the dose determines that a thing is a poison or not” (*sola dosis facit venenum*)

# Swiss physician Paracelsus : the beginning of toxicology

*«every medicine is a poison in disguise»*



**1493-1541**

Paracelsus studied medicine at University of Basel Switzerland (founded April 4, 1460 !)  
“solely the dose determines that a thing is a poison or not” (*sola dosis facit venenum*)

# Safety assessment : Paracelsius in the belgian comic strips !



**“solely the dose determines that a thing is a poison”**  
(dosis sola facit venenum)

# Safety (adverse effects) is what patients care first ! a balancing act in pharmacology



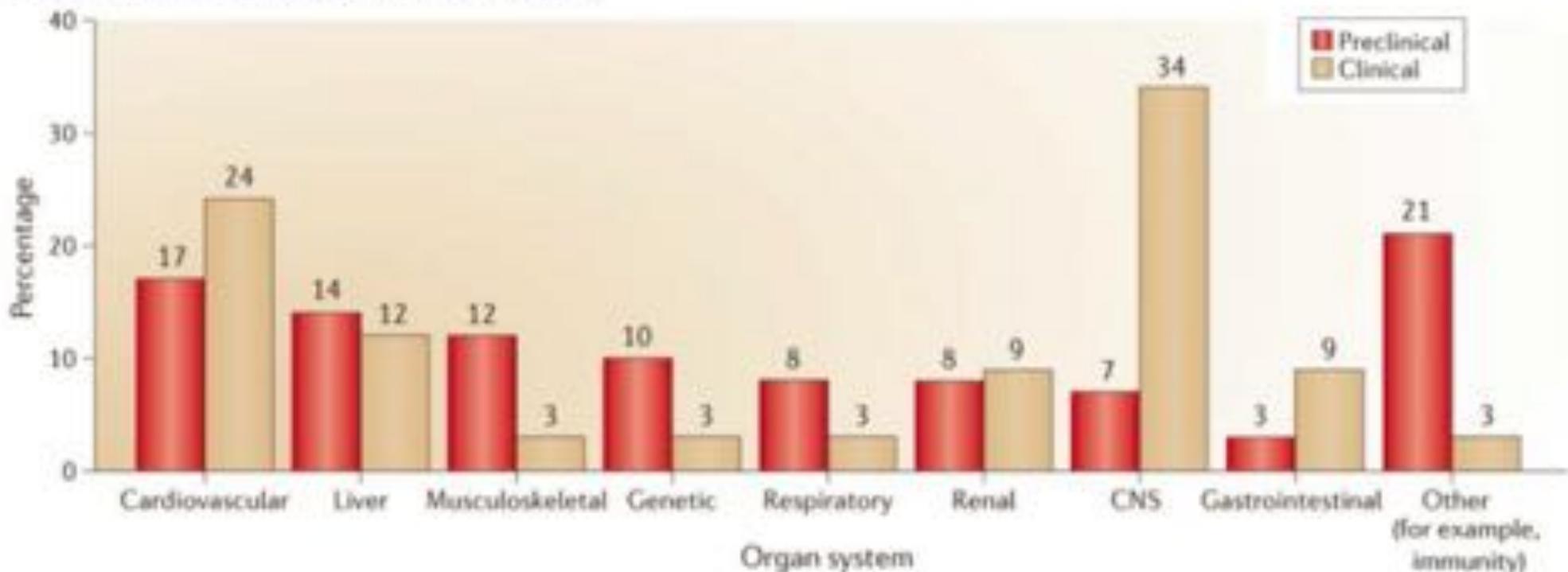
- Depakine
- Opioid
- Thalidomide
- and more tox catastrophes

- **A BALANCING ACT : NO THERAPIES WITHOUT ADVERSE EFFECTS !**
- **ANY THERAPEUTIC PHARMACOLOGICAL INTERVENTION SHOULD  
HOWEVER BE SAFE : TODAY'S INVESTIGATIVE TOXICOLOGY IS KEY !**
- Paracelsius -16<sup>th</sup> cent : "every drug is a poison in disguise" (*sola dosis facit venenum*)

## Looking at attrition rate from AstraZeneca portfolio (2005-2020)

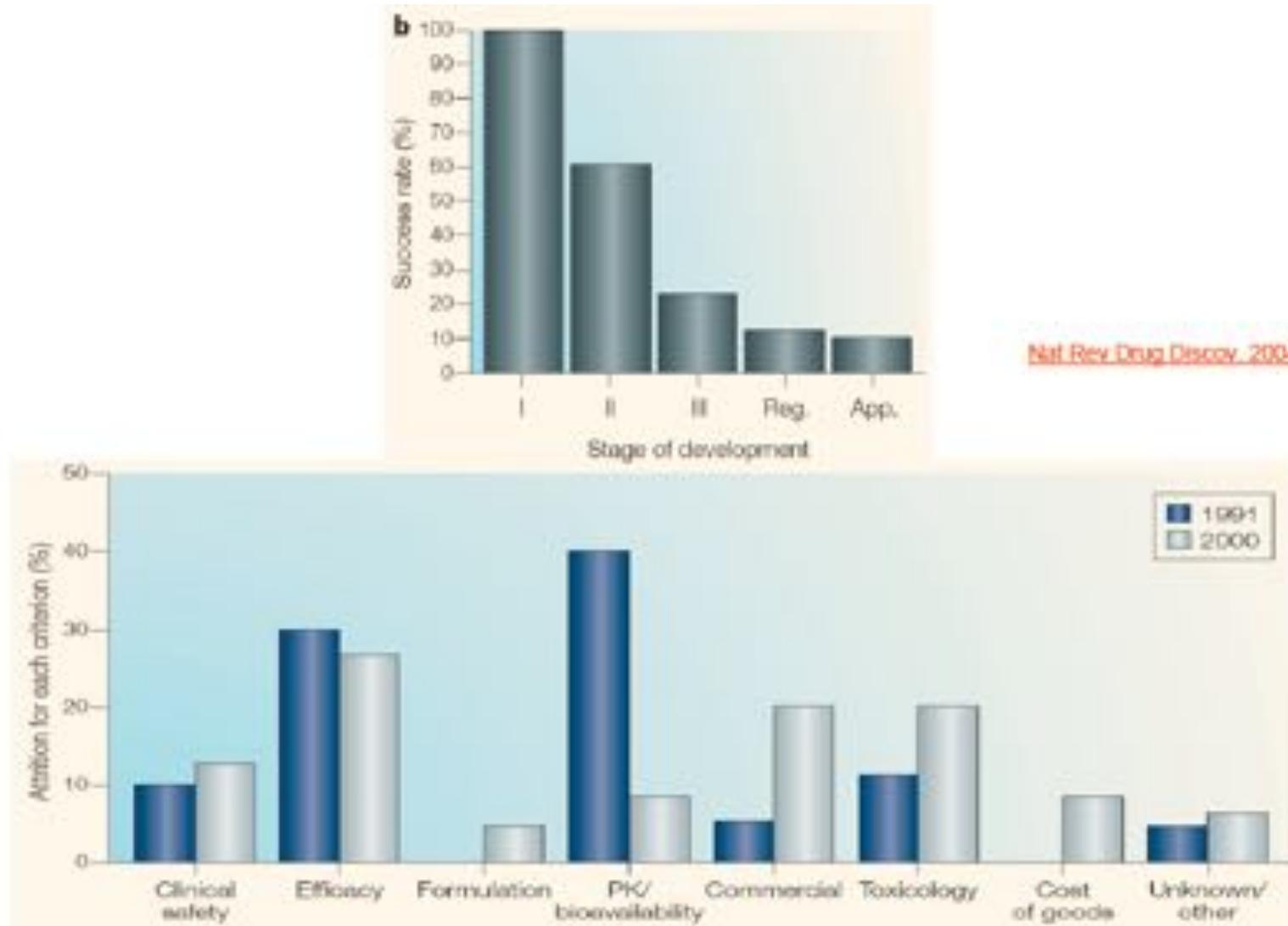


a Organ systems involved in safety failures



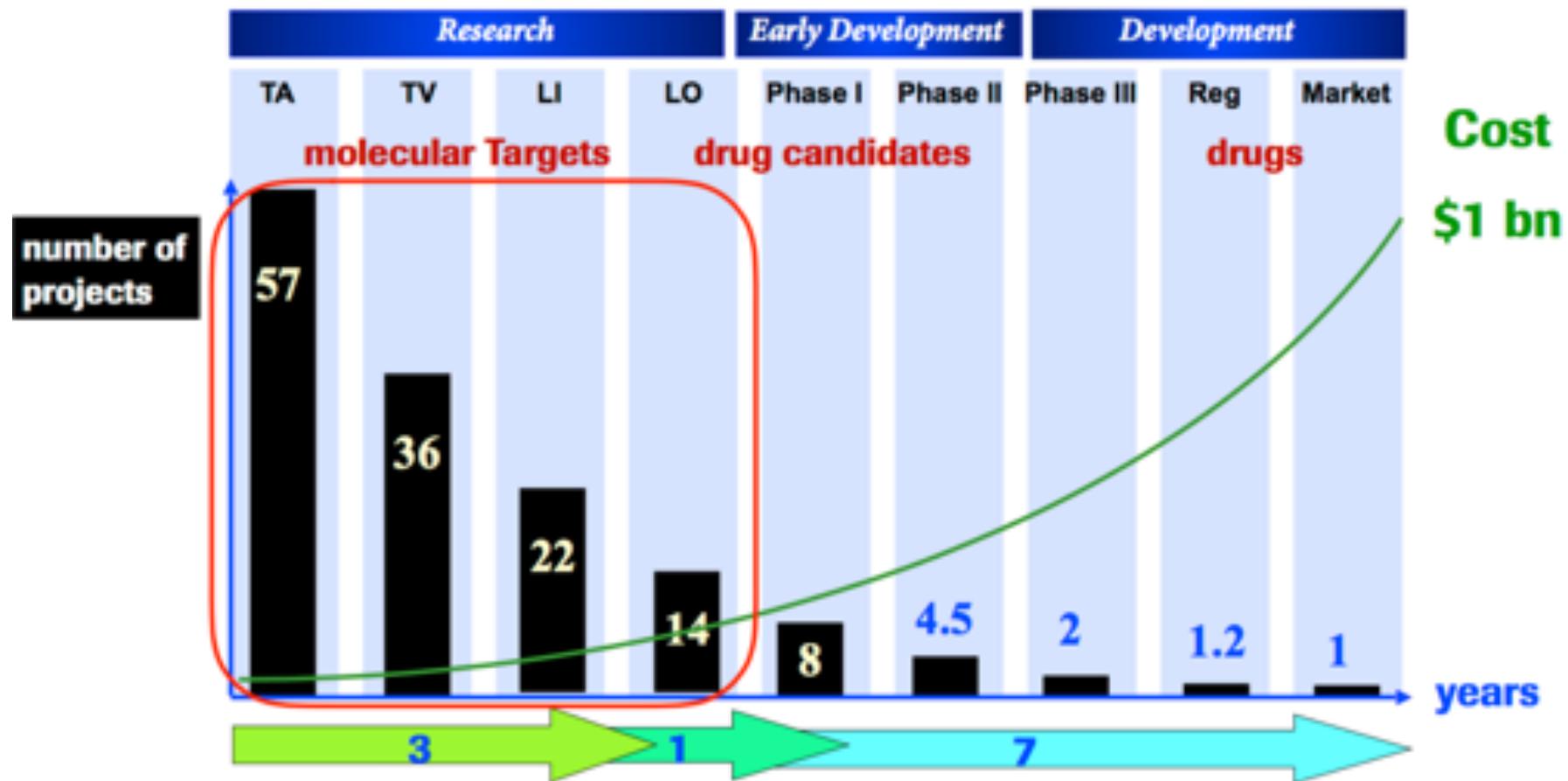
Food for thoughts : the biggest risk for human beings is not to get a safe and efficacious medicine !

# Safety vs Efficacy : drug development success rate overall and by criteria



*Nat Rev Drug Discov. 2004 Aug;3(8):711-5*

# High attrition rate : only very few experimental medicine makes it to the clinical practice



>95 % attrition rate : the sooner the better !

# «Poisoning the atmosphere» or when poison turns a medicine : *Sydney Farber antifolate in leukemia and Paul Ehrlich arsenic in syphilis*



Le Docteur Sidney Farber, en 1966

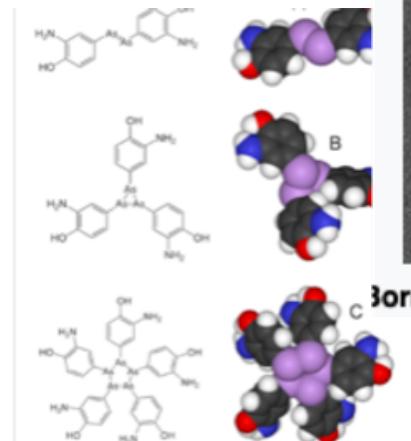


## Aminoptérine (Aminopterin)

Médicament

L'aminoptérine est un médicament antagoniste de l'acide folique prescrit comme antinéoplasique qui

**Arsphenamine**, also known as **Salvarsan** or **compound 606**, is a drug that was introduced at the beginning of the 1910s as the first effective treatment for syphilis and African trypanosomiasis. This organoarsenic compound was the first modern antimicrobial agent.



Paul Ehrlich  
FRS



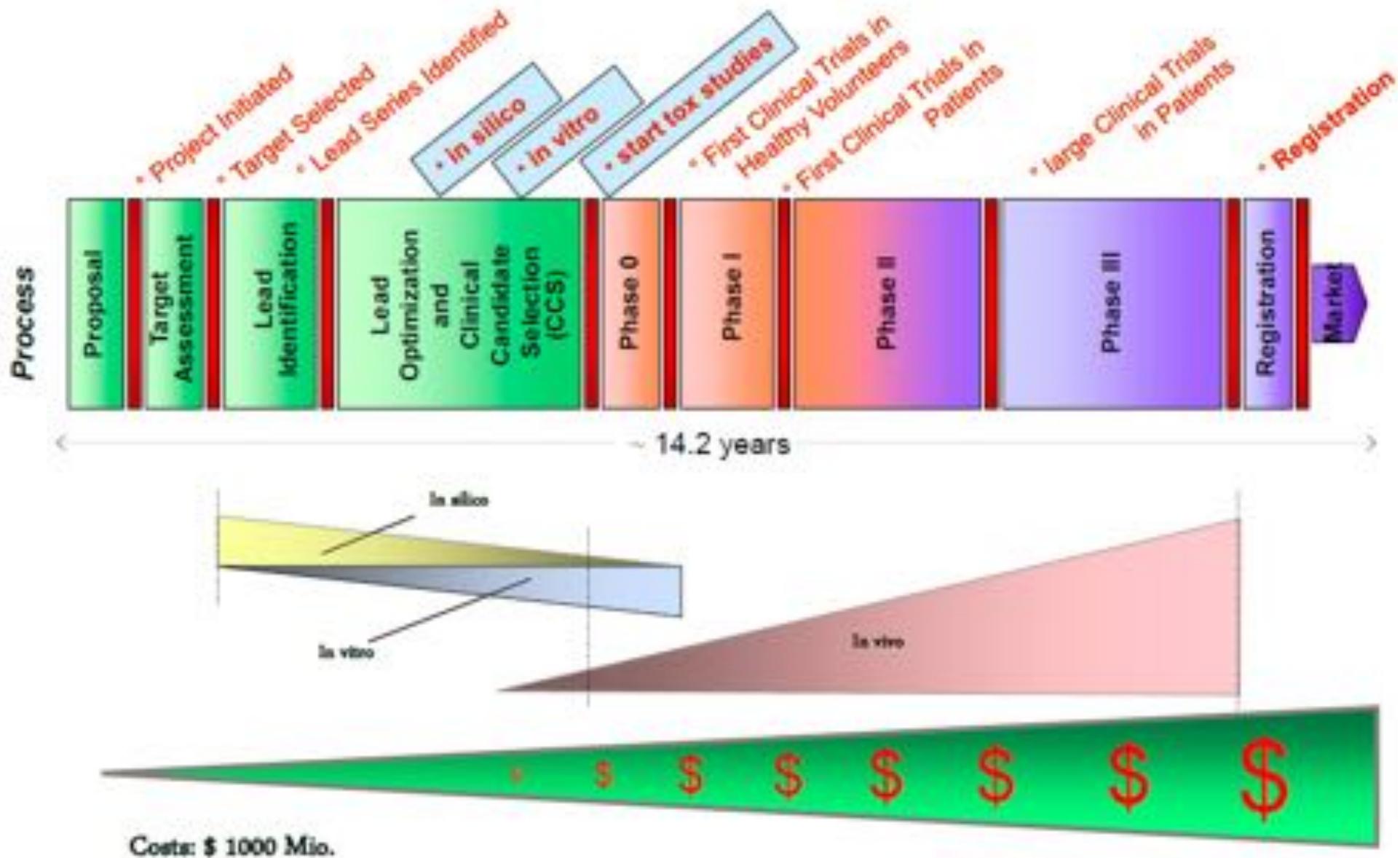
14 March 1854

**“20<sup>th</sup> century turned poison into a medicine (the advent of chemotherapy) !**  
vindicating Paracelsus findings :“solely the dose determines that a thing is a poison or not” (*sola dosis facit venenum*)

# Safety assessment across the value chain



THE BIGGEST RISK IN DRUG DEVELOPMENT IS NOT TO GET A MEDICINE : “FAIL EARLY” STRATEGY



# Early days of toxicology \_ safety at its infancy \_ turns into a tox scandal



## The thalidomide story...60 YEARS AGO

nausea with pregnant women !

Sedative

NO TOXICITY IN ANIMALS

(today anti-cancer)

10 000 cases world wide

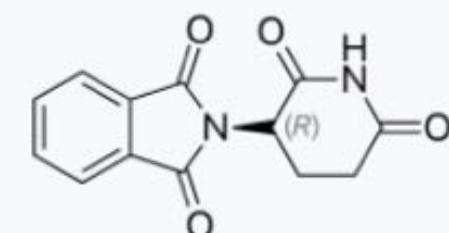
birthde

Phocomelia (limb malformations)

Catalyzed a drastic GAME CHANGER in drug approval and monitoring by FDA/EMEA



The severity of the condition varies



Contergan® from Grünenthal Chemie 1957  
withdrawn in 1961

Many children in the 1960's, like the kindergartner pictured above, were born with phocomelia as a side effect of the drug thalidomide, resulting in the shortening or absence of limbs. (Photo by Leonard McCombe//Time Life

# Early days of toxicology \_ safety at its infancy \_ turns into a tox scandal : the critical involvement of drug regulatory bodies FDA EMEA SWISSMEDIC



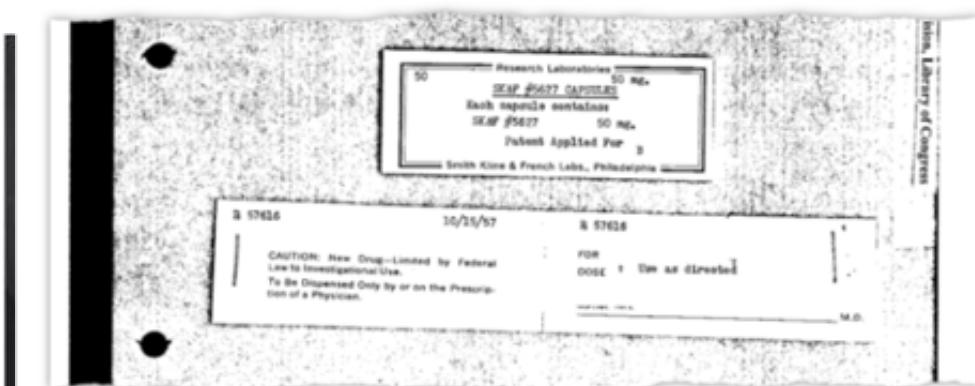
**The thalidomide story...60 YEARS AGO**  
nausea with pregnant women !  
Sedative ! Anxiolytic !  
**NO TOXICITY IN ANIMAL MODELS, NO MOA !**

**10 000 cases world wide patients (fewer in USA  
thanks to Frances Kathleen Kelsey) affected by  
birth defects such as**

**Phocomelia (limb malformation), deafness,**



**A Marketing Campaign Disguised as a Clinical Trial**



The drug company Smith, Kline & French did not identify the name of the drug, thalidomide, on packets distributed to patients, using only the code name SK&F #5627. Library of Congress

Many children in the 1960's, like the kindergartner pictured above, were born with phocomelia as a side effect of the drug thalidomide, resulting in the shortening or absence of limbs. (Photo by Leonard McCombe//Time Life

Catalyzed a drastic  
approval and marketing

CELEBRATING AMERICA'S WOMEN PHYSICIANS

Changing the face of Medicine

HOME

RESOURCES

PHYSICIANS

ACTIVITIES

BIOGRAPHY

Dr. Frances Kathleen Oldham Kelsey

YEAR OF BIRTH / DEATH	1914 - 2015
MEDICAL SCHOOL	University of Chicago School of Medicine
GEOGRAPHY	LOCATION District of Columbia
CAREER PATH	Research: Pharmacology



Pharmacologist Frances Oldham Kelsey, who rejected the use of the sedative thalidomide in the United States.

## BIOGRAPHY

In 1960, during her first month at the Food and Drug Administration, Dr. Frances Oldham Kelsey took a bold stance against inadequate testing and corporate pressure when she refused to approve release of thalidomide in the United States. The drug had been used as a sleeping pill and was later proven to have caused thousands of birth deformities in Germany and Great Britain.

Born Frances Oldham in 1914, on Vancouver Island, British Columbia, she earned both her bachelor of science and master of science degrees from McGill University, Montreal, in 1934 and 1935. In 1938 she earned her Ph.D. from the University of Chicago, and went on to teach there from 1938 to 1950. Dr. Frances Oldham married Dr. Fremont Ellis Kelsey, a fellow faculty member at University of Chicago, in 1943. Their two daughters were born while she earned her medical degree at the University of Chicago Medical School.

Dr. Kelsey then worked as an editorial associate at the American Medical Association before teaching Pharmacology at University of South Dakota from 1954 to 1957. She was a general practitioner there from 1957 to 1960. In 1960 she moved to Washington, D.C., and began her long and distinguished career at the Food and Drug Administration, where she later became chief of the Division of New Drugs, director of the Division of Scientific Investigations, and deputy for Scientific and Medical Affairs, Office of Compliance.

Dr. Frances Kelsey took her stand against thalidomide during her first month at the Food and Drug Administration, on her first assignment. The task was supposed to be a straightforward review of a sleeping pill already widely used in Europe, but Kelsey was concerned by some data suggesting dangerous side effects in patients who took the drug repeatedly. While she continued to withhold approval, the manufacturers tried everything they could to get around her judgment.

In November 1962, reports began to emerge in Germany and the United Kingdom that mothers who had taken thalidomide during pregnancy were now having babies with severe birth defects. Dr. Helen Taussig learned of the tragedy from one of her students and traveled to Europe to investigate. By testifying before the Senate, Taussig was able to help Kelsey ban thalidomide in the United States for good. At least 4000 children in Europe were affected by the drug, but thanks to Kelsey's rigorous professionalism a similar tragedy was averted here in America.

On August 7, 1963, President John F. Kennedy awarded Frances Kelsey the highest honor given to a civilian in the United States, the President's Award for Distinguished Federal Civilian Service. She was the second woman to ever receive the award. Kennedy acknowledged "Her exceptional judgment in evaluating a new drug for safety for human use has prevented a major tragedy of birth deformities in the United States. Through high ability and steadfast confidence in her professional decision she has made an outstanding contribution to the protection of the health of the American people."

Contergan® from Grünenthal Chemie 1957

# Investigative toxicology : thalidomide reloaded

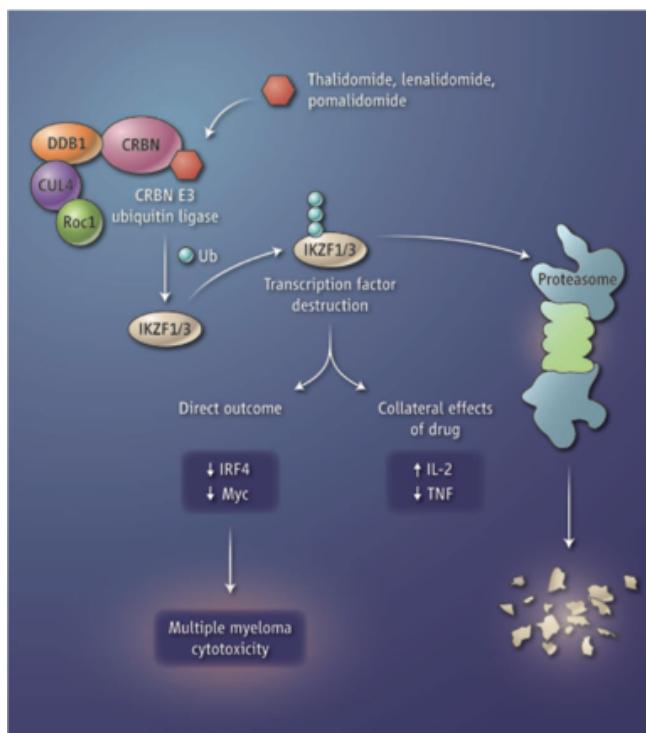


## The thalidomide story TODAY

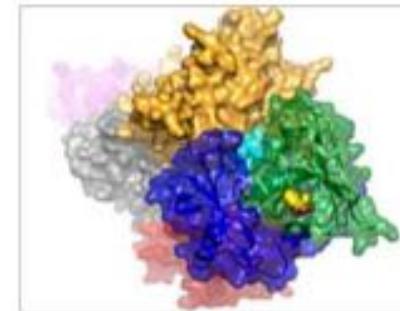
comes back with MOA and strict safety requirements (pregnancy test !)

### multiple myeloma in B cell malignancies

IMiDs-Immunomodulatory drug  
NK cells stimulation, cytokine IL6 production  
How thalidomide works against cancer



Stewart KA et al (2014) Science 343:256-258



**Mode of action (MOA) of thalidomide recently elucidated !**

**Crystal structure of thalidomide (yellow) bound to CRBN and DDB1.**

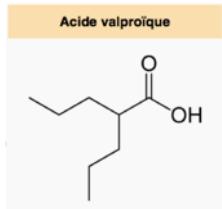
**Protein degradation complex (proteasome) which uses molecular tag ubiquitin to mark proteins for degradation (E3 ubiquitin ligases)**

**IMiDs prevent the CRBN cereblon receptor from engaging an endogenous substrate and are repurposed on “undruggable therapeutic targets” such as Zinc fingers**

**“molecular glue between protein:protein interaction”**

Fischer ES and Thomä N. (2014) Nature 512:49-53

*The surprising ability of thalidomide and its analogs to treat various hematologic malignancies is through the loss of two transcription factors.*



# Valproic acid safety (adverse effects) : what child bearing women care first !



Prescribed in manic-depression, migraine, headache and epileptic convolution



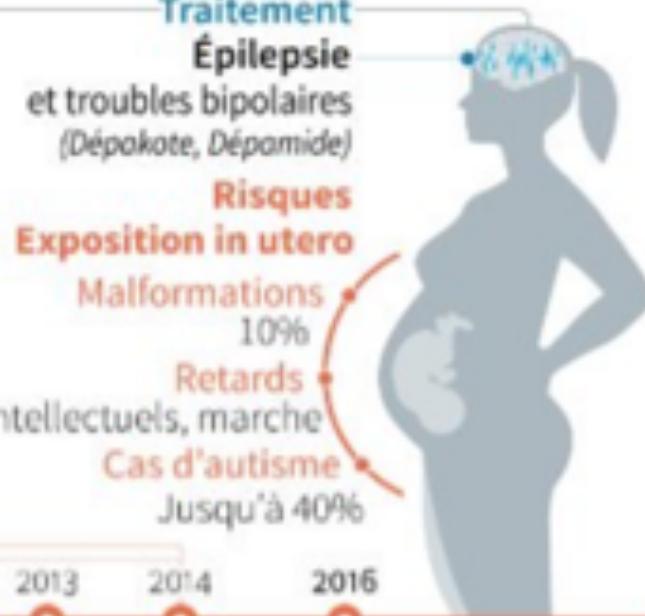
50 000 à 70 000 victimes possibles depuis 1967  
Apesac

Principe actif  
Valproate de sodium

Laboratoire  
Sanofi puis génériques

Traitement  
Épilepsie et troubles bipolaires (Dépakote, Dépamide)

Risques  
Exposition in utero  
Malformations 10%  
Retards intellectuels, marche  
Cas d'autisme Jusqu'à 40%



1967 1982 2000 2004 2006 2011 2013 2014 2016

Mise sur le marché

Études scientifiques

1<sup>er</sup> cas de malformations congénitales documentés



Troubles neuro-comportementaux 1<sup>ère</sup> publications

Observations de troubles du spectre de l'autisme

Déconseillé pour la 1<sup>re</sup> fois pour la femme enceinte

Preuves formelles

Renforcement des mises en garde

Établis avec certitude

Nouvelles restrictions à l'échelle européenne

Établis avec certitude



40 (!) years to introduce pregnancy and correlate **teratogenicity** with valproate salt prescription ! Nowadays mandatory pregnancy test before prescription ! Sanofi argues it had always communicated FDA their results ; it is FDA's job to warn patients and prescribing physicians. **Court decided the sponsors are responsible for the safety of their medicines like for any other products, eg. car safety.**

# Safety is first concern of patients and some lawyers...



Pharmakonzern Johnson & Johnson zu Milliardenstrafe verurteilt

13.07.18 15:48

Neue Zürcher Zeitung

## Milliardenstrafe für Pharmakonzern Johnson & Johnson

22 an Eierstockkrebs leidende Frauen hatten gegen den amerikanischen Konzern geklagt. Sie machen Puderprodukte für ihre Erkrankungen verantwortlich und werfen dem Unternehmen vor, Gefahren verschwiegen zu haben.

13.7.2018, 04:14 Uhr

(Reuters/dpa) Der amerikanische Pharma- und Konsumgüterkonzern Johnson & Johnson (J&J) ist zu einer milliardenschwachen Verurteilung gekommen, weil bestimmte Körperpflegeprodukte Krebs verursacht haben sollen. Beim Prozess in St. Louis im amerikanischen Gliedstaat Missouri befand die Jury J&J einstimmig für schuldig und ordnete Schadenersatz- und Strafzahlungen in Höhe von insgesamt 4,7 Milliarden \$ (umgerechnet 4,0 Mrd. €) an.

Die Milliardensumme setzt sich aus 550 Mio. \$ Entschädigung und einer Strafe von 4,14 Mrd. \$ zusammen. Als Reaktion fielen die J&J-Aktien im nachbörslichen Handel um 1%. J&J äußerte sich über das Urteil enttäuscht und kündigte rechtliche Schritte an. Das Verfahren sei hochgradig unfair gewesen. Der Konzern bekräftigte, seine Produkte enthielten kein Asbest und lösten kein Krebs aus.

**HOW SAFETY IS  
IMPORTANT TO  
PHARMAS ?  
HOW SERIOUS CAN  
CLASS ACTION BE ?**

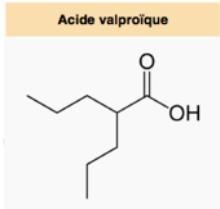
**SEVERAL PHARMA  
SCANDALS IN COURT  
TRIALS**

ENU Le Parisien

## Scandale de la Dépakine : Sanofi mis en examen pour «homicides involontaires»

Le laboratoire est déjà poursuivi pour «tromperie aggravée» et «blessures involontaires».





# Today's safety issues - improve on pharmacovigilance worldwide !

Prescribed in epilepsy, manic-depressive patients, chronic migraine and convulsions.

Lundi 6 janvier 2020 | Dernière mise à jour 17:01 | Petites annonces | Immo | Recherche

**24heures**

Vaud&Régions Suisse Monde Économie Sports Savoirs Culture High-Tech People Vivre Auto Plus  
Fédérales 2019 Suisse romande Faits divers Images

SIGNÉ LAUSANNE



Programme de partenariat  
Cartes de crédit et cartes prépayées personnalisées pour associations et entreprises.  
► Plus

## Dépakine: Swissmedic et industrie pharma épingleés

**Santé** Selon Brigitte Crottaz, présidente ad intérim de la Fédération suisse des patients, le fabricant de la Dépakine a fait preuve de négligence dans ses notices.



Brigitte Crottaz, présidente ad intérim de la Fédération suisse des patients et conseillère nationale (PS/VD).

Image: Keystone

### Articles en relation

#### Les victimes de la Dépakine sont recensées

**Suisse** L'antiépileptique responsable de nombreuses malformations congénitales en France a fait une quarantaine de victimes en Suisse, selon une analyse de Swissmedic rendue publique. [Plus...](#)  
06.12.2019

#### Berne va analyser les dégâts de la Dépakine

**Suisse** Le Conseil fédéral établira un rapport sur le nombre de cas de femmes enceintes et d'enfants touchés par des malformations liées à la prise d'un anti-épileptique. [Plus...](#)  
13.06.2018

#### Scandale de la Dépakine: malformations en nombre



January 2020 : Depakine® swiss patients class action on pharma, swissmedic (authority) and GPs  
Pregnant women were prescribed Depakine® up until 2015 while authorities have been warned on teratogenicity much earlier (2010)



40 years to introduce pregnancy and correlate with teratogenicity/mental retardation and valproate salt prescription !  
Mandatory pregnancy test before prescription ! 4000 valproate affected kids registered in France in 2018.

## January 2020 : Depakine® swiss patients suing pharma and swissmedic (authority)



Jeudi 13 février 2020 | Dernière mise à jour 11:28 ▶ Petites annonces ▶ Immo ▶ Recherche

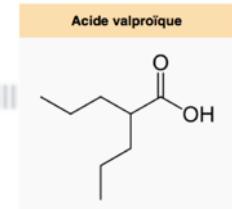
**24**heures

SIGNÉ LAUSANNE



Vaud&Régions Suisse Monde Économie Sports Savoirs Culture High-Tech People Vivre Auto Plus

Le Matin Dimanche Enquête E-paper Abonnements

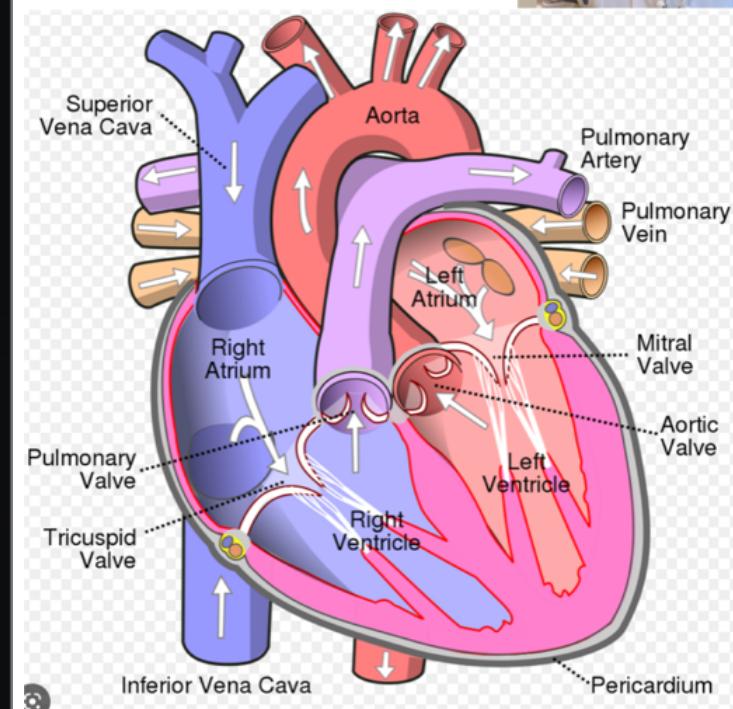


## Dix enfants handicapés se battent contre les médecins et la pharma

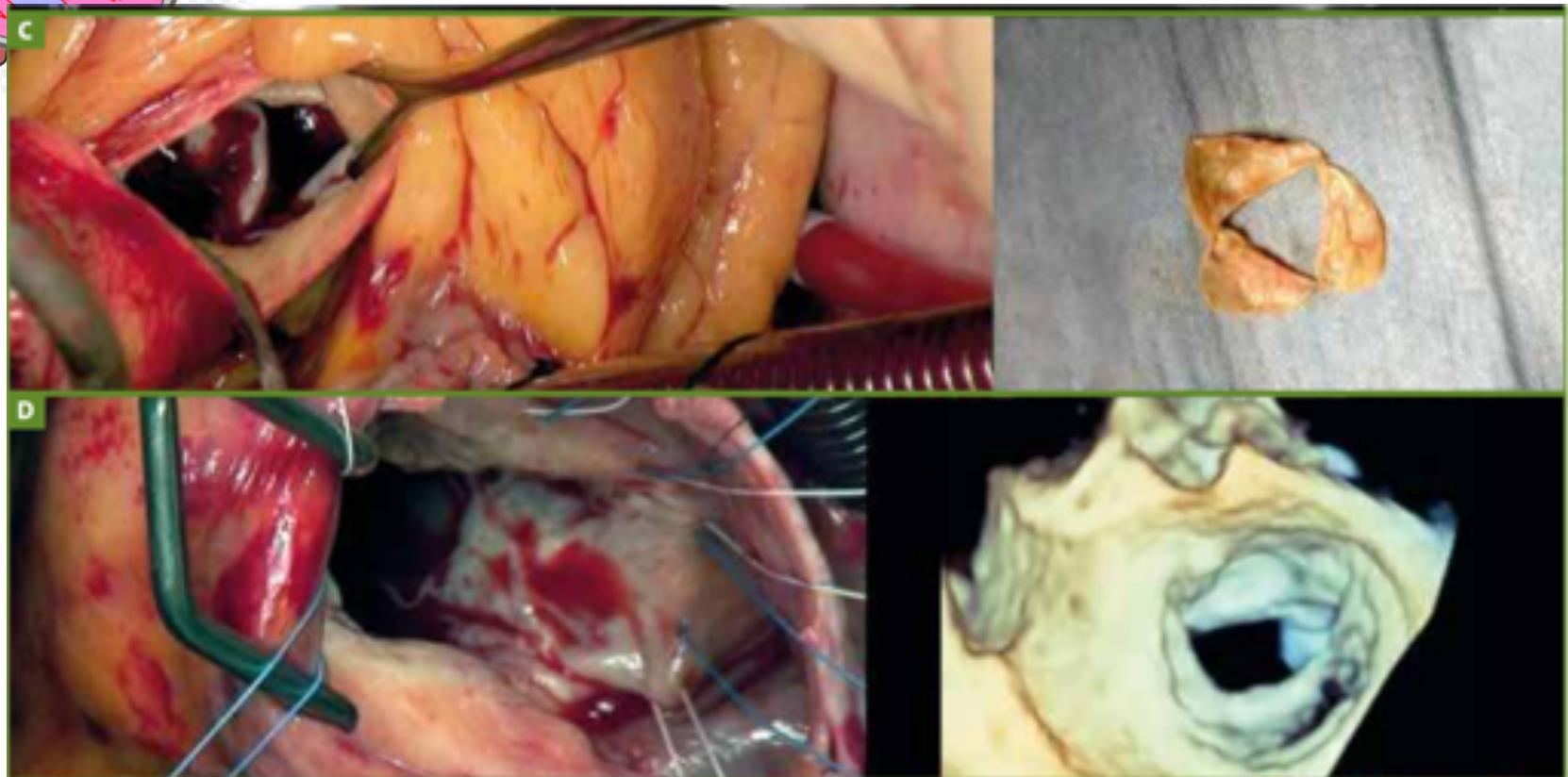
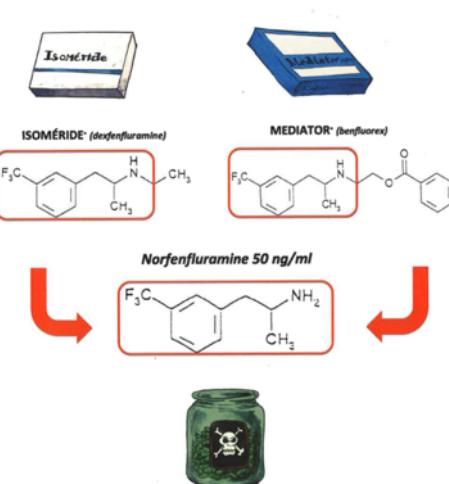
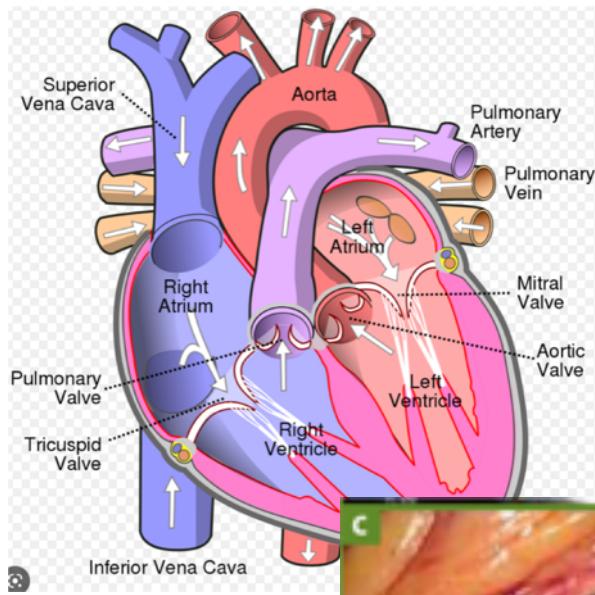
Ils sont tous nés en Suisse avec un retard mental. Leurs parents accusent un médicament, la Dépakin, d'en être responsable. Les autorités savaient, mais n'ont rien dit. Il y a beaucoup d'autres victimes.

- 40 years (!) to introduce pregnancy and correlate with teratogenicity/mental retardation and valproate salt prescription ! Mandatory pregnancy test before prescription ! Too bad it had been already prescribed !!
- Prescribed in manic-depressive patients, and helps prevent migraine headaches and convulsions.

# Mediator® : a french pharma scandal : reported > 2000 death cases



# Mediator® : cardiac valves calcification/replacement





## **Mediator® : cardiac valves calcification/in memoriam**



Digitized by srujanika@gmail.com

## Why we need to stop giving our kids codeine coughing sirup ASAP

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# Codeine coughing syrup overconsumption



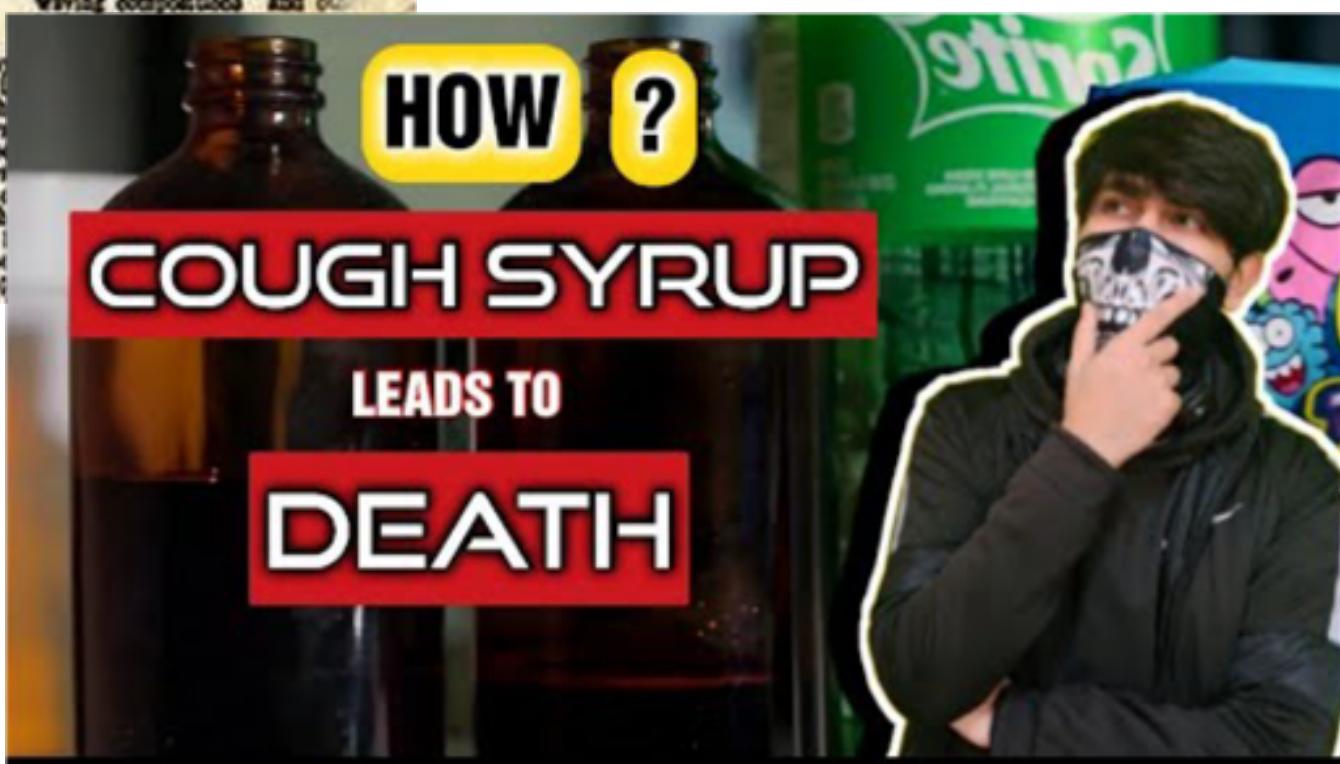
## The Cough Syrup Tragedy

By M. Sini  
Professor of Pharmacology, Indian Institute of Science, Bangalore.

How can loving parents ever dream that the sweet cough syrup commonly given to their children is nothing but a poison? Can the lives of these children be saved if the poisonous symptoms are detected early and appropriate treatment given immediately?

With industrialisation and ad-

the public and practicing physicians should be informed more detail of the nature of the disease for which the syrup was prescribed, the dose and the period during which the syrup was given, the developmental symptoms and the course of the disease till the fatal end. It is also essential to know whether the development of toxic sym-



# Codeine overconsumption screening : avoiding kids fatal tragedy



Codeine is O-demethylated by cytochrome P450 2D6 (CYP2D6) to form the **more potent drug morphine**, accounting for much of codeine's analgesic and dependence-producing properties. CYP2D6 inhibition could be used to treat codeine dependence.

# Codeine coughing syrup overconsumption



RECALL: CHILDREN'S ROBITUSSIN, DIMETAPP COUGH MEDICINE

**RECALL ALERT**

- POSSIBLE OVERDOSE RISK
- BOTTLES CAME WITH WRONG DOSING CUPS
- CHANCE PARENTS COULD ACCIDENTALLY GIVE TOO MUCH

LOCAL abc 6

**COLD SYRUP RECALL**  
**CHILDREN'S MEDICINE POSES OVERDOSE RISK**

HEADLINE

HEADLINES

# Codeine coughing syrup overconsumption : 35 swiss adolescents do not survive the « party drug » cocktail



Neue Zürcher Zeitung 2023

35 Jugendliche sind in den letzten vier Jahren an Tablettenmissbrauch gestorben. Eine Forscherin spricht von einem «erschreckenden Ausmass»

Press release on the judgment C-4125/2019, C-5006/2019

## Cough medicine containing psychoactive substances not to be sold in drugstores

The Federal Administrative Court has issued two pilot judgments supporting Swissmedic's decision to classify certain cough medicines as prescription-only medications. Their active substances are classed as psychoactive and may only be dispensed by doctors and pharmacists in accordance with the revised legislation on therapeutic products.

28.04.2021

Share in X F G E



Foto: Keystone

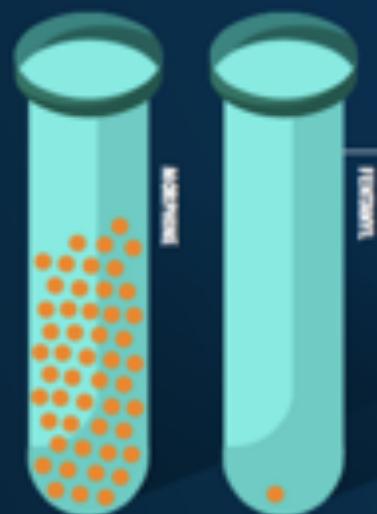
# Opioid overprescription/overconsumption : worldwide addiction





# FENTANYL: Overdoses On The Rise

Fentanyl is a synthetic opioid approved for treating severe pain, such as advanced cancer pain. Illicitly manufactured fentanyl is the main driver of recent increases in synthetic opioid deaths.

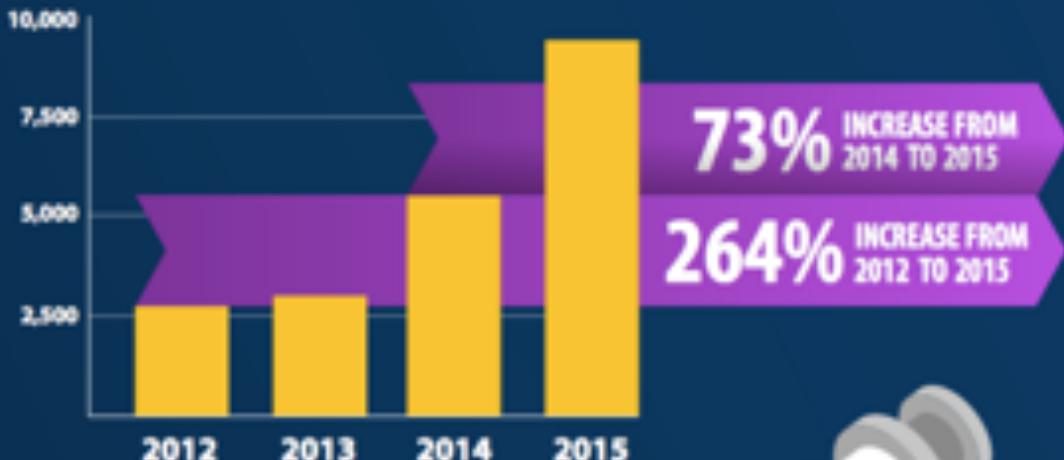


**50-100x  
MORE POTENT  
THAN MORPHINE**

Ohio Drug Submissions Testing Positive for  
Illicitly Manufactured Fentanyl



### SYNTHETIC OPIOID DEATHS ACROSS THE U.S.



### ILLEGITIMATE MANUFACTURED FENTANYL

Although prescription rates have fallen, overdoses associated with fentanyl have risen dramatically, contributing to a sharp spike in synthetic opioid deaths.



# opioid overprescription worldwide : how to manage chronic pain, eg. in palliative care ?



## The Opioid Epidemic in the U.S.

In 2015...

 **12.5 million**  
People misused prescription opioids<sup>1</sup>

 **2.1 million**  
People misused prescription opioids for the first time<sup>1</sup>

 **33,091**  
People died from overdosing on opioids<sup>2</sup>

 **2 million**  
People had prescription opioid use disorder<sup>3</sup>

 **15,281**  
Deaths attributed to overdosing on commonly prescribed opioids<sup>2,4</sup>

 **828,000**  
People used heroin<sup>1</sup>

 **9,580**  
Deaths attributed to overdosing on synthetic opioids<sup>2,4</sup>

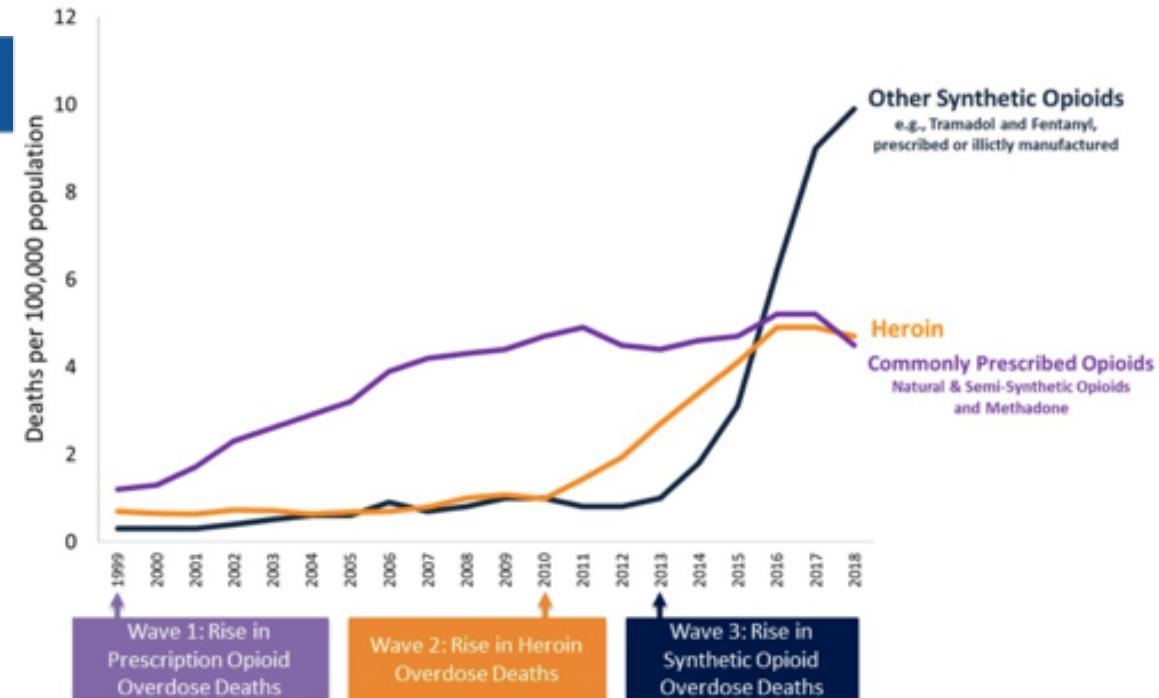
 **135,000**  
People used heroin for the first time<sup>1</sup>

 **12,989**  
Deaths attributed to overdosing on heroin<sup>2,4</sup>

 **\$78.5 billion**  
In economic costs (2013 data)<sup>5</sup>

Sources: 2015 National Survey on Drug Use and Health (SAMHSA). <sup>1</sup>MMWR, 2016; 65(50-51):1445-1452 (CDC). <sup>2</sup>Prescription Overdose Data (CDC). <sup>3</sup>Heroin Overdose Data (CDC). <sup>4</sup>Synthetic Opioid Data (CDC). <sup>5</sup>The Economic Burden of Prescription Opioid Overdose, Abuse, and Dependence in the United States, 2013. Florence CS, Zhou C, Luo P, Xu L. Med Care. 2016 Oct;54(10):901-8.

## 3 Waves of the Rise in Opioid Overdose Deaths



SOURCE: National Vital Statistics System Mortality File.





# Deaths associated with newly launched SARS-CoV-2 vaccination (Comirnaty®)

Carolin Edler\*, Anke Klein, Ann Sophie Schröder, Jan-Peter Sperhake, Benjamin Ondruschka

Institute of Legal Medicine, University Medical Center Hamburg-Eppendorf, Batesfeld 34, 22529 Hamburg, Germany

## ARTICLE INFO

**Keywords**  
 Vaccination  
 Comirnaty®  
 SARS-CoV-2  
 COVID-19 vaccine  
 Autopsy

## ABSTRACT

Since 27th December 2020, a mRNA vaccine from BioNTech / Pfizer (Comirnaty®) has been used across Germany. As of 12th March 2021, 286 fatalities of vaccinated German individuals were registered at the Paul-Ehrlich-Institute with time intervals after vaccination between one hour to 40 days. From our catchment area in northern Germany, we have so far become aware of 22 deaths in connection with vaccination in a 5 week period (range: 0–28 days after vaccination). Three death cases after vaccination with Comirnaty®, which were autopsied at the Institute of Legal Medicine Hamburg, are presented in more detail. All three deceased had severe cardiovascular diseases, among other comorbidities, and died in the context of these pre-existing conditions, while one case developed a COVID-19 pneumonia as cause of death. Taking into account the results of the postmortem examination a causal relation between the vaccination and the death was not established in any case. If there are indications of an allergic reaction, histological and postmortem laboratory examinations should be performed subsequent to the autopsy (tryptase, total IgE, CRP, interleukin-6, complement activity C3/C5).

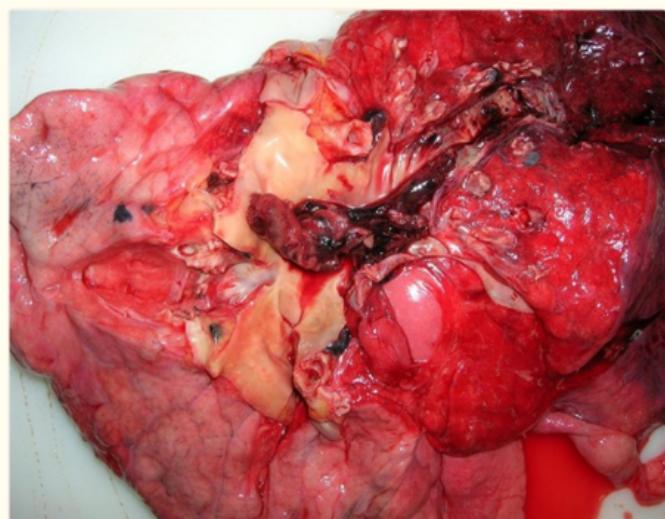
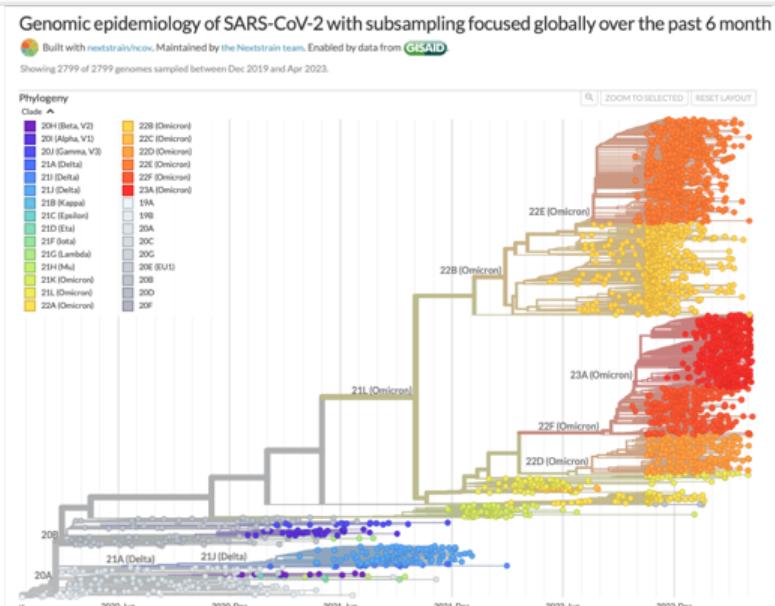


Fig. 1

Central pulmonary artery embolism in the right lung.





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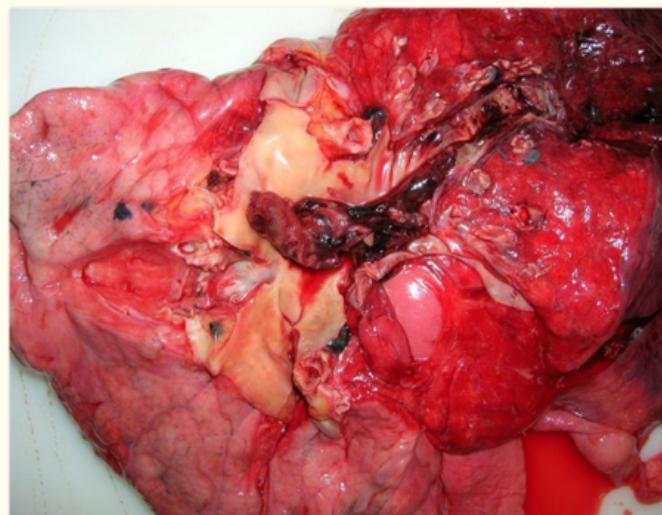


Fig. 1

Central pulmonary artery embolism in the right lung.

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Since 27th December 2020, a mRNA vaccine from BioNTech / Pfizer (Comirnaty®) has been used across Germany. As of 12th March 2021, 286 fatalities of vaccinated German individuals were registered at the Paul-Ehrlich-Institut in northern period (range autopsied at cardiovascular while one case. If then be performed

## Reporting rates of myocarditis

Table 1. Rates of likely myocarditis cases following Comirnaty (Pfizer)†

Age (years)	All doses		Second doses	
	Rate* per 100,000 doses		Rate* per 100,000 doses	
	Male	Female	Male	Female
5-11	0.3	0.1	0.2	0
12-17	8.0	1.7	13.2	2.8
18-29	5.1	1.5	9.3	2.8
30-39	2.3	0.9	3.1	1.0
40-49	1.0	1.0	1.5	1.8
50-59	0.7	0.4	0.7	0.4
60-69	0.4	0.3	0.4	0.4
70+	0.1	0.3	0	0.4
All ages*	2.4	0.9	4.7	1.6



## Small molecules



- chemical synthesis
- single molecule species
- well defined structure, stable, half life hours
- MW < 500-1000 Da
- standard models for safety testing (2 species: rodent and non-rodent)
- non-immunogenic
- Typically given oral
- distribution extra- and intracellular
- metabolised
- efficacy and toxicity from parent and metabolite(s)

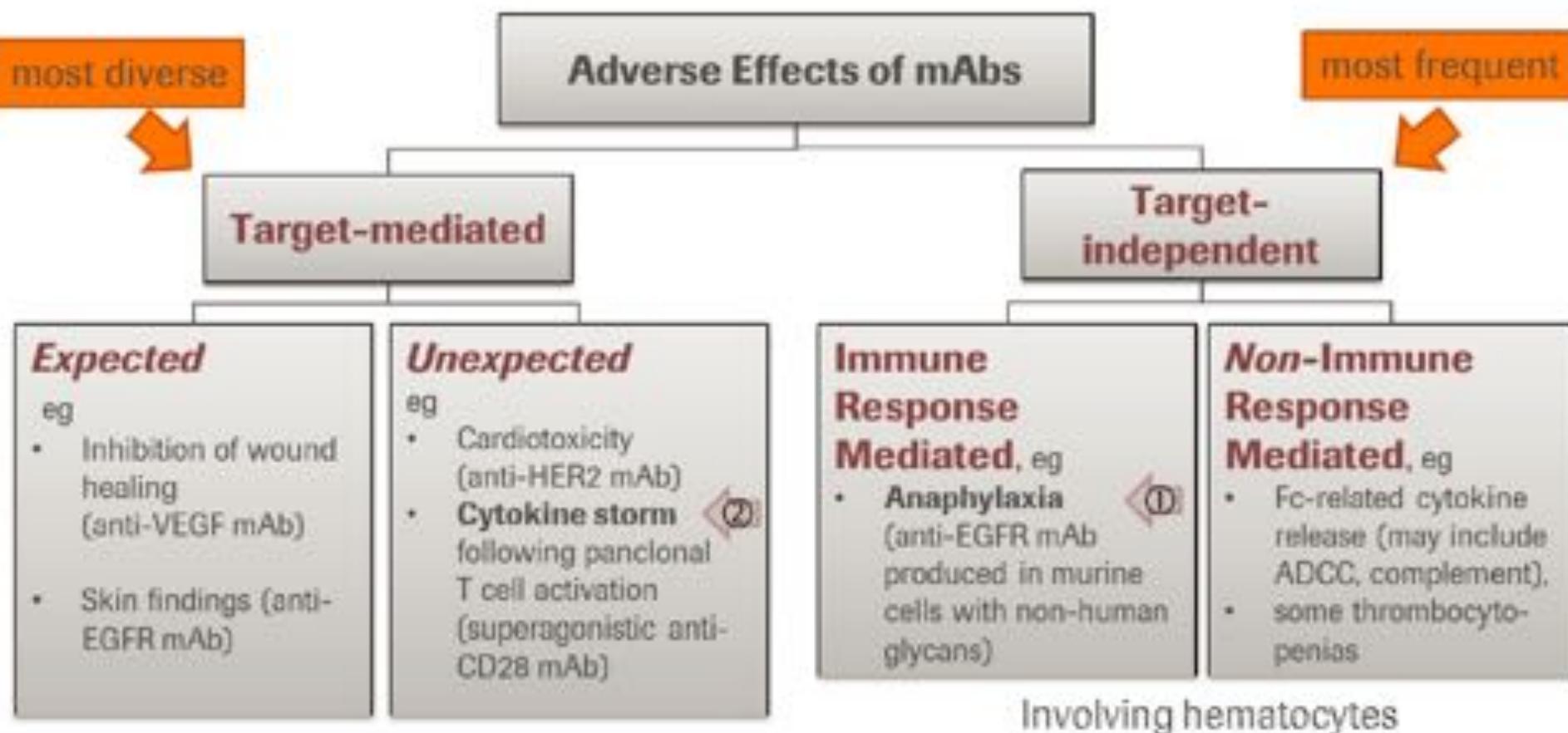
## Antibodies



- biotechnology derived molecules
- Therapeutic mAb = mixture of molecule variants
- complex structure, heat sensitive, long half life
- 150'000 Da for IgGs
- high target selectivity & species specificity (for safety testing often only monkey cross-reacts)
- may be immunogenic
- Parenteral administration (i.v., s.c.)
- distribution extracellular in blood (low  $V_{ss}$ )
- catabolised (proteolytic degradation)
- effects secondary to MoA and exaggerated pharmacology

Aspirin half life 1h ; mAB several weeks !

# Mechanisms of adverse effects with mAbs



# Trastuzumab subjected to scrutiny in drug safety and development

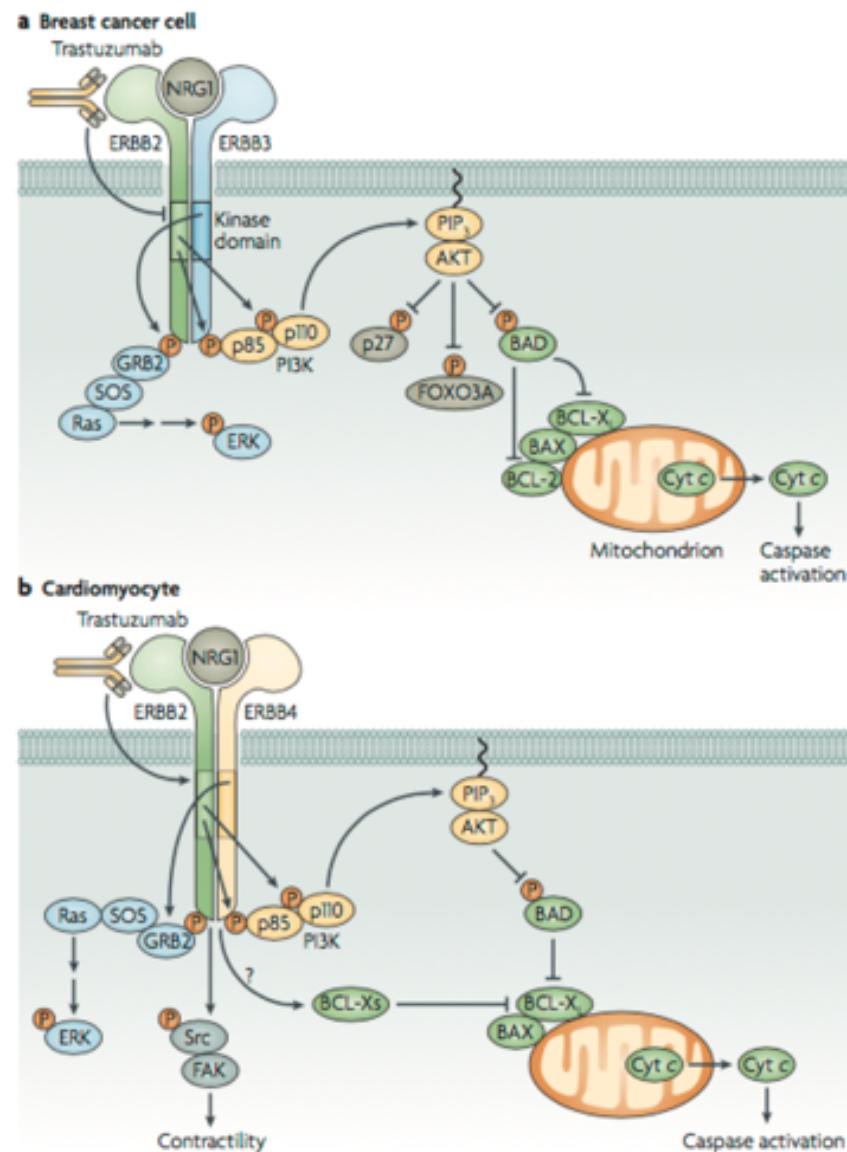
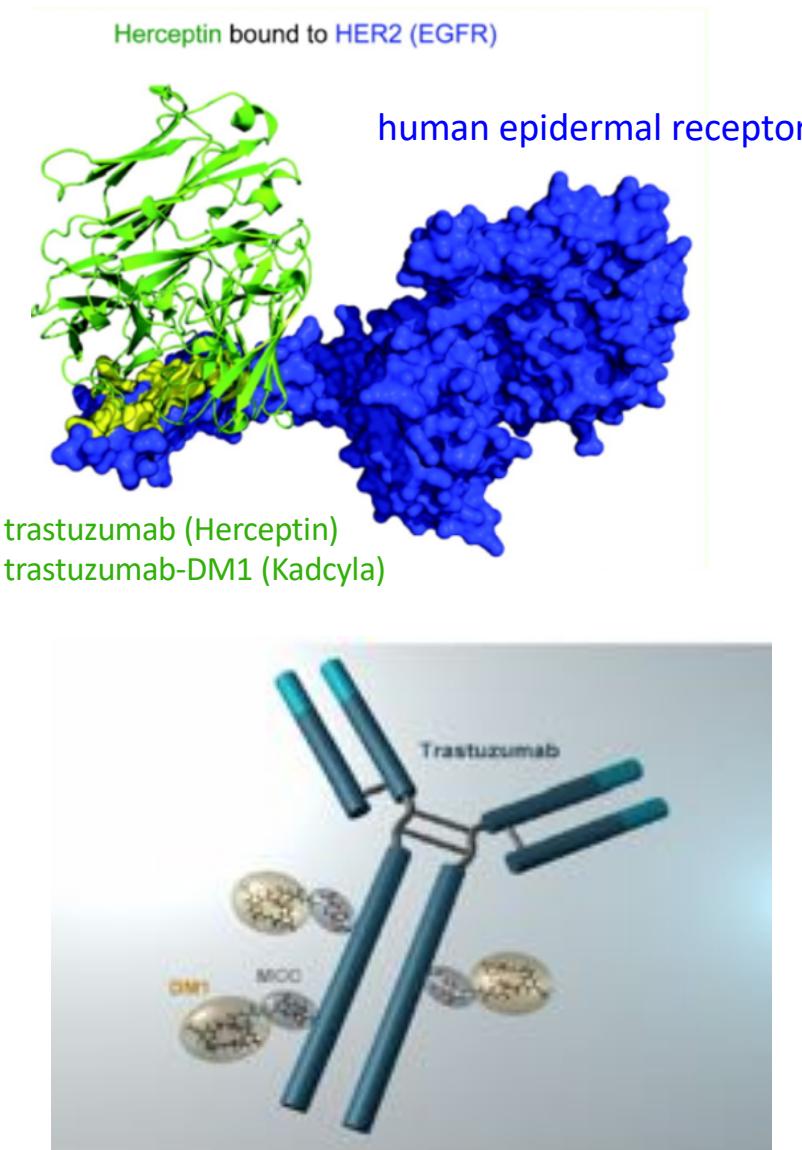


Figure 2 | Action of trastuzumab on breast cancer cells and on cardiomyocytes.

Potential myocardium damages ; reduction in left ventricular systolic function

# MABs are subjected to intense scrutiny in investigative toxicology



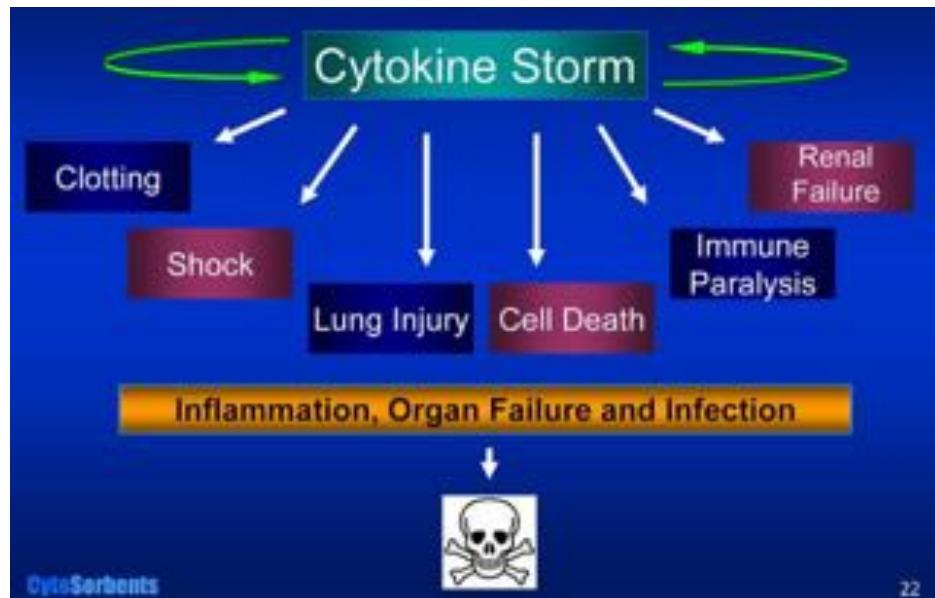
## ◆ Clinical signs of cytokine storm

- Early onset after 1st infusion with a mAb
- Signs and symptoms
  - Nausea, headache, fever, hypotension, hypoactivity, rash, shock, lower body temp., multiorgan failure
  - Neurological findings (encephalopathy, tremors, dizziness, seizures)
- Huge increases in cytokines and other mediators

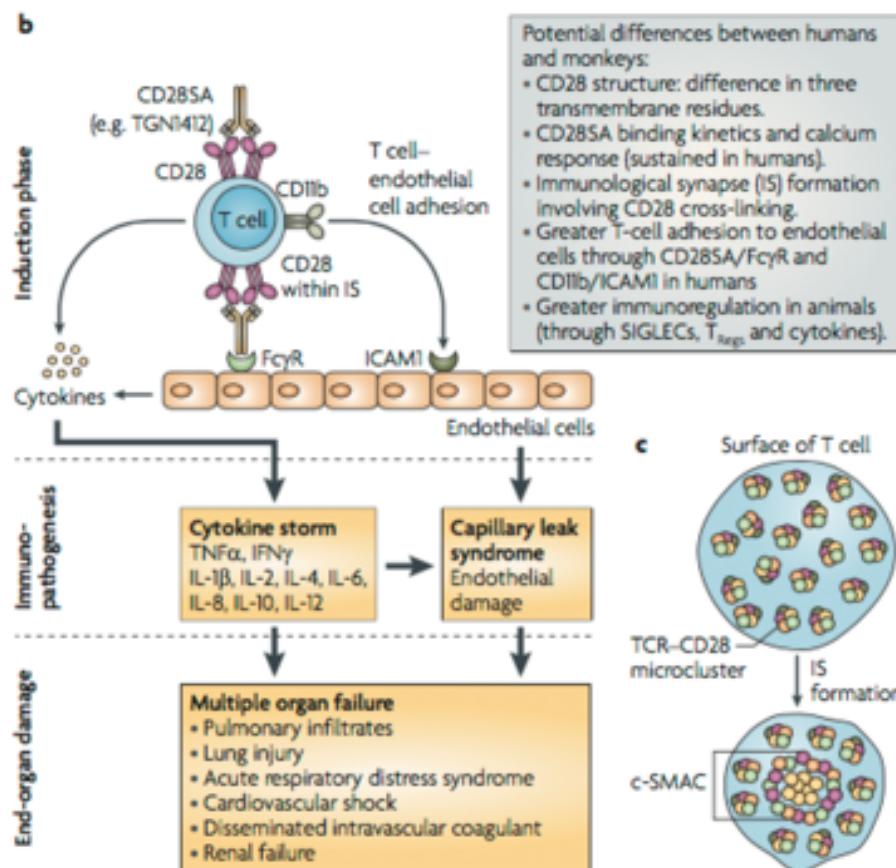
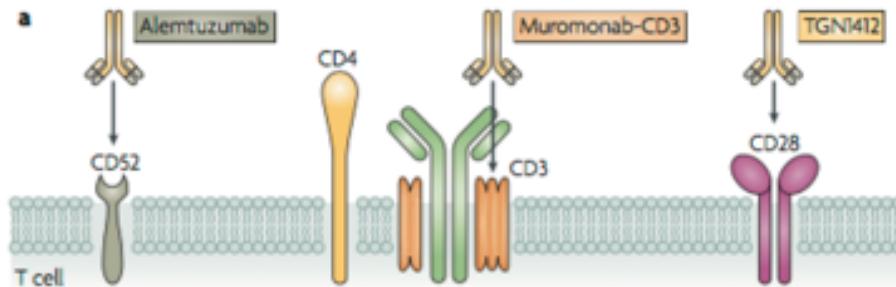
MOLECULAR BIOLOGY COMPLEX INCLUDING PATIENT HETEROGENEITY SAFETY HURDLE !

## ◆ Cytokine storm in patients first time treated with anti-CD28 mAb TGN1412

- Clinical signs: Severe symptoms, tissue damage, multiorgan failure
- Retrospectively, the mAb was shown to be a superagonist to CD28 with activation of all CD28<sup>+</sup> immune cells



# mAbs to CD28 fatal in early clinical development



## Mechanisms of adverse effects with mABs TGN1412 from discover to disaster

### ♦ Clinical signs of cytokine storm

- Early onset after 1st infusion with a mAb
- Signs and symptoms
  - Nausea, headache, fever, hypotension, hypoactivity, rash, shock, lower body temp., multiorgan failure
  - Neurological findings (encephalopathy, tremors, dizziness, seizures)
- Huge increases in cytokines and other mediators

### ♦ Cytokine storm in patients first time treated with anti-CD28 mAb TGN1412

- Clinical signs: Severe symptoms, tissue damage, multiorgan failure
- Retrospectively, the mAb was shown to be a superagonist to CD28 with activation of all CD28 $^+$  immune cells

After very first infusion of a **dose 500 times smaller** than that found safe in animal studies, all six human volunteers faced life-threatening conditions involving multiorgan failure for which most survived to ICU.



Figure 3 | Monoclonal antibodies and the cytokine storm. a | Surface receptors on



**Therapeutic index is given as follows :**

**Highest exposure without toxicity**  
**Pharmacologically efficacious exposure**

**Consider free exposure rather than dose !**

(use AUC, Cmax, IC50, not dose )

**Note: effective nor adverse dose/exposure is known for human at early stages  
hence **extrapolation** with surrogate variants such as exposure data !**

# Therapeutic index : why consider exposure rather than dose ?

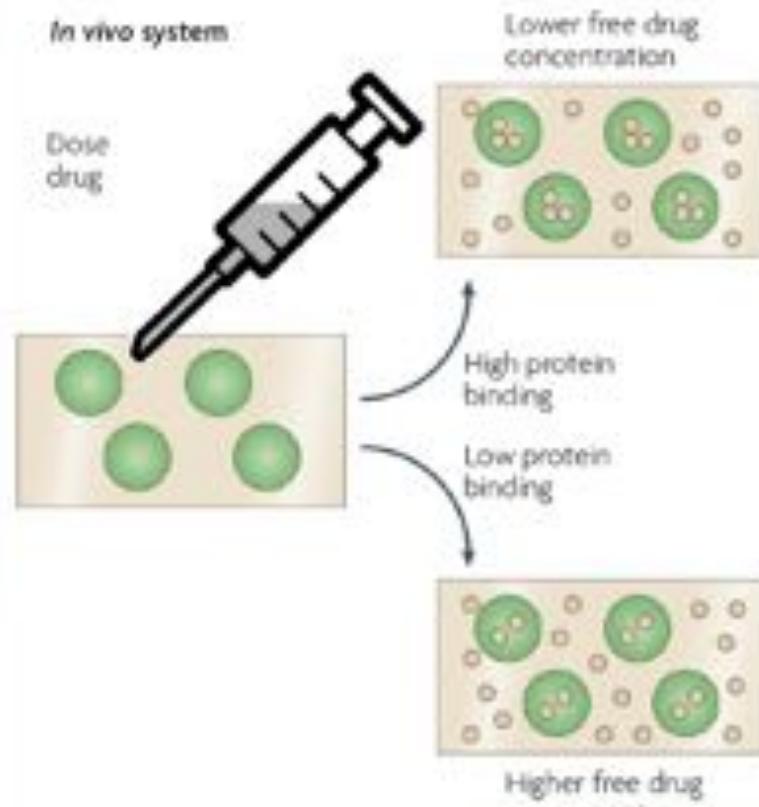


Dosage data is only comparable within same experimental setting:

- » Species (strain)
- » Genetics (gender, race)
- » Disease status / comorbidities
- » Route of administration
- » Formulation (eg suspension, tablet, capsule...)
- » *In vivo* vs *in vitro*

Free drug hypothesis:

- » The free drug concentration (ie. drug NOT bound to plasma proteins) at the site of action (tissue) exerts biological activity (pharmacology / toxicity)
- » In equilibrium, free tissue exposure generally reflects free plasma exposure



Smith DA, Di L, Kema EH  
The effect of plasma protein binding on in vivo efficacy: misconceptions in drug discovery.  
Nature Reviews Drug Discovery. 2010;9:929-39. [DOI: 10.1038/nrdd.2010.11](https://doi.org/10.1038/nrdd.2010.11)

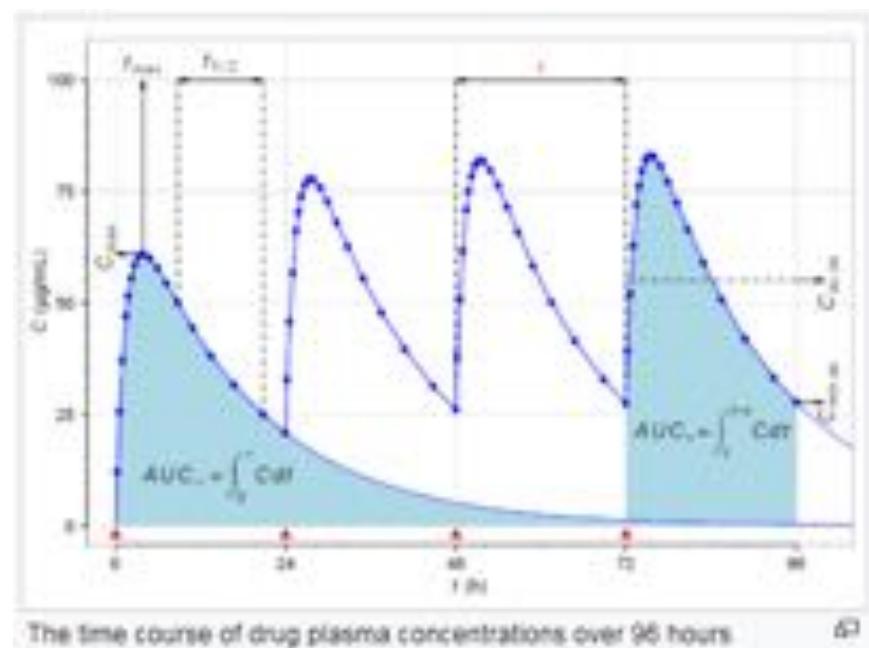
**PPB : plasma protein binding**

*caveat: every drug is different ; BBB, organ penetration, highly active uptake and/or export etc.*

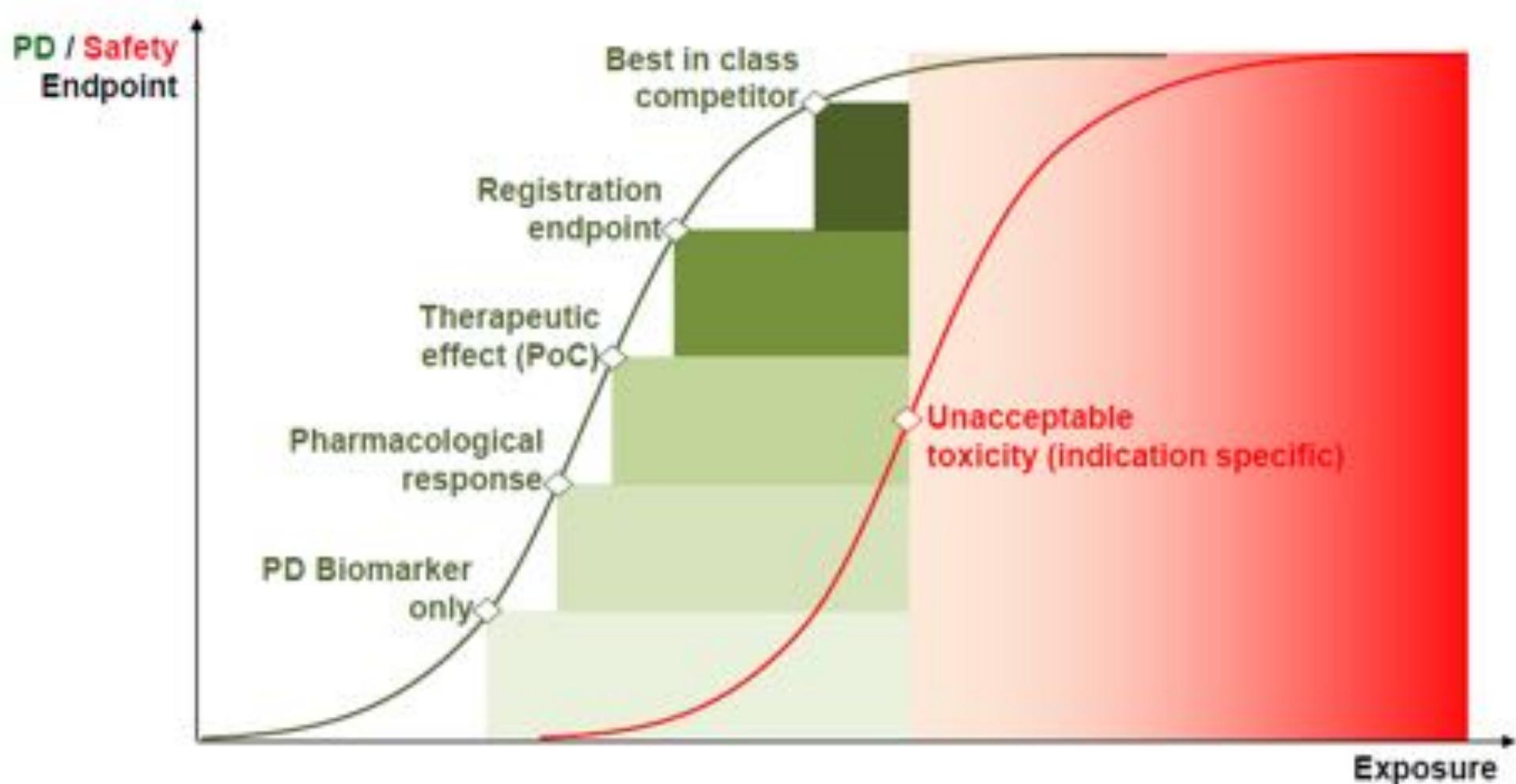
## Therapeutic index : estimate the probability of success



- » Free drug hypothesis states that the free drug concentration at the site of action exerts biological activity (pharmacology / toxicity)
- » In equilibrium, free tissue exposure generally reflects free plasma exposure
  - Free tissue exposure reflects plasma exposure
  - (for drugs with good membrane permeability, does not hold at BBB)
  - Free drug concentration reflects unbound drug to plasma proteins
  - (assess PPB plasma protein binding level → exposure -> TI)

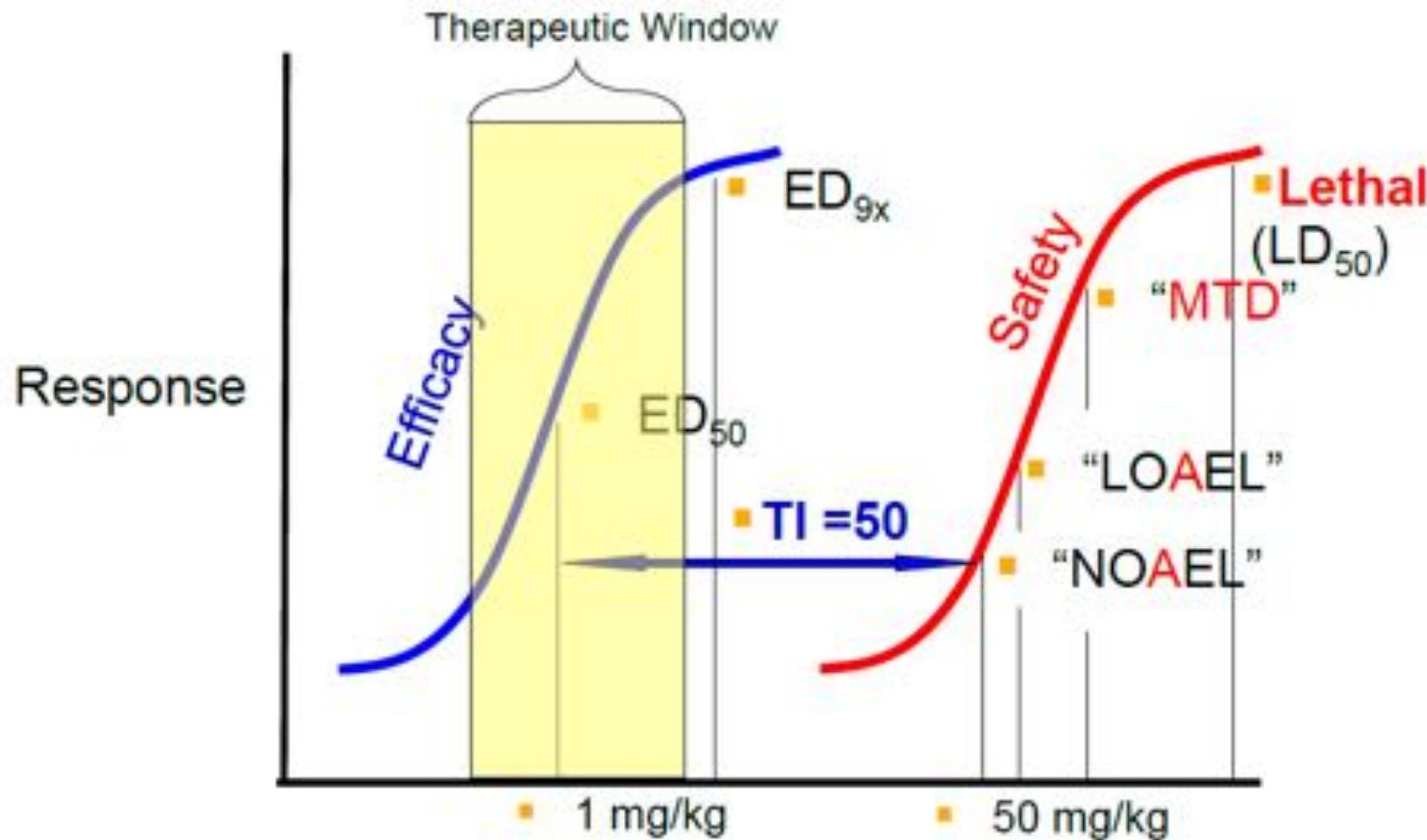


## Therapeutic index : estimate the probability of success



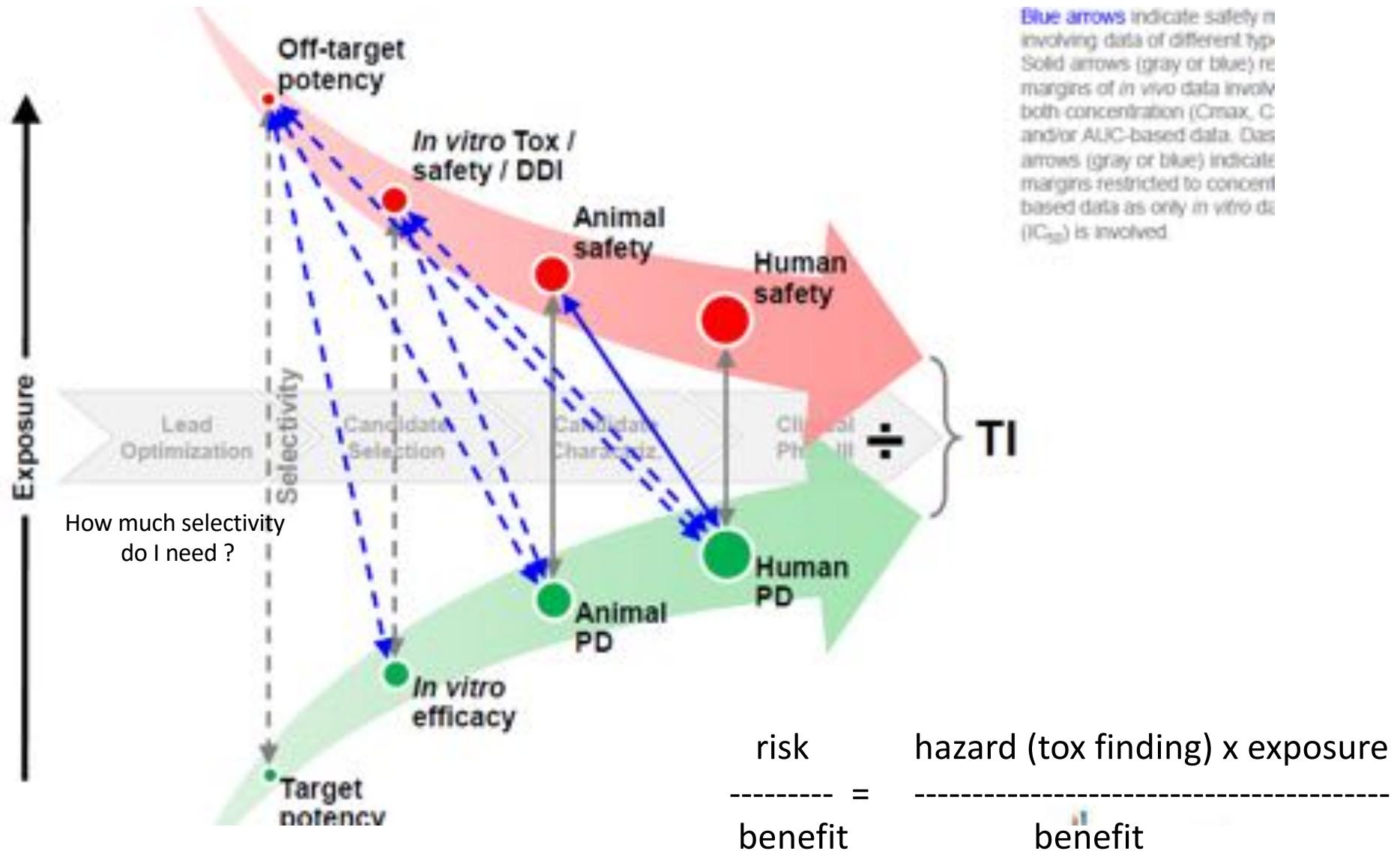
Safety is key differentiation criteria in particular for chronic disease targets !

## In vivo pharmacology : therapeutic index definition

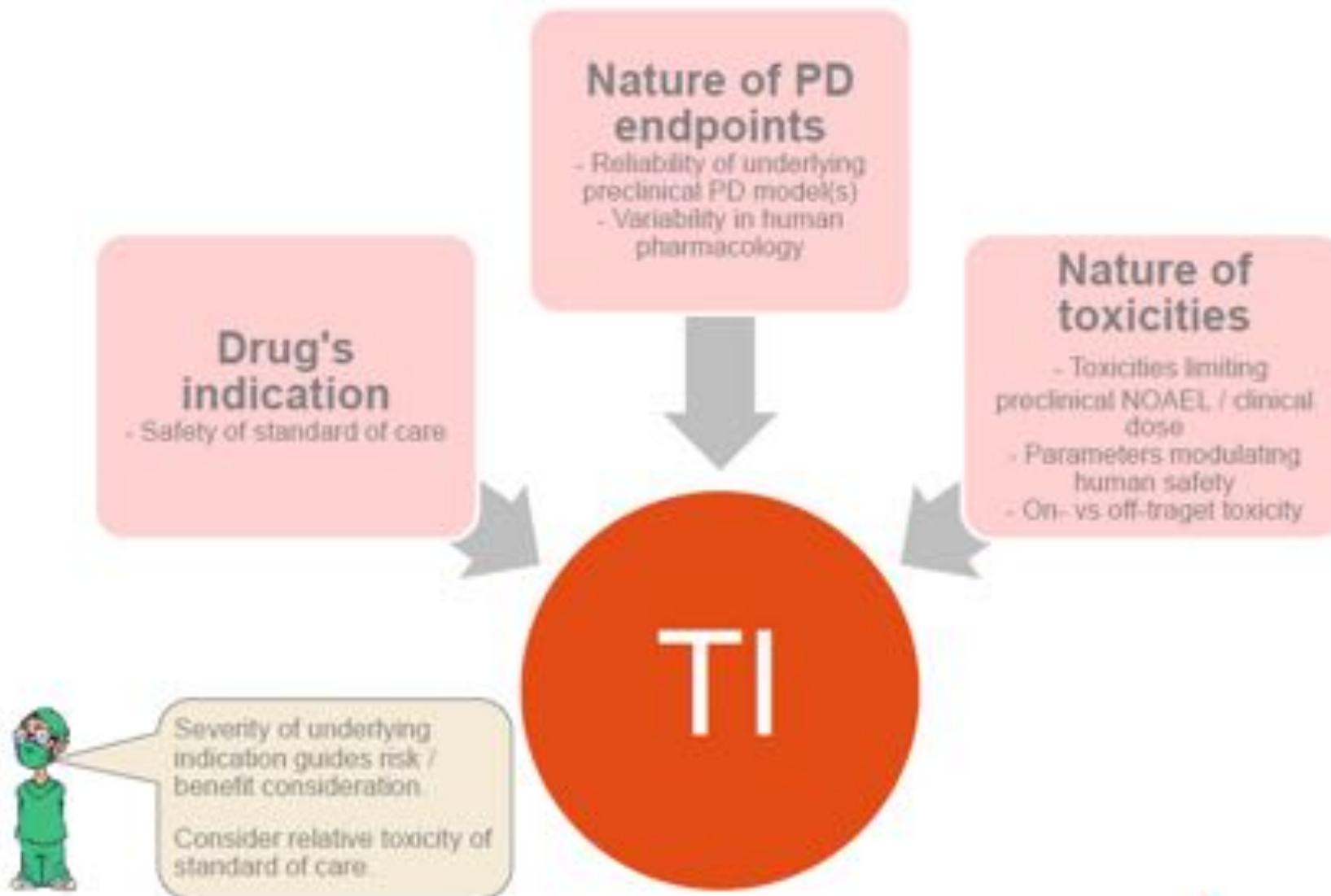


Safety is key differentiation criteria in particular for chronic disease targets !

# Therapeutic index : early stage assessment



# Therapeutic index



## Therapeutic index : numerical example



	Species	AUC <sub>total</sub> [ng*hrs/mL]	TI <sub>tot</sub>
Safety (NOAEL Exposure)	Dog	300	3
Efficacy (PD Exposure)	Rat	100	

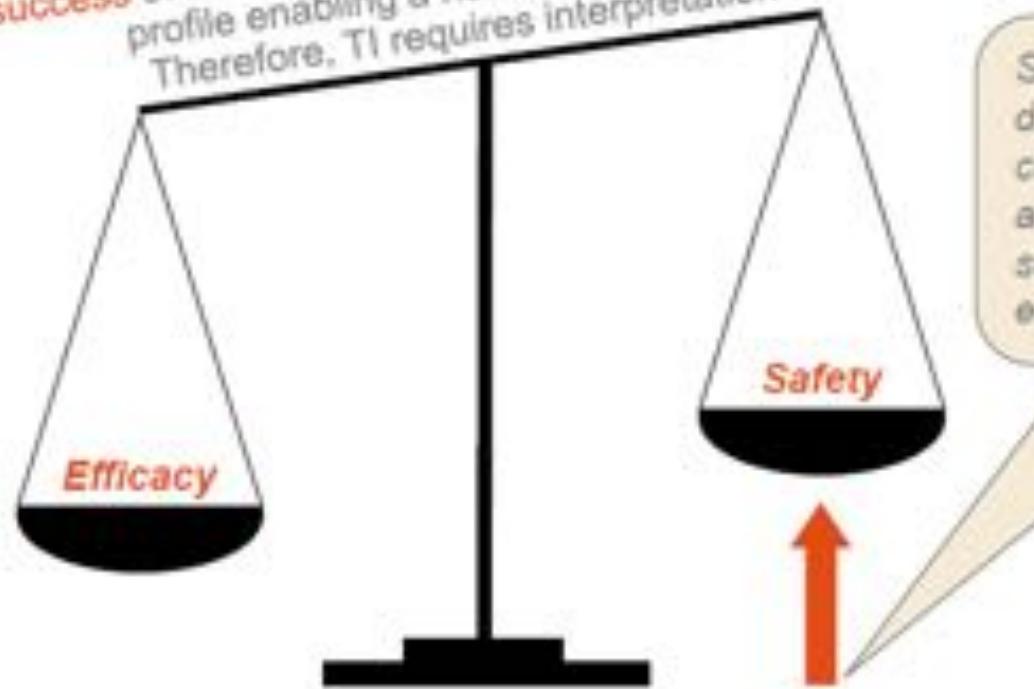
- » 'Lower' TIs may be impacted considerably based on PPB

Low TI acceptable only for life threatening indication, TI highly depending on PBP !

# Therapeutic index : paradigm in drug development



TI is an important parameter to estimate **probability of success** of a molecule re. its indication-specific safety profile enabling a risk benefit analysis. Therefore, TI requires interpretation !



*Safety as success factor of a drug is a key differentiation criterion and competitive advantage based on changing societal, legal and regulatory expectations.*



*Therapeutic index is a concept in which you combine the early stage risk:benefit values of a medicine as early as possible in development, before late clinical trials as you do not want to wait for an expensive phase II/III.*

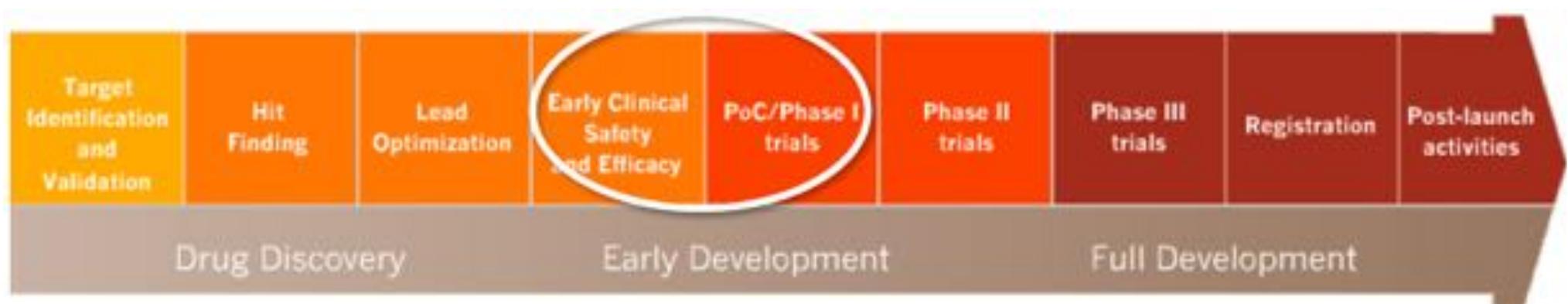
**PHARMACOLOGY MEETS WITH TOXICOLOGY !**



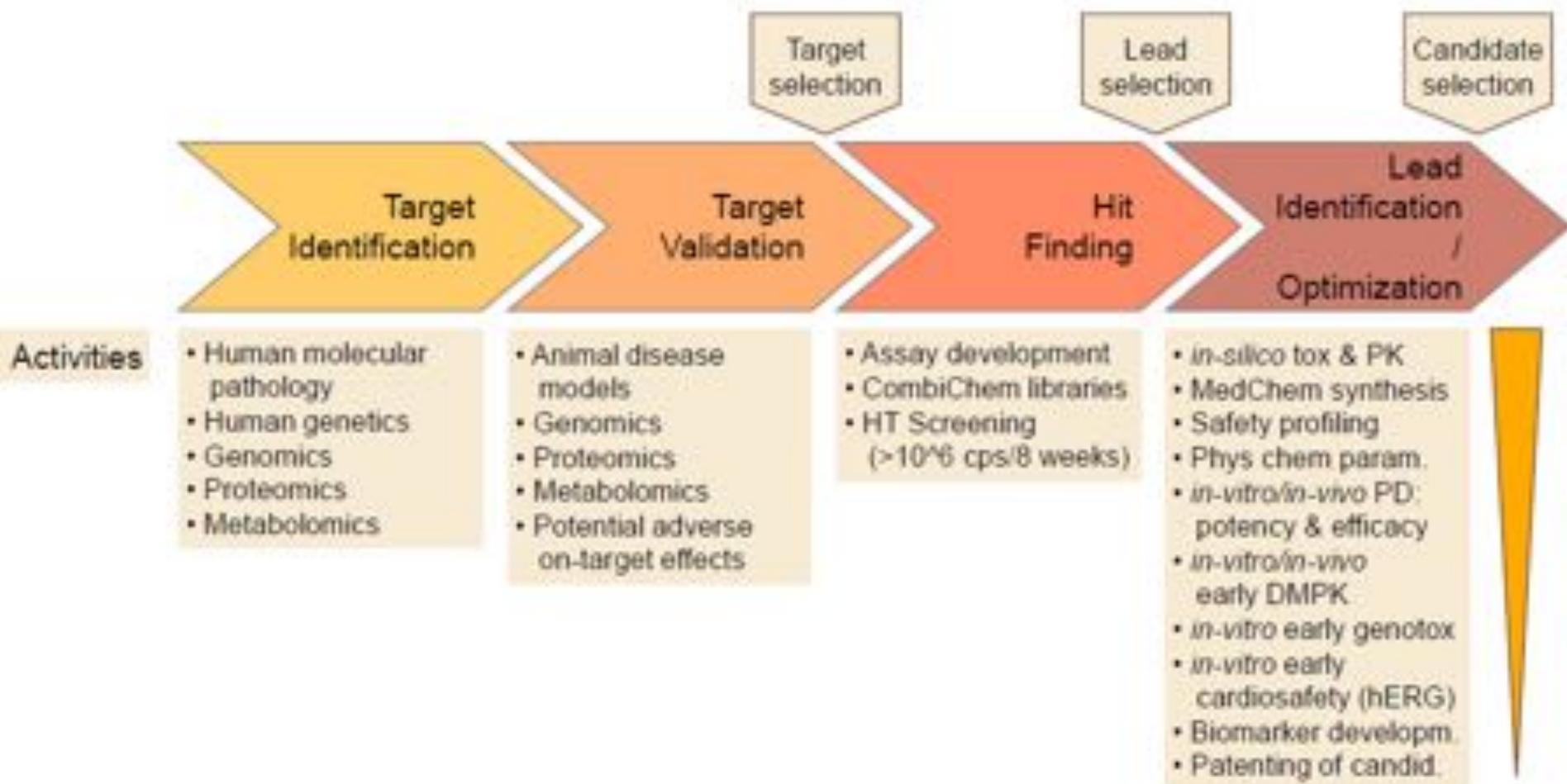
**ESTABLISHING THE INITIAL  
SAFETY PROFILE FOR A  
NOVEL MEDICINE  
REQUIRES EXTENSIVE TOX  
AND SAFETY  
PHARMACOLOGY STUDIES  
PERFORMED *IN SILICO*, *IN*  
*VITRO* AND IN  
PHARMACOLOGICAL  
APPROPRIATE MODELS**

**What makes FIH “first-in-human” clinical trials  
special ? first time ever !**

- No human exposure data ! (PK, PD, safety, tolerability)
- Which dose ? Safety margin ? NOAEL !
- Which formulation ?
- Which go no go criteria to set further clinical trials ?



# Key milestones in early development



# Case study : cardio safety assessment



hERG test (arrhythmia, torsade de pointe / ECG)

<http://onlinelibrary.wiley.com/doi/10.1002/med.20019/abstract;jsessionid=040FBD5912CB94D08E4F006C161CDBB8.f03t01>

**DESCRIBE HOW CARDIO SAFETY ASSESSMENTS ARE PERFORMED IN ORDER TO AVOID A CARDIAC DEATH OF A PATIENT**

WORKSHOP

## *QT Prolongation Through hERG K<sup>+</sup> Channel Blockade: Current Knowledge and Strategies for the Early Prediction During Drug Development*

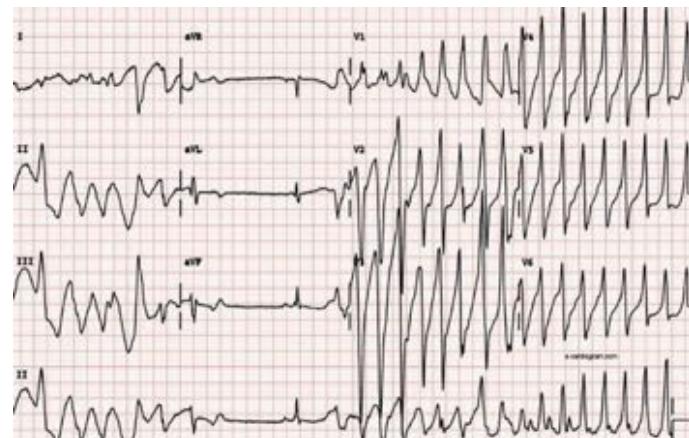
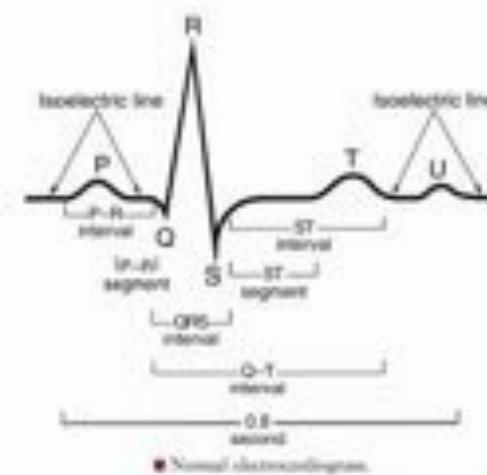
Maurizio Recanati,<sup>1</sup> Elisabetta Pollicino,<sup>2</sup> Matteo Moretti,<sup>1</sup> Andrea Gavalli,<sup>1</sup> Fabrizio De Ponti<sup>1</sup>

<sup>1</sup>Department of Pharmaceutical Sciences, via Belenzona 6, University of Bologna, I-40136 Bologna, Italy

<sup>2</sup>Department of Pharmacology, Via Impruneta 48, University of Bologna, I-40136 Bologna, Italy

Published online 16 August 2004 in Wiley InterScience (www.interscience.wiley.com). DOI: 10.1002/med.20019

**Abstract:** Prolongation of the QT interval of the electrocardiogram is a typical effect of Class III antiarrhythmic drugs, achieved through blockade of potassium channels. In the past decade, evidence has accrued that several classes of drugs used for non-cardiovascular indications may prolong the QT interval with the same mechanism (namely, human ether- $\alpha$ -go-go related gene



# Preclinical Clinical pharmacology and drug selection in vitro and in vivo models



Activities	Clinical Phase I	Clinical Phase IIa / IIb	Clinical Phase III	
QA Systems: GLP: preclin. GMP: manuf. GCP: clinical	<ul style="list-style-type: none"> <li>• in-vitro/in-vivo DMPK</li> <li>• in-vitro drug/drug interaction potential</li> <li>• ADME (radiolabel)</li> <li>• in-vitro genotox</li> <li>• Repeat dose tox (2w/4w)</li> <li>• in-vitro/in-vivo safety pharmacology</li> <li>• DS manufacturing</li> <li>• DP early formulation</li> </ul>	<ul style="list-style-type: none"> <li>• Human PK</li> <li>• Safety &amp; tolerability</li> <li>• Repeat dose tox (13w/26w)</li> <li>• In-vivo genotox</li> <li>• Seg. II reprotox</li> <li>• NR ADME</li> <li>• DP formulation: Clinical service form</li> </ul>	<ul style="list-style-type: none"> <li>• Human PD; ADME</li> <li>• Therapeutic exploratory trials (IIa, PoC)</li> <li>• Th. confirmatory trials (IIb)</li> <li>• Chron. tox (30w NR)</li> <li>• Seg. I reprotox</li> <li>• Immunotox</li> <li>• DS technical scale</li> </ul>	<ul style="list-style-type: none"> <li>• Extended human PD</li> <li>• Extended human safety</li> <li>• Registration (= pivotal) trials</li> <li>• Carcinogenicity (2y)</li> <li>• Seg. III reprotox</li> <li>• Market formulation</li> <li>• Pre-launch marketing</li> </ul>
# Subjects	20 - 60	100 - 300	1000 - 10000	Costs: >> 10^9 \$ for NME
Duration	1 year	1 year	1 - 2 years	30% Precl. 70% Clin.
# Compounds	30	10	5	MA: 1



## What is an IND?

(investigational new drug application)

- Application to FDA to seek permission to test a new drug (or biologic) in human
- Notice of Claimed Investigational Exemption for a New Drug
- Usually starts with Phase I Study
- 21 CFR 312

## CFR - Code of Federal Regulations Title 21

[FDA Home](#) [Medical Devices](#) [Databases](#)

▲



# INDs (investigational new drug application) : your ticket for first-entry-in human



U.S. Department of Health and Human Services

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## Drugs

Home > Drugs > Development & Approval Process (Drugs) > How Drugs are Developed and Approved > Types of Applications > Investigational New Drug (IND) Application

### Investigational New Drug (IND) Application

Emergency Investigational New Drug (EIND) Applications for Antiviral Products

IND Forms and Instructions

Investigator-Initiated Investigational New Drug (IND) Applications

Pre-IND Consultation Program

Regulatory Information for INDs

## Information for Sponsor-Investigators Submitting Investigational New Drug Applications (INDs)

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An Investigational New Drug Application (IND) is a request for Food and Drug Administration (FDA) authorization to administer an investigational drug to humans. Such authorization must be secured prior to interstate shipment and administration of any new drug that is not the subject of an approved new drug application.

IND regulations are contained in Title 21, Code of Federal Regulations, Part 312. Copies of the regulations, further guidance regarding IND procedures, and additional forms are available from the FDA Center for Drug Evaluation and Research, Drug Information Branch (HFD-210), 5600 Fishers Lane, Rockville, Maryland 20857, telephone (301) 827-4573 or toll free at 1-888-INFOFDA. In addition, forms, regulations, guidances, and a wide variety of additional information are available online on the FDA Web site.

The following instructions address only the administrative aspects of preparing and submitting an IND and are intended primarily to provide assistance to individual Sponsor-Investigator applicants, not pharmaceutical companies.

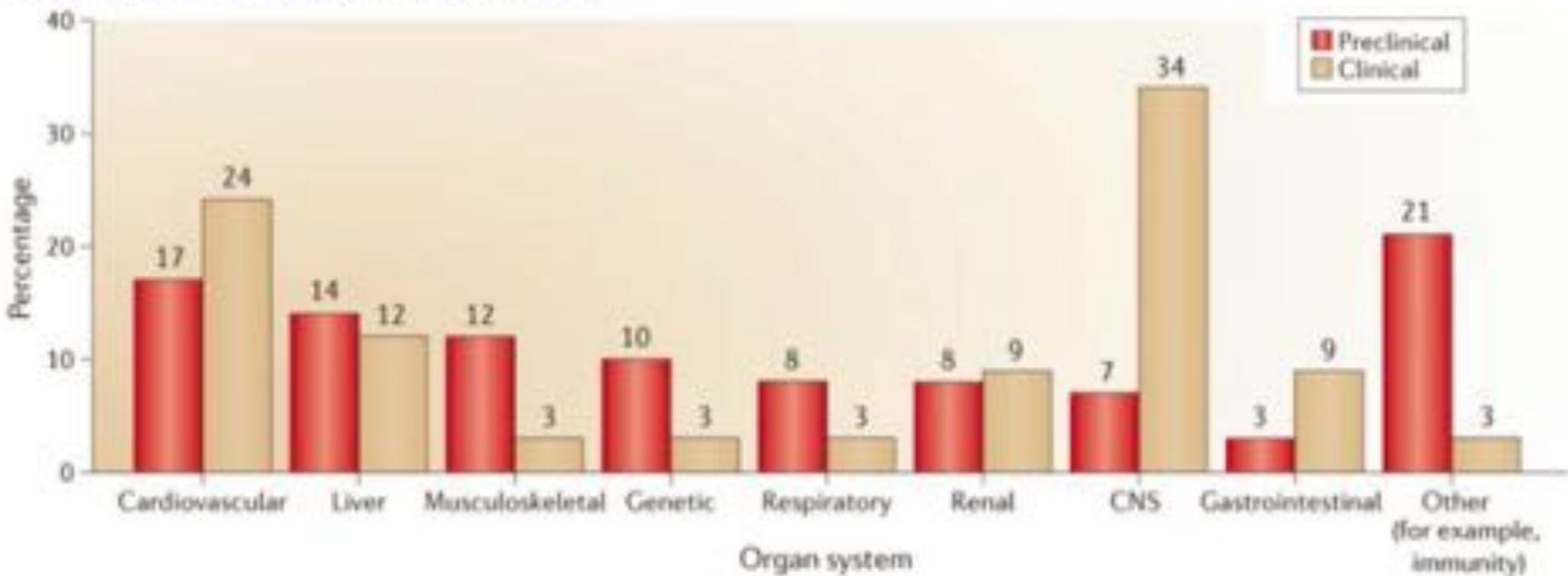
### Form 1571: Investigational New Drug Application

- [Form FDA 1571 \(PDF - 221KB\)](#) [Form FDA 1571 Instructions](#)

## Attrition rate at eg. Astra Zeneka portfolio 2005-2015



### a Organ systems involved in safety failures





## Drugs suspended from most but not all markets in the European Union and the United States

Drug name	Indication	Important ADRs
Alosetron (Lotronex)	Irritable bowel syndrome	Serious gastrointestinal events, especially ischemic colitis and constipation
Cisapride (Propulsid)	Gastroesophageal reflux disease	<u>Cardiovascular</u> (QT-interval prolongation, arrhythmias)
Phenylpropylamine (Proin)	Nasal decongestant, weight control	<u>Hemorrhagic stroke</u>
Sertindole (Serolect)	Schizophrenia	<u>Cardiovascular</u> (QT-interval prolongation, potentially fatal arrhythmias)
Tolcapone (Tasmar)	Parkinson's disease	<u>Hepatic toxicity</u>
Trovafloxacin (Trovan)	Antibiotic	<u>Hepatic toxicity</u>

## Investigative toxicology \_ ON vs OFF target



OFF target



ON target



WHAT HAPPENS WHEN A NEW MEDICINE INADVERTEDLY TARGETS UNWANTED PATHWAY/MOLECULES? CONSEQUENCES CAN BE FATAL UNLESS YOU CAN PREDICT/DETECT OFF TARGETS BEFORE ENTERING CLINICAL DEVELOPMENT !

# “Cerep Eurofins” in vitro pharmacology\_ ON vs OFF target



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## Services

### In Vitro Pharmacology

#### Selectivity Panels

GPCRs

Kinases

Ion Channels

Epigenetics

Nuclear Receptors

Transporters

PDEs

Proteases

Ubiquitin

Phosphatases

Cytochrome P450

Cell Based Phenotypic

Efficacy

ADME / Tox

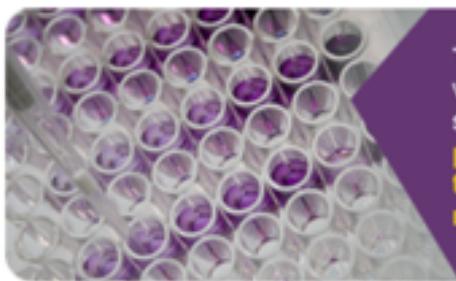
Custom Services

Data Portal

**A tailored solution to help de-risk  
your compounds during the  
discovery phase**



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we're evolving the science of  
safety and liability testing,  
providing thought leadership  
that advances adverse drug  
reaction research.



Providing critical early assessment across a range of targets, our safety and liability service panels use a combination of functional and binding assays to empower you to make better decisions. When you know everything you can about your drug candidates, including potential off-target liabilities, you'll avoid costly setbacks and develop more promising compounds, faster.

Each of our safety and liabilities panels were specifically chosen for their relevance to critical diseases and biological processes, including neurotoxicity, cytotoxicity, cardiac function, immunoprotection, diabetes, inflammation, and gastrointestinal functions. These panels can provide early identification of potential adverse activity in order to help you optimize your drug's safety margins.

**Profiles matched to the stage of your project:**

- Hit to lead panels

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## OFF TARGET : EROFINS CEREP !



### Chemistry

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### In Vitro Assays

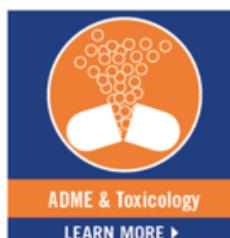
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### In Vivo

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Work with our partner lab, Pharmacology Discovery Services, for non-GLP safety and efficacy in vivo studies.



# “Cerep Eurofins” comprehensive collection of in vitro pharmacology assays



FAMILY	ASSAY	Agonist radioligand	REF.
<b>■ GPCR</b>			
ADENOSINE	A <sub>2A</sub>	• † 0004	
ADRENERGIC	alpha <sub>1A</sub>	† 2338	
	alpha <sub>2A</sub>	† 0013	
	beta <sub>1</sub>	• † 0018	
	beta <sub>2</sub>	• † 0020	
CANNABINOID	CB <sub>1</sub>	• † 0036	
	CB <sub>2</sub>	• † 0037	
CHOLECYSTOKININ	CCK <sub>1</sub> (CCK <sub>A</sub> )	• † 0039	
DOPAMINE	D <sub>1</sub>	† 0044	
	D <sub>2S</sub>	• † 1322	
ENDOTHELIN	ET <sub>A</sub>	• † 0054	
HISTAMINE	H <sub>1</sub>	† 0870	
	H <sub>2</sub>	† 1208	
MUSCARINIC	M <sub>1</sub>	† 0091	
	M <sub>2</sub>	† 0093	
	M <sub>3</sub>	† 0095	
OPIOID & OPIOID-LIKE	delta <sub>2</sub> (DOP)	• † 0114	
	kappa (KOP)	• 1971	
	mu (MOP)	• † 0118	
SEROTONIN	5-HT <sub>1A</sub>	• † 0131	
	5-HT <sub>1B</sub>	0132	
	5-HT <sub>2A</sub>	• † 0471	
	5-HT <sub>2B</sub>	• † 1333	
VASOPRESSIN	V <sub>1A</sub>	• † 0159	
<b>■ TRANSPORTERS</b>			
DOPAMINE	dopamine transporter	† 0052	
<b>■ ION CHANNELS</b>			
NOREPINEPHRINE	norepinephrine transporter	† 0355	
SEROTONIN	5-HT transporter	† 0439	
<b>■ NUCLEAR RECEPTORS</b>			
STEROID NUCLEAR RECEPTORS	AR	• † 0933	
	GR	• † 0469	
<b>■ KINASES</b>			
CTK	Lck kinase	† 2906	
<b>■ OTHER NON-KINASE ENZYMES</b>			
AA METABOLISM	COX <sub>1</sub>	† 0726	
	COX <sub>2</sub>	† 0727	
MONOAMINE & NEUROTRANSMITTER	acetylcholinesterase	† 0363	
PHOSPHODIESTERASES	MAO-A	0443	
	PDE3A	† 2432	
	PDE4D2	† 2434	

† human    ■ standard turnaround time

TABLE 4

Broad Cerep screen undertaken to determine the pharmacological activity of fenobam

Target	% Control (10 $\mu$ M)	Target	% Control (10 $\mu$ M)
A <sub>1</sub> (h)	89.9	Opiate (nonsel)	114.8
A <sub>2A</sub> (h)	96.7	ORL1 (h)	101.4
A <sub>3</sub> (h)	35.3	PCP	95.3
$\alpha_1$ (nonsel)	103.3	P2X	108.5
$\alpha_2$ (nonsel)	102.1	P2Y	95.8
$\beta_1$ (h)	95.9	5-HT (nonsel)	94.1
$\beta_2$ (h)	79.0	$\sigma_1$	88.2
AT <sub>1</sub> (h)	91.2	$\sigma_2$	79.2
AT <sub>2</sub> (h)	109.6	Glucocorticoid (h)	96.7
GABA <sub>A</sub> -BZD	97.6	Estrogen (h)	100.2
B <sub>1</sub>	108.5	Progesterone (h)	105.8
B <sub>2</sub> (h)	102.1	Androgen (h)	108.0
CB <sub>1</sub> (h)	95.0	TRH	90.6
CB <sub>2</sub> (h)	100.5	V <sub>1</sub>	103.7
CCK <sub>A</sub> (h)	112.8	V <sub>2</sub> (h)	109.4
CCK <sub>B</sub> (h)	84.8	Ca <sup>2+</sup> L channel (DHP)	96.7
CRF <sub>1</sub>	106.9	Ca <sup>2+</sup> L channel (dilt)	104.6
D <sub>1</sub> (h)	100.0	Ca <sup>2+</sup> L channel (verap)	150.9
D <sub>2</sub> (h)	95.3	K <sup>+</sup> ATP channel	136
D <sub>3</sub> (h)	100.6	K <sup>+</sup> V channel	103.6
D <sub>4,4</sub> (h)	86.7	SK <sup>+</sup> Ca <sup>2+</sup> channel	97.9
ET <sub>A</sub> (h)	93.3	Na <sup>+</sup> channel	88.9
ET <sub>B</sub> (h)	85.1	Cl <sup>-</sup> channel	103.7
GABA (nonsel)	107.5	ADO transporter	99.6
AMPA	93.1	NE transporter (h)	99.9
Kainate	103.2	DA transporter (h)	98.2
NMDA	91.9	GABA transporter	104.7
Glycine (strych-sens)	126.2	Choline transporter	81.4
Glycine (strych-insens)	104.1	5-HT transporter (h)	101.2
H <sub>1</sub>	89.9	PDE I	100.3
H <sub>2</sub>	97.6	PDE II (h)	99.1
H <sub>3</sub>	89.8	PDE III (h)	95.9
I <sub>1</sub>	83.2	PDE IV (h)	93.4
I <sub>2</sub>	66.3	PDE V (h)	106.3
LTB <sub>4</sub> (h)	99.0	PKC	96.0
LTD <sub>4</sub> (h)	106.2	COMT	98.9
MC <sub>4</sub> (h)	92.2	GABA transaminase	94.6
M (nonsel)	94.6	Glu. decarboxylase	105.7
NK <sub>1</sub> (h)	102.2	MAO-A (h)	70.5
NK <sub>2</sub> (h)	89.7	PNMT	88.9
NK <sub>3</sub> (h)	104.1	TH	122.6
NPY (nonsel)	102.5	ATPase	97.4
N (neuronal)	119.4	Acetylcholinesterase (h)	98.5

h, human; nonsel, nonselective; NMDA, N-methyl-D-aspartate; AMPA,  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid; PDE, phosphodiesterase; PKC, protein kinase C; PNMT, phenylethanolamine-N-methyltransferase; MAO-A, monoamine oxidase-A; COMT, catechol-O-methyl transferase; LTB<sub>4</sub>, leukotriene B<sub>4</sub>; LTD<sub>4</sub>, leukotriene D<sub>4</sub>; NPY, neuropeptide Y; ET, endothelin; CRF, corticotrophin-releasing factor; CCK, cholecystokinin; CB, cannabinoid; 5-HT, serotonin; TRH, thyrotrophin-releasing factor; DHP, dihydropyridine; ADO, adenosine; NE, norepinephrine; DA, dopamine; TH, tyrosine hydroxylase; Dilt, diltiazem; Verap, verapamil; PCP, phenylcyclidine; P2X, purinergic 2X; P2Y, purinergic 2Y; BZD, benzodiazepine.

## OFF TARGET : EROFINS CEREP ! eg mGluR5 selective antagonist (anxiolytic)

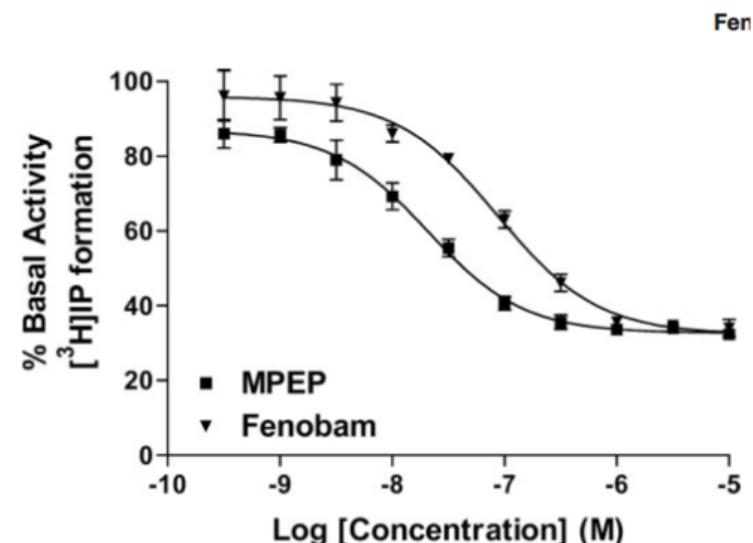
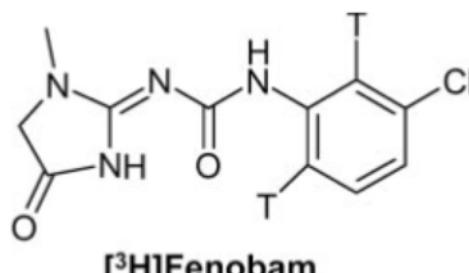
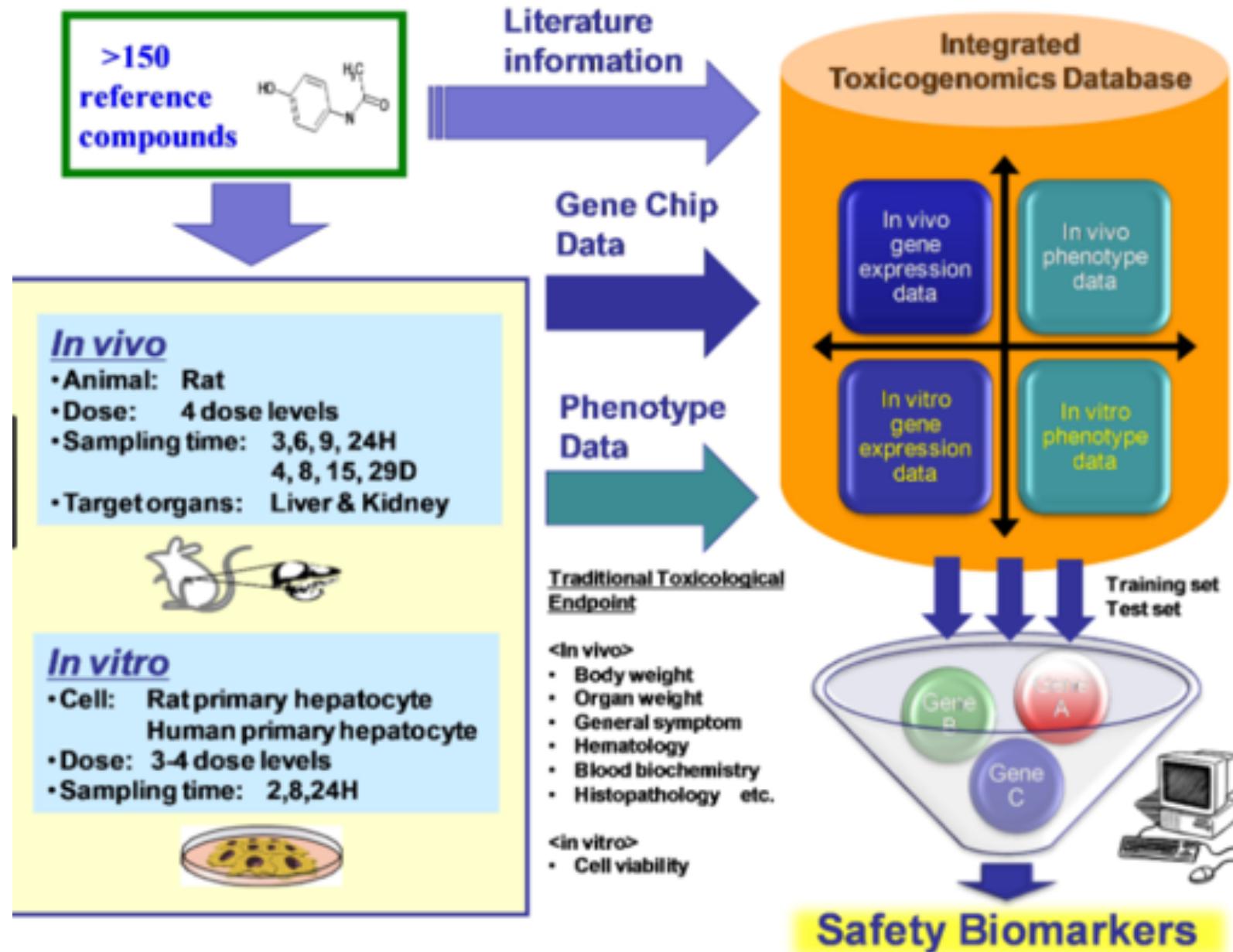


Fig. 5. Inhibition of mGlu5 basal activity by fenobam and MPEP. The

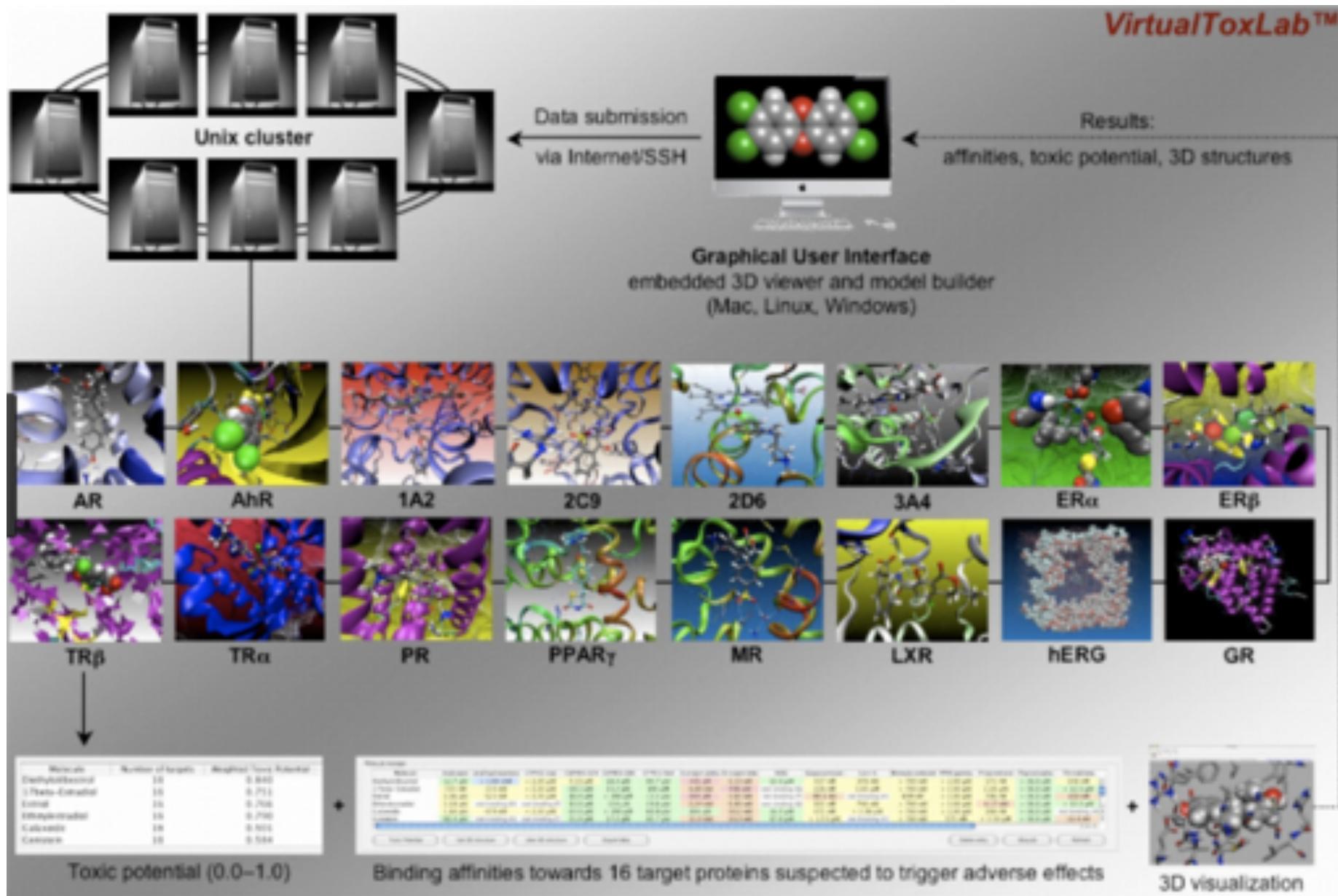


profile at Cerep (Paris, France) ([www.cerep.fr](http://www.cerep.fr)). Fenobam was considered inactive (<50% activity at 10  $\mu$ M) at all targets tested with the exception of the adenosine A<sub>3</sub> receptor, where it caused a 65% displacement of specific binding at 10  $\mu$ M (Table 4).

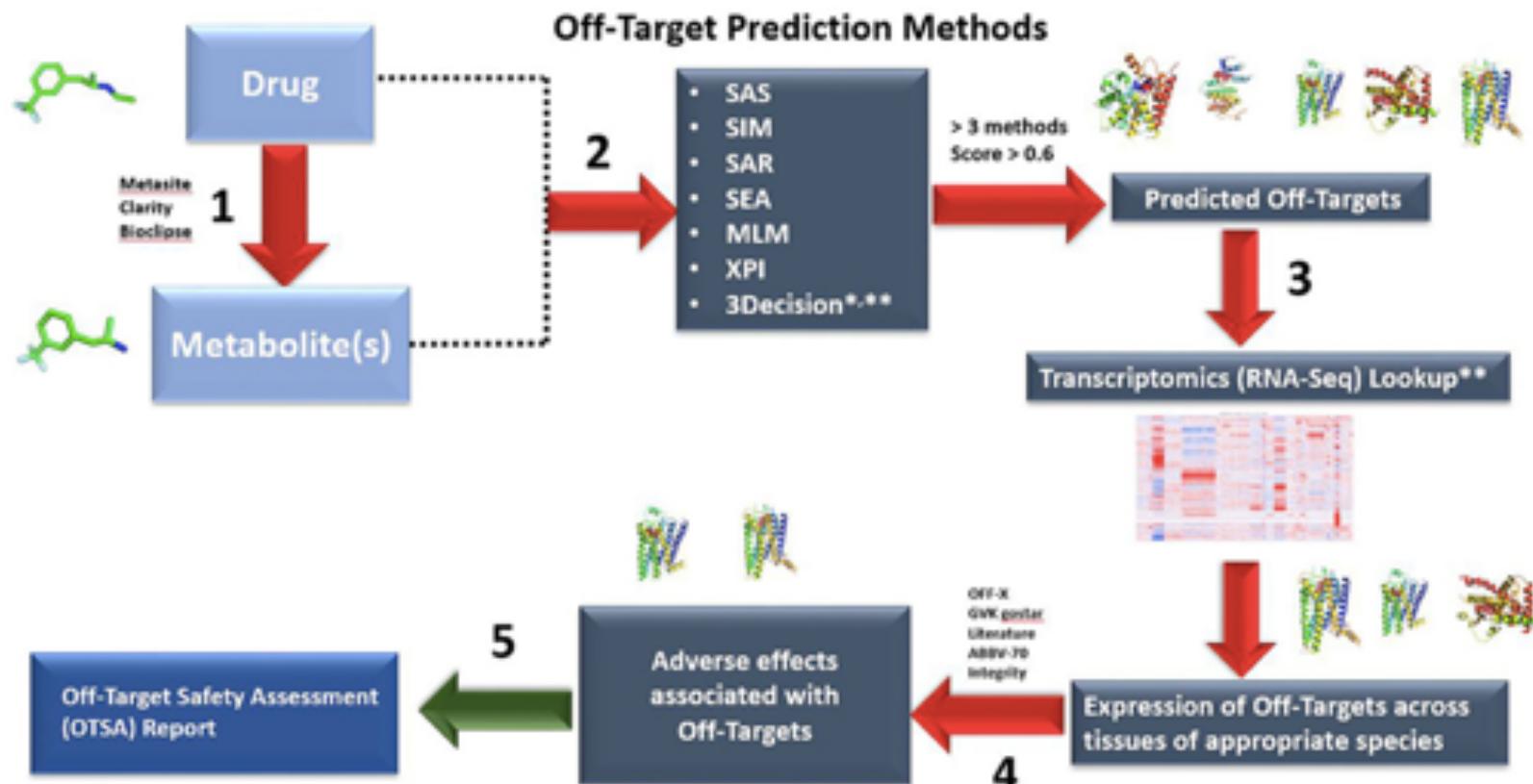
# The Making Of An Innovative Medicine: toxicogenomics



# In silico toxicology : how close to patients safety ?



# OFF TARGET : EROFINS CEREP !



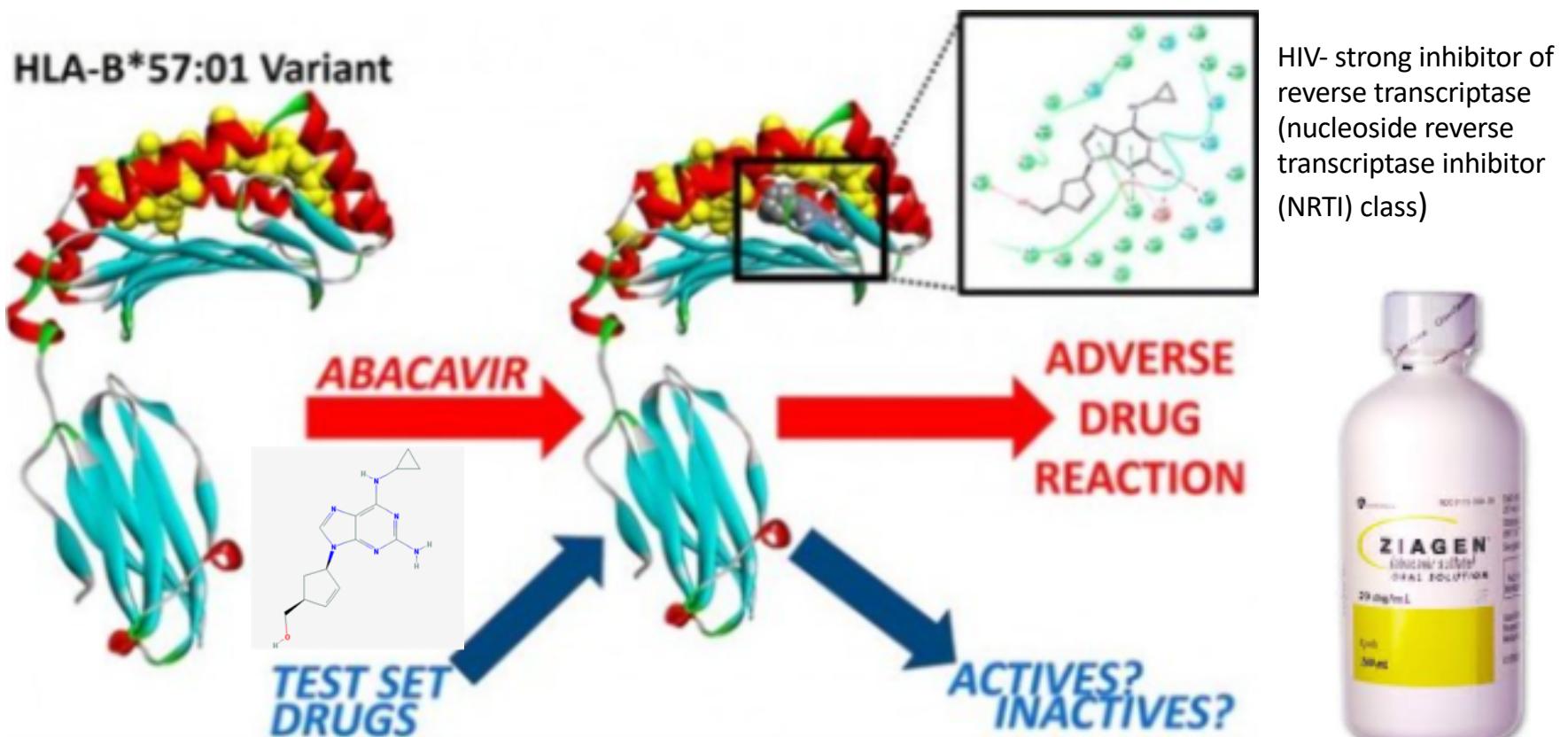
\* Not considered for scoring. \*\* Not used for assessing very large data sets such as approved and discontinued drug databases.

# Modeling of drug adverse effects : *in silico* model of idiosyncratic reactions



HLAs (human leukocyte antigens) encode the MHC class I, II and III (major histocompatibility complex)

HLAs surface proteins are directly involved in idiosyncratic adverse drug reactions



NC State University researchers looked at what happens at the molecular level when abacavir interacts with a variant of a human leukocyte antigen known as HLA-B\*57:01.

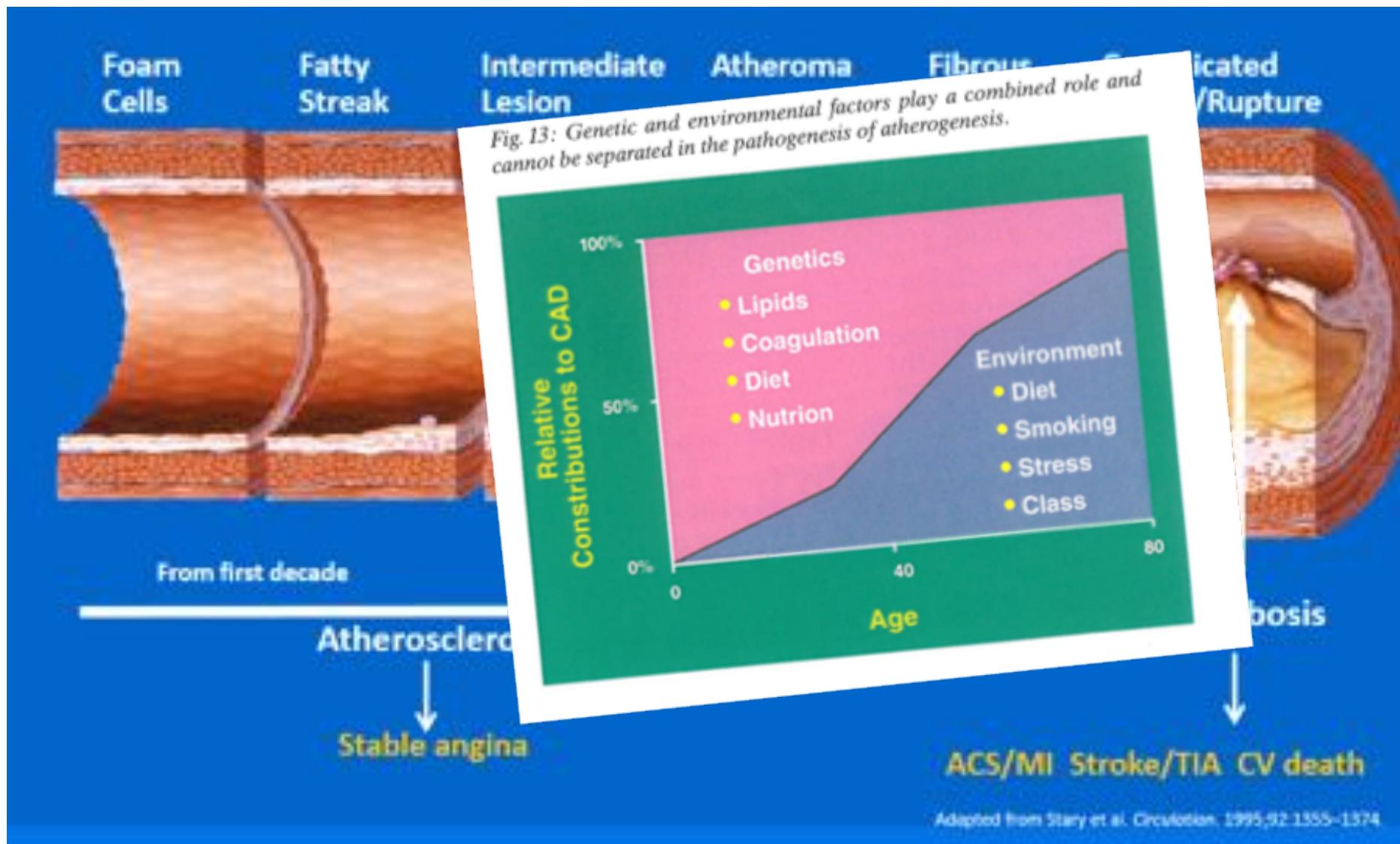
Abacavir (Ziagen): AIDS patients suffer from hypersensitivity reactions (off target)

Credit: North Carolina State University

Van Den Driessche G, Fourches D (2017) J Cheminformatics 9: 1-17



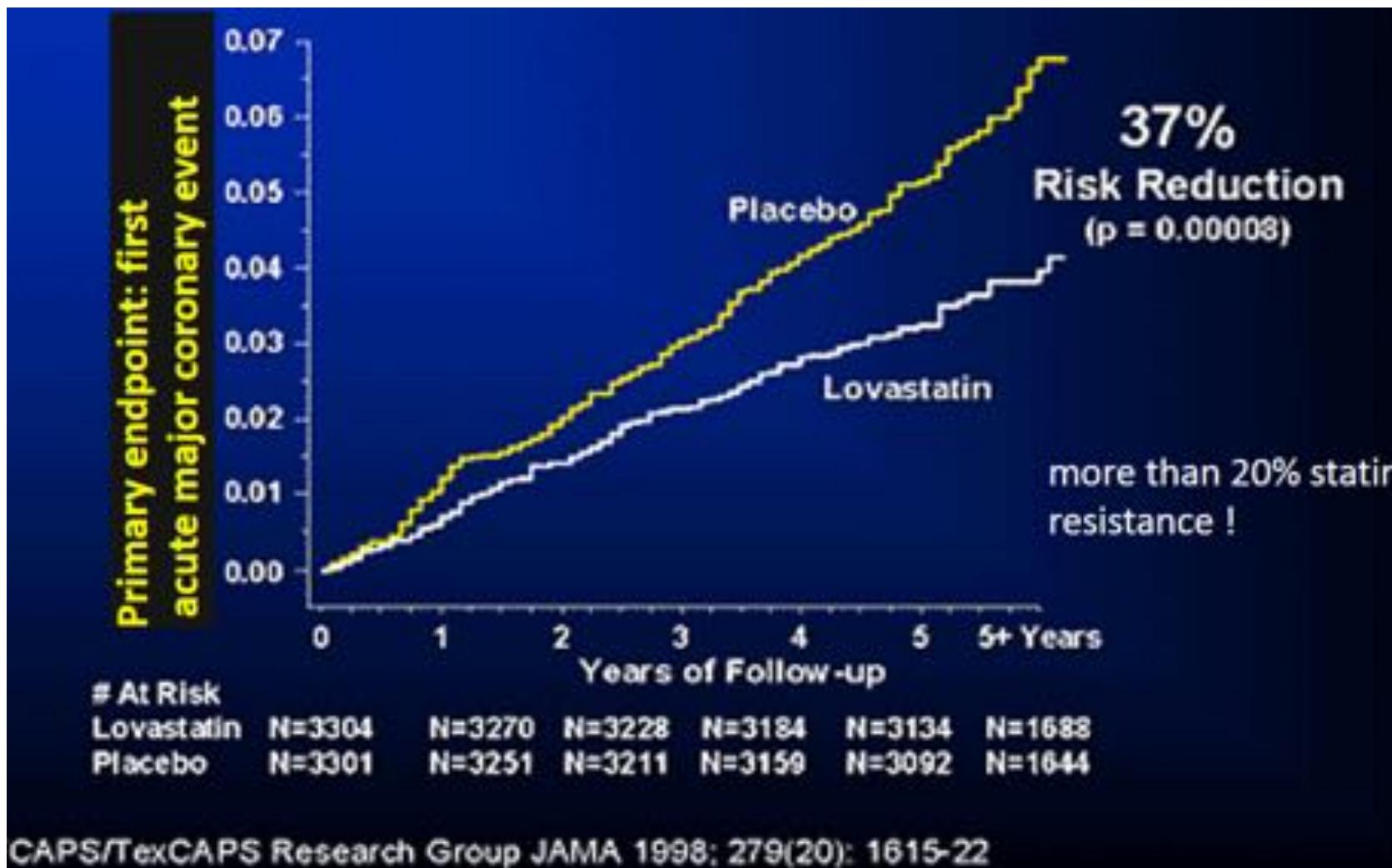
## The CYP11B2 story and Torcetrapib



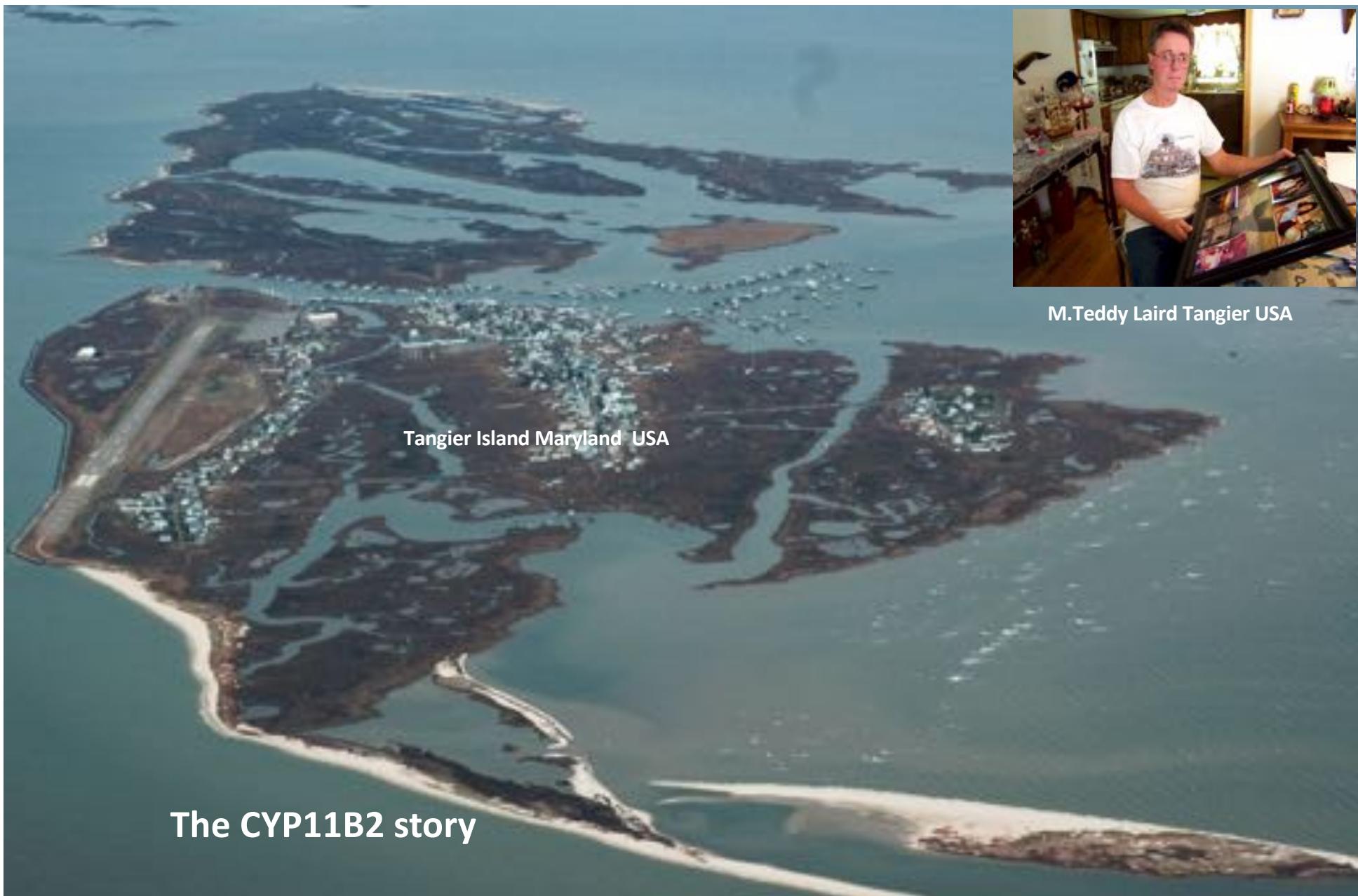
## Reduction of LDL levels improves ACS endpoints



### The CYP11B2 story and Torcetrapib

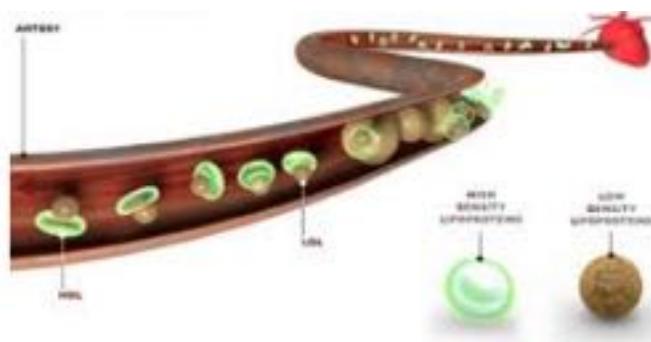


# ABCA1 transporter mutations : Tangier Island USA



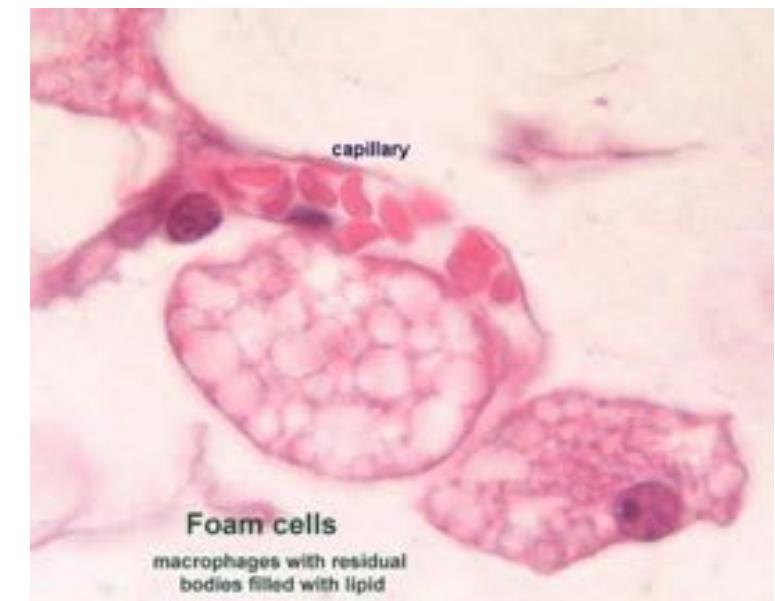
M.Teddy Laird Tangier USA

## ABCA1 transporter mutations : Tangier Island MD USA



Mr Teddy Laird, origin from Tangier Island is in his 50's now. His health is deteriorating from "Tangier" disease; HIS DAD PASSED AWAY FROM TANGIER disease; his sister passed away from the disease. Each of the family member had issues due to the "Tangier" disease (hypercholesterolaemia)

Teddy's sister and investigation revealing an extremely high number of foam cells in not only the tonsils but a wide range of tissues including the bone marrow and spleen, a second trip to the island was made and the discovery was made of **very low HDL cholesterol** in both the sister and parents of Teddy, evidence for a genetic basis of the disease.





# Tangier Disease (Familial High Density Lipoprotein Deficiency)\*

*Clinical and Genetic Features in Two Adults*

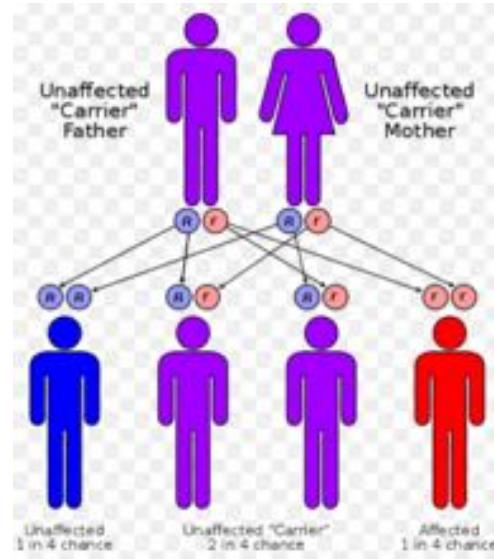
HARRY N. HOFFMAN, II, M.D. and DONALD S. FREDRICKSON, M.D.

*Rochester, Minnesota*

*Bethesda, Maryland*



Donald S. Fredrickson, MD;  
photo courtesy of NIH.

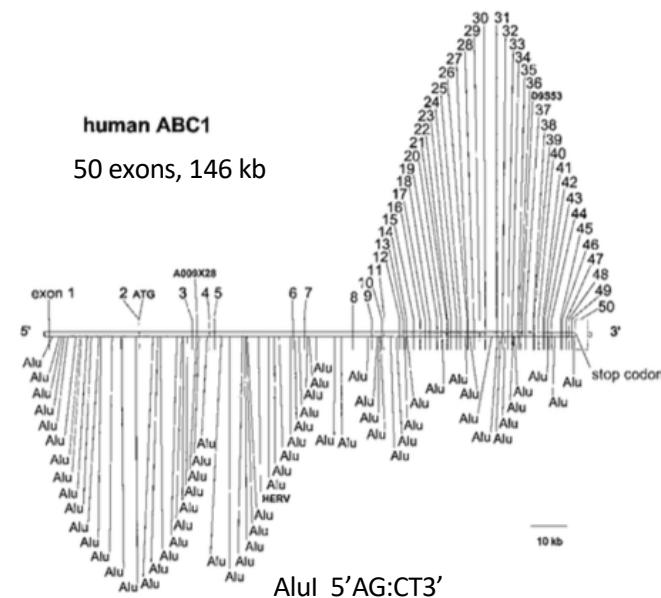
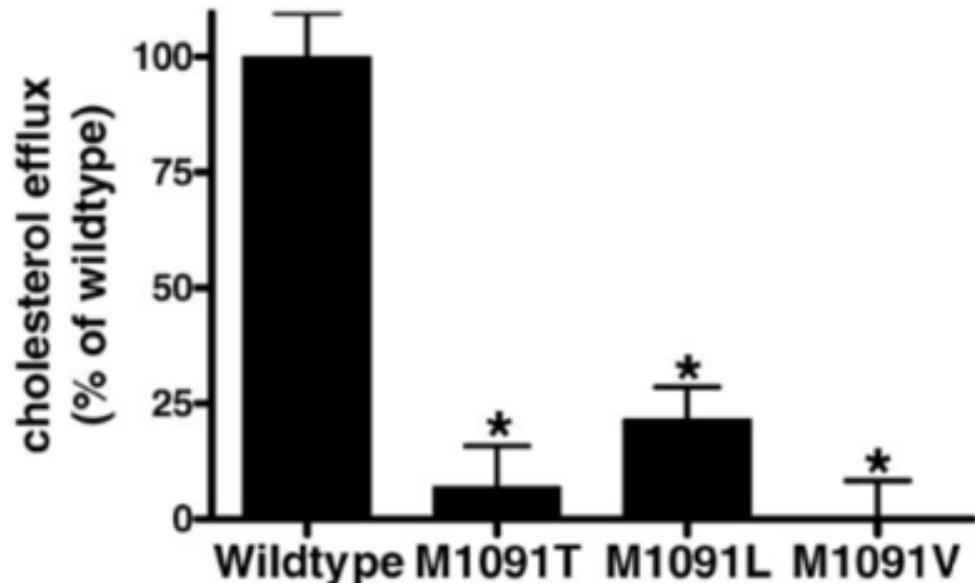




# Accurate Prediction of the Functional Significance of Single Nucleotide Polymorphisms and Mutations in the *ABCA1* Gene

Liam R. Brunham<sup>1</sup>, Roshni R. Singaraja<sup>1</sup>, Terry D. Pape<sup>1</sup>, Anish Kejariwal<sup>2</sup>, Paul D. Thomas<sup>2</sup>, Michael R. Hayden<sup>1\*</sup>

**1** Centre for Molecular Medicine and Therapeutics, Department of Medical Genetics, Child and Family Research Institute, University of British Columbia, Vancouver, British Columbia, **2** Computational Biology, Applied Biosystems, Foster City, California, United States of America

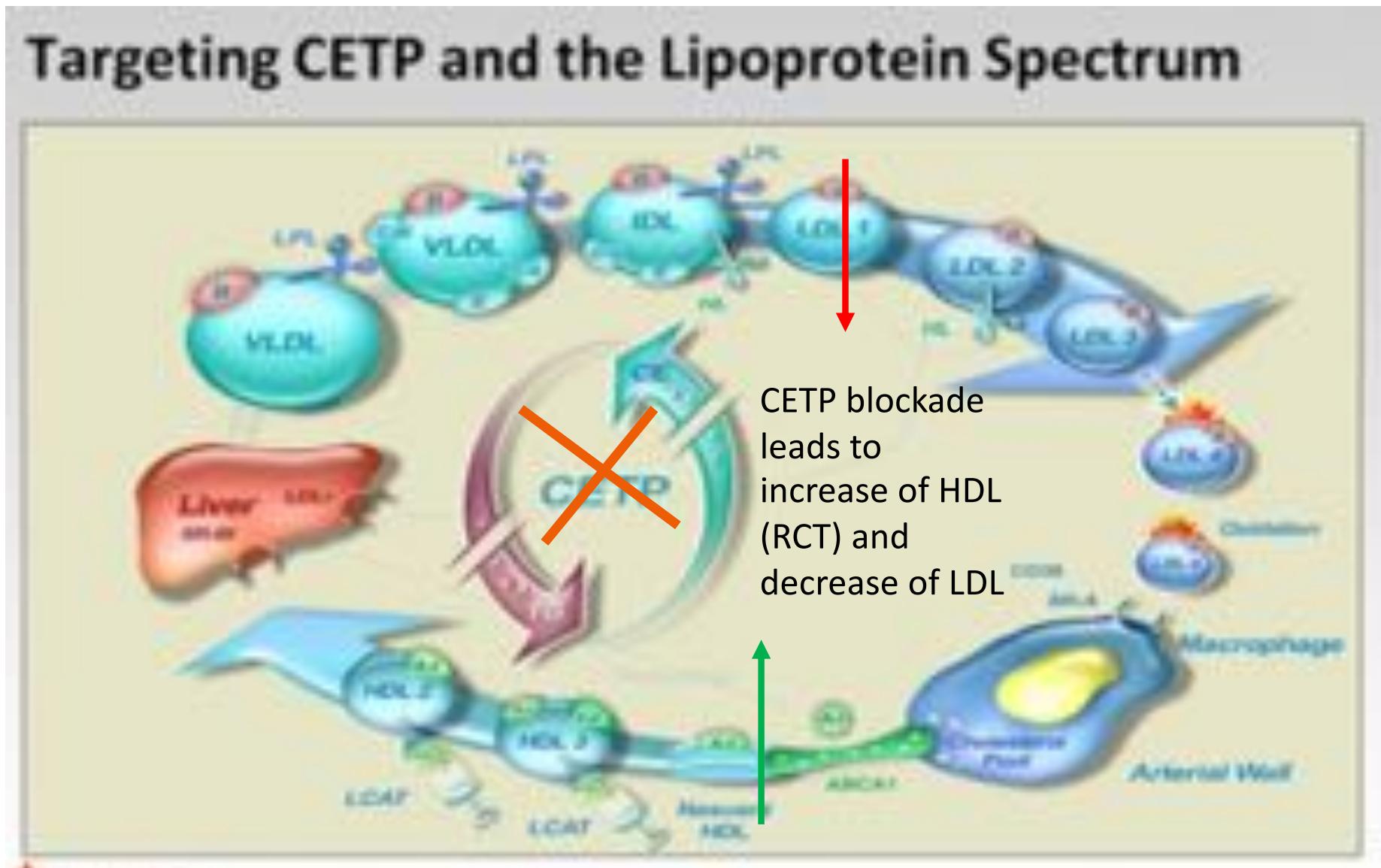


**Fig. 1.** The genomic organization of the human *ABCA1* gene is illustrated. The



## The CYP11B2 story and Torcetrapib

Screening cascade of cpds

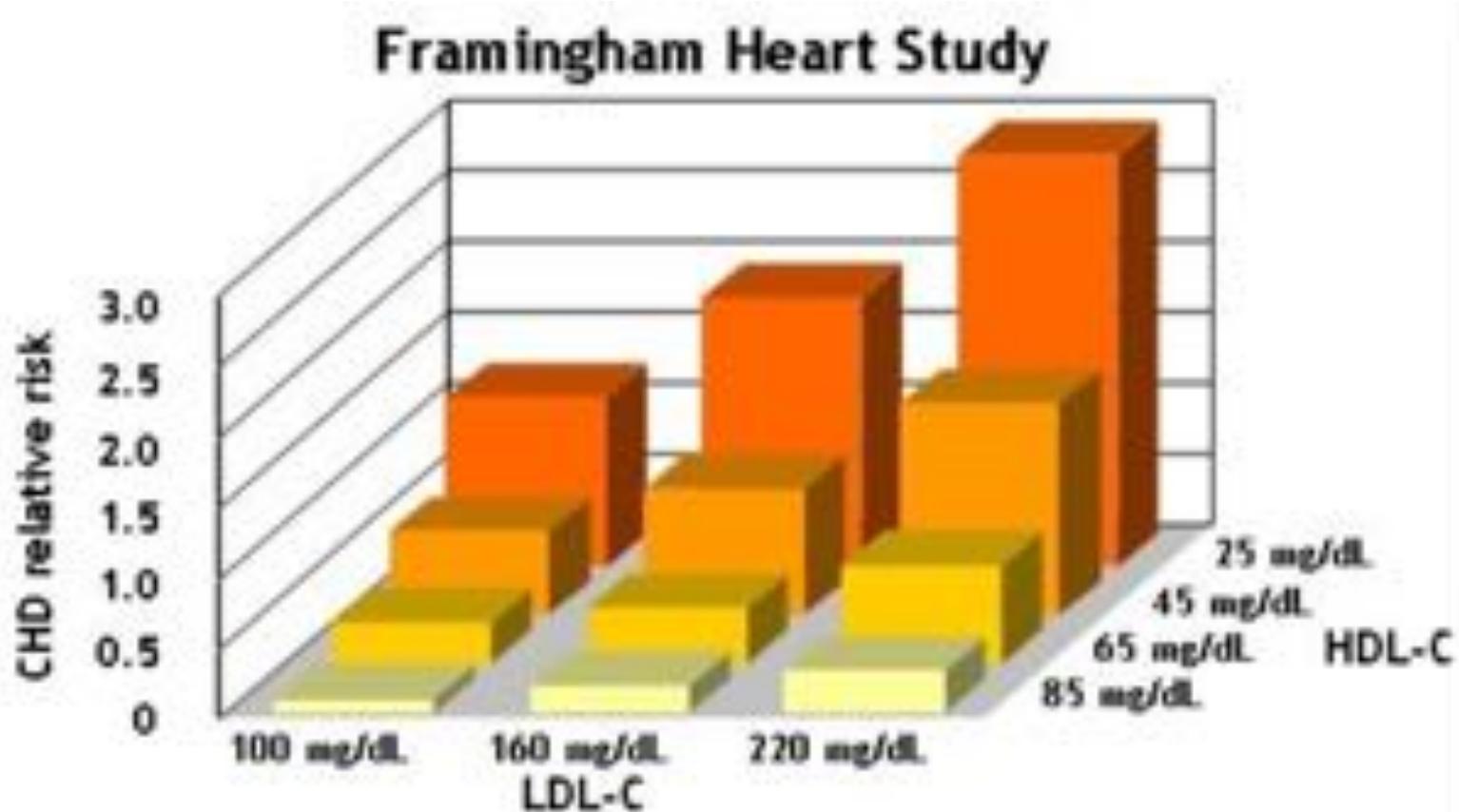


## High HDL levels correlate with good CVD prognostics



### The CYP11B2 story and Torcetrapib

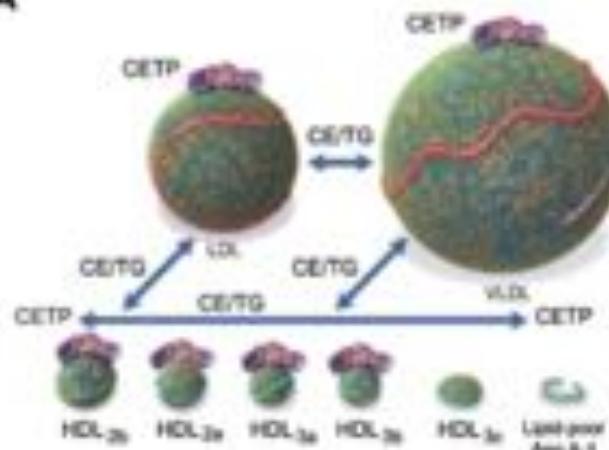
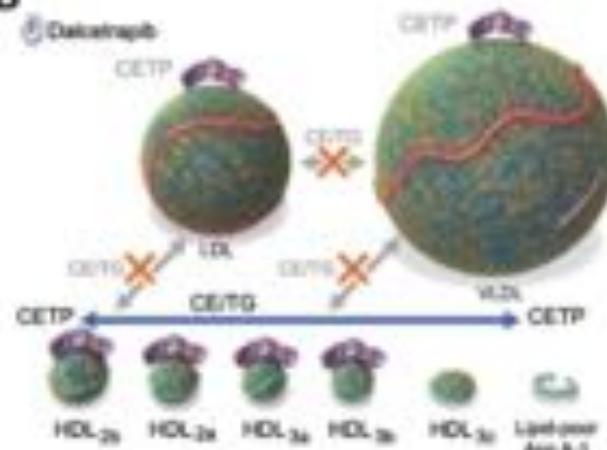
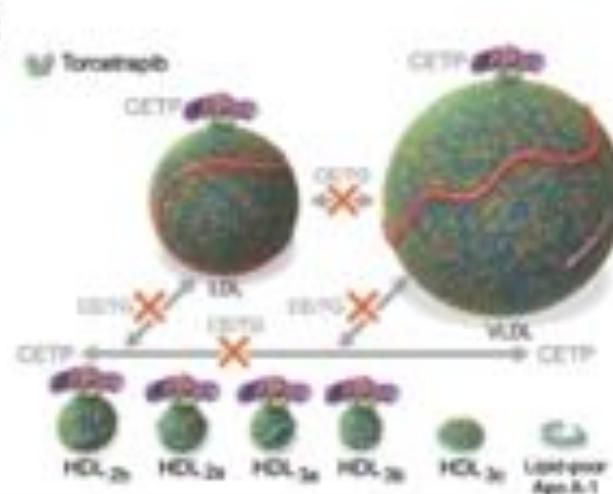
Screening cascade of cpds



The independent effect of raising HDL-C and lowering TG on the risk of coronary and cardiovascular morbidity and mortality has not been determined



## Journal of LIPID RESEARCH

**A****B****C****IBMB**

Modulating cholesteryl ester transfer protein activity maintains efficient pre- $\beta$ -HDL formation and increases reverse cholesterol transport<sup>(s)</sup>

Clerc RG et al... Niesor E (2010) J. Lipid Research 12:3343-3354

# Investigative toxicology \_ a personal view

BMJ. 2006 Dec 16; 333(7581): 1237.

doi: [10.1136/bmj.39059.438044.DB](https://doi.org/10.1136/bmj.39059.438044.DB)

## Pfizer stops clinical trials of heart

Janice Hopkins Tanne

[Author information](#) ► [Copyright and License information](#) ►

This article has been [cited by](#) other articles in PMC.

In December 2006, Pfizer announced that data from the **ILLUMINATE** trial showed that the combination of Lipitor plus torcetrapib was linked to a **60% increase in mortality rate and cardiovascular events** compared to Lipitor alone. Pfizer subsequently discontinued the development of the drug following recommendations from the Data Safety Monitoring Board which was supervising the study. Since December, Pfizer eliminated 10,000 jobs (10% of its work force) and faced a corporate shakeup with the ouster

Pfizer, the world's largest drug company, suddenly halted phase III clinical trials of torcetrapib on 2 December. Torcetrapib is a new agent that increases concentrations of "good" high density lipoprotein (HDL) cholesterol.

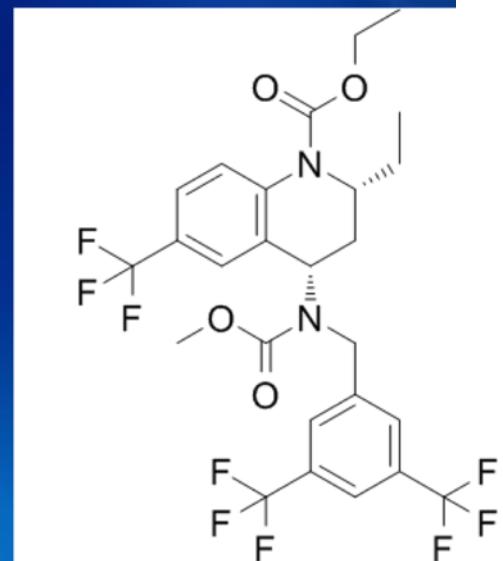
Pfizer said that "in the interests of patient safety" it was stopping the clinical trials of torcetrapib (called Illuminate) because the independent data safety monitoring board found more deaths and cardiovascular events in patients taking the drug. The trials included 7500 patients who were taking a combination of torcetrapib and atorvastatin (marketed as Lipitor) and 7500 patients who were taking atorvastatin alone. There were 82 deaths in the group taking the combination, compared with 51 in the group taking atorvastatin.

The trial investigators were instructed to tell patients to stop taking the combination, and Pfizer also notified the FDA.



## Off-target effects of Torcetrapib

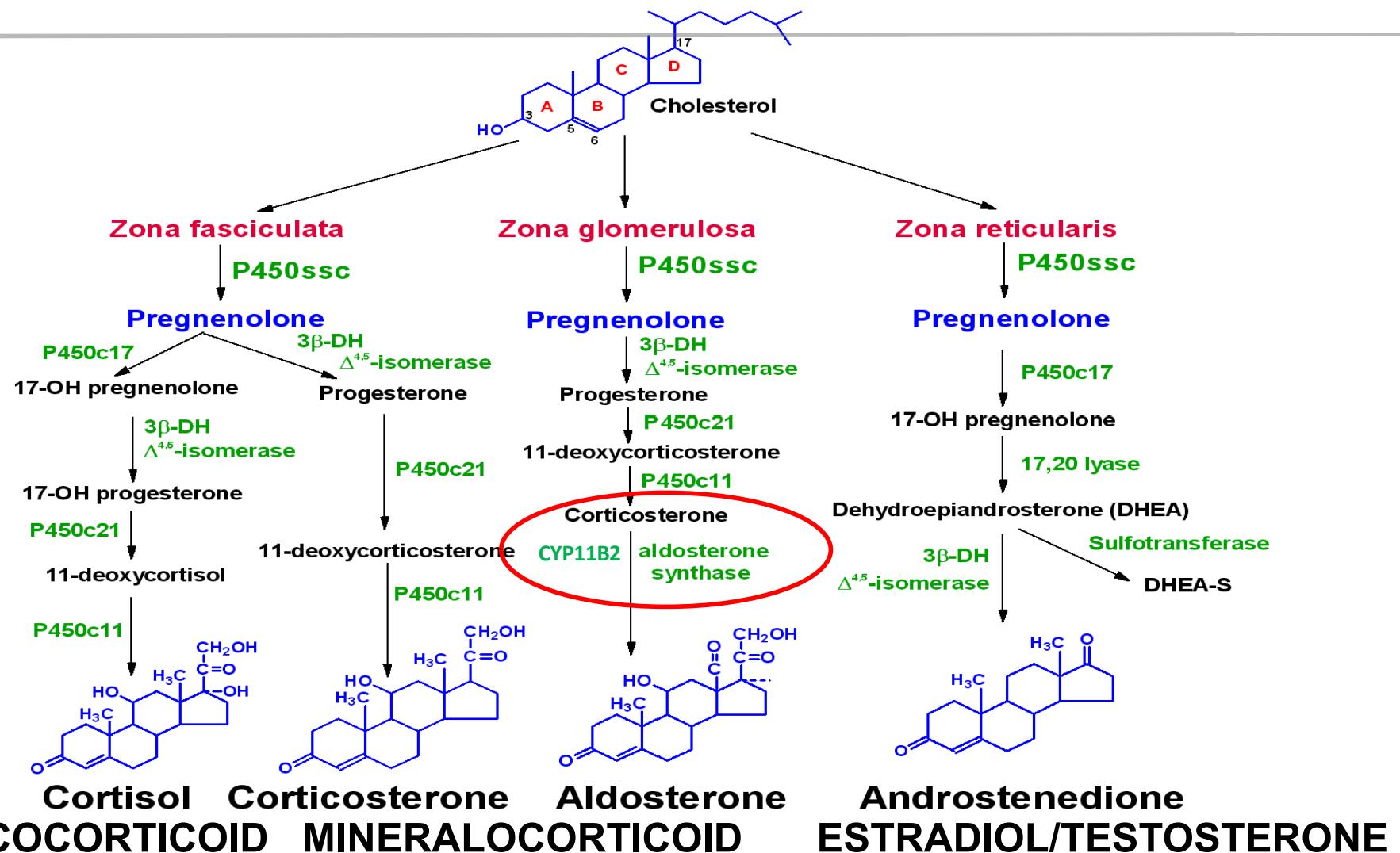
- increases aldosterone / cortisol  
→ increases blood pressure
- reduces eNOS,
- increases ET-1  
→ induces endothelial dysfunction



Other CETP inhibitors do not have these off-target effects

IS THIS ADVERSE TOXIC EFFECT A CETPi CLASS OR A CPD –SPECIFIC OFF TARGET EFFECT??

# Steroids and the Adrenal Cortex



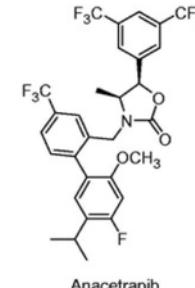
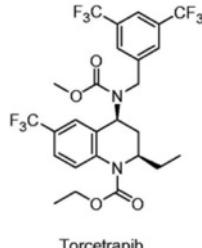
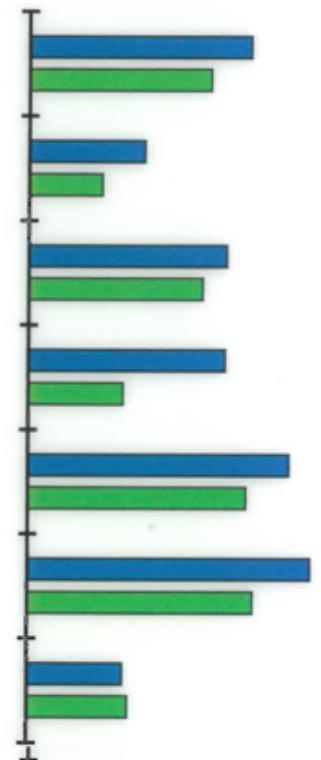
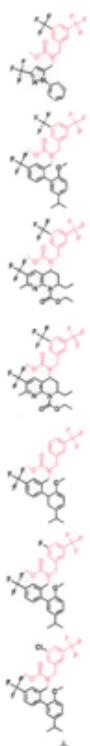
The adrenal cortex is responsible for production of 3 major classes of steroid hormones: glucocorticoids, which regulate carbohydrate metabolism; mineralocorticoids, which regulate the body levels of sodium and potassium; and androgens, whose actions are similar to that of steroids produced by the male gonads.

1a. Compounds with methyl-(3-trifluoromethyl-benzyl)-carbamic acid methyl ester motif of torcetrapib (IN RED COLOUR) attached to a suitable THQ-replacement

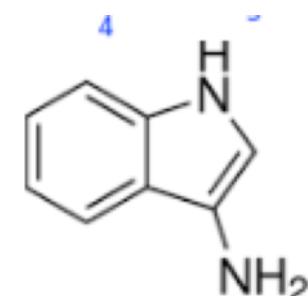
Compound ( $IC_{50}$   $\mu M$ ) Structure

■ Aldosterone ■ CYP11B2

a (>100)

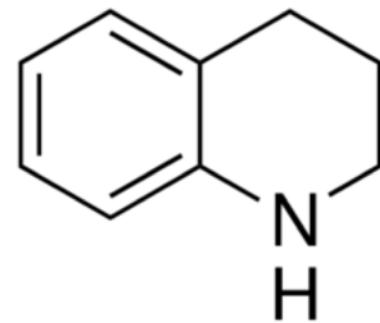


*An example of assay read out and medicinal chemistry MDO*



Indole

Composé organique



T15504 ALDRICH  
98%  
Synonym: THQ  
1,2,3,4-Tetrahydroquinoline

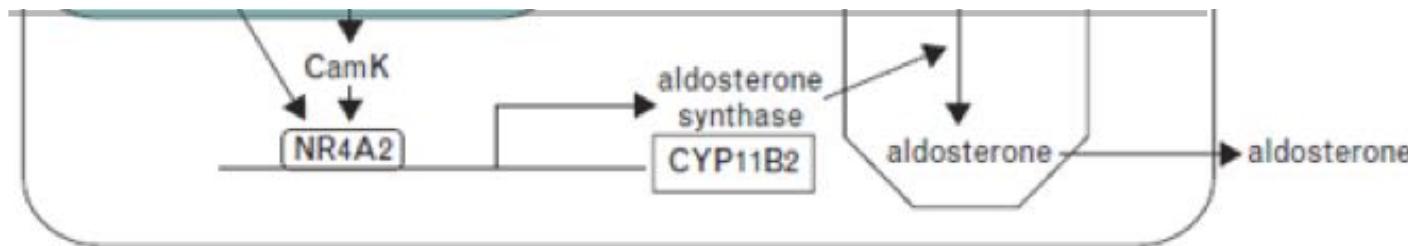
$IC_{50}$  of CETP activity determined using a scintillation proximity assay. nd, not determined (benzoic acid derivative).

Clerc RG. and Niesor EJ. (2012) American Heart Association Washington DC

# Investigative toxicology \_CETPi Torcetrapib but not Dalcetrapib did increase aldosterone synthesis CYP11B2 synthase and blood pressure in SHR

Screening cascade of cpds targeting the aldosterone synthase

eg. H295R adrenal glomerulosa derived cell line and SHR hypertensive rats

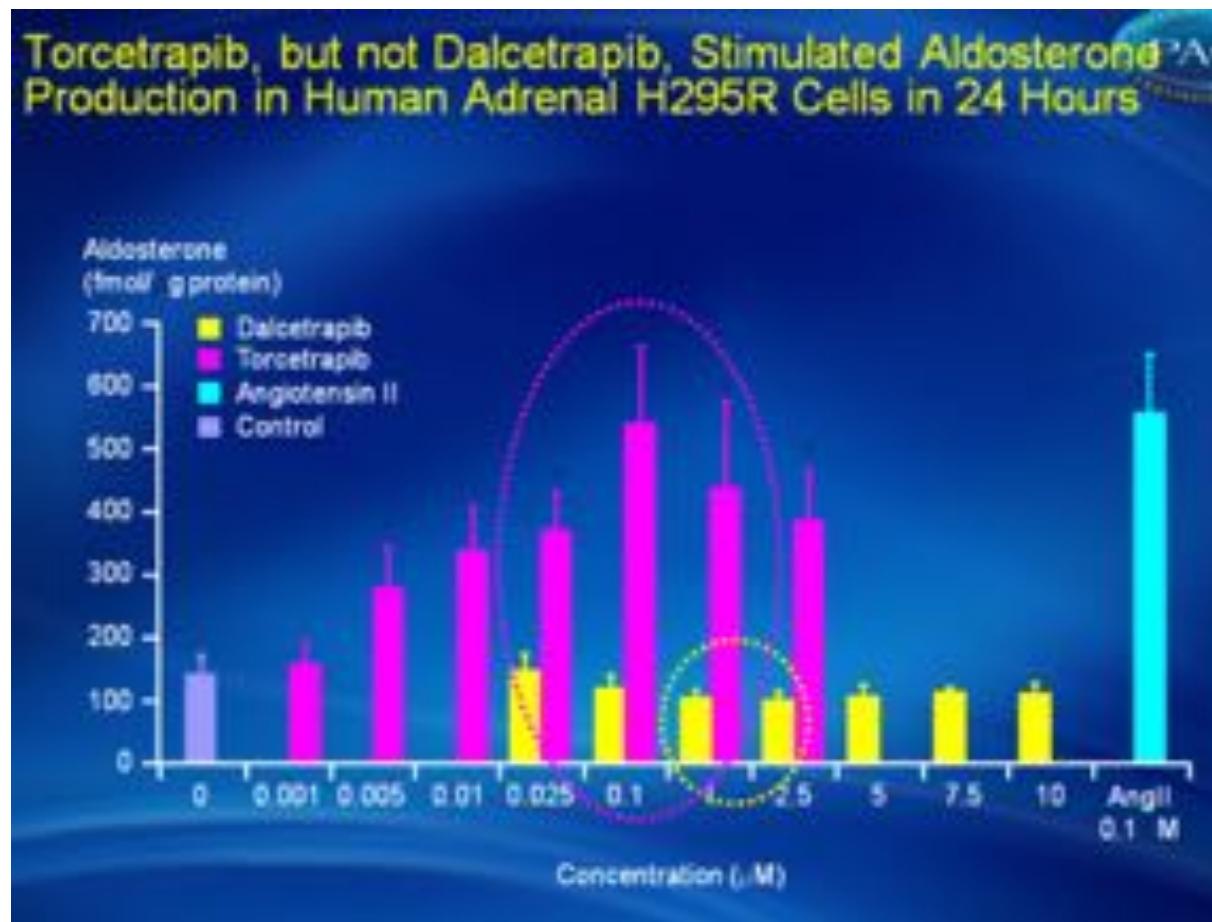


Clerc RG et al. 2010 J Hypertension 10:1676-86



Screening cascade of cpds

**The CYP11B2 dramatically activated by Torcetrapib but not Dalcetrapib**



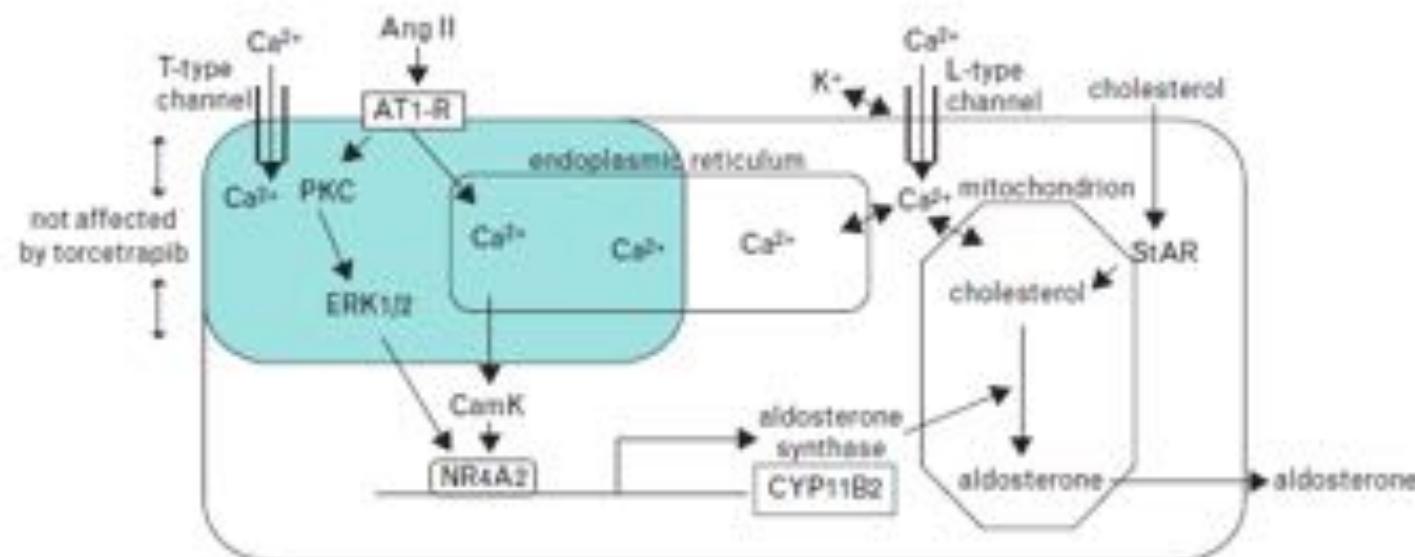
Stroes and Clerc RG et al. 2010 Br J Pharmacol. 2009 Dec;158(7):1763-70. doi



## The CYP11B2 story and Torcetrapib Adrenal hormone biosynthesis

Screening cascade of cpds

Fig. 7



Flow diagram to indicate putative site of action of torcetrapib on the angiotensin II/aldosterone pathway. Ang II, angiotensin II; AT1-R, Ang II type 1 receptor; CYP11B2, cytochrome P450 subunit 11B2; ERK, extracellular signal-regulated kinase; NR4A2, orphan nuclear hormone receptor; PKC, protein kinase C; StAR, steroidogenic acute regulatory protein.



Pharmakonzern Johnson & Johnson zu Milliardenstrafe verurteilt

13.07.18 15:48

Neue Zürcher Zeitung

## Milliardenstrafe für Pharmakonzern Johnson & Johnson

22 an Eierstockkrebs leidende Frauen hatten gegen den amerikanischen Konzern geklagt. Sie machen Puderprodukte für ihre Erkrankungen verantwortlich und werfen dem Unternehmen vor, Gefahren verschwiegen zu haben.

13.7.2018, 04:14 Uhr

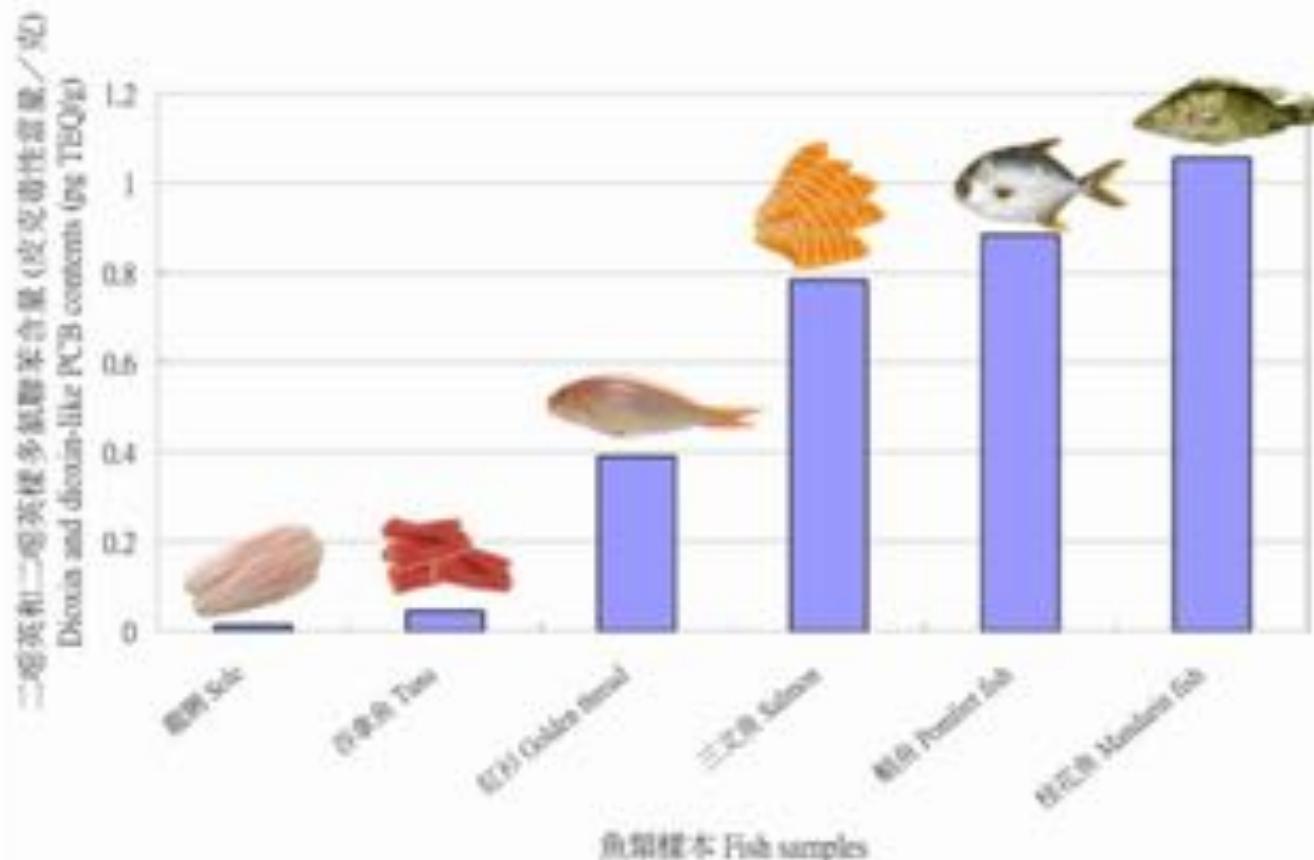
(Reuters/dpa) Der amerikanische Pharma- und Konsumgüterkonzern Johnson & Johnson (J&J) ist zu einer Milliardenstrafe verurteilt worden, weil bestimmte Körperpflegeprodukte Krebs verursacht haben sollen. Beim Prozess in St. Louis im amerikanischen Gliedstaat Missouri befand die Jury J&J einstimmig für schuldig und ordnete Schadenersatz- und Strafzahlungen in Höhe von insgesamt 4,7 Milliarden \$ (umgerechnet 4,0 Mrd. €) an.

Die Milliardensumme setzt sich aus 950 Mio. \$ Entschädigung und einer Strafe von 4,14 Mrd. \$ zusammen. Als Reaktion fielen die J&J-Aktien im nachbörslichen Handel um 1%. J&J kündigte rechtliche Schritte an. Das Verfahren sei hochgradig unfair gewesen. Der Konzern bekräftigte, seine Produkte enthielten kein Asbest und lösten kein Krebs aus.

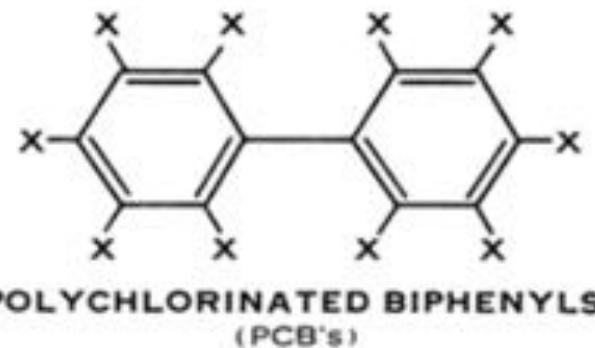
**WHY SAFETY IS  
IMPORTANT IN  
PHARMA ?  
HOW SERIOUS CAN  
CLASS ACTION BE ?**



## Endocrine disruptors and the CYP11B2 nanomolar affinities Adrenal hormone biosynthesis



PCBs , Dioxins are very stable chemical entities hence invading the entire food chain



Phthalates mainly used as plastic softener are very stable chemical entities hence invading the entire food chain

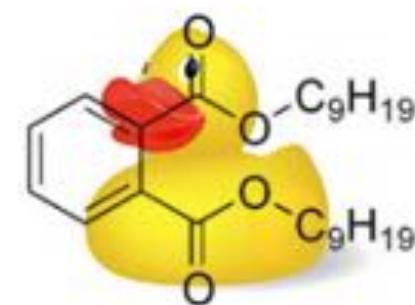


Figure 1. Dioxin and dioxin-like PCB contents among various fish

# Reproductive investigative toxicology \_ endocrine disruptors : decrease in ano genital distance in boys exposed prenatal to PCBs



## Endocrine disruptors and the CYP11B2 nanomolar affinities Adrenal hormone biosynthesis



Phthalates are very stable chemical entities hence invading the entire food chain (PLASTIC SOFTENER)

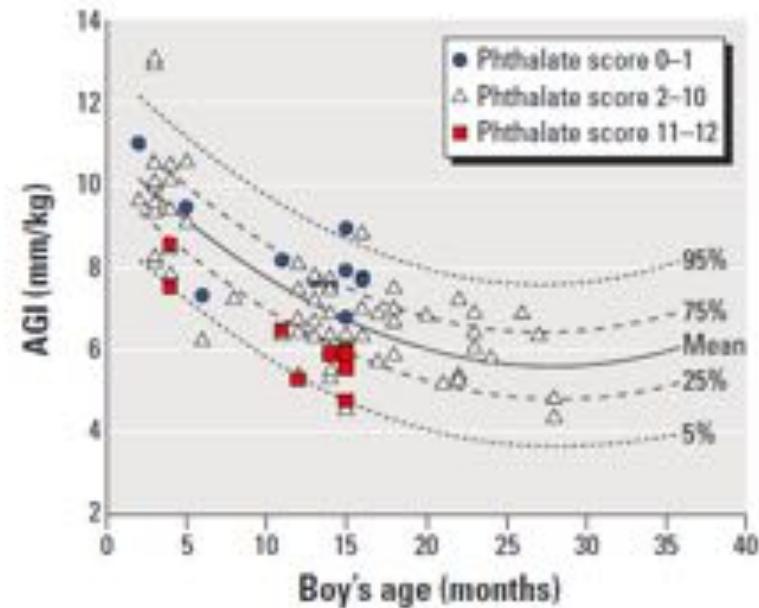
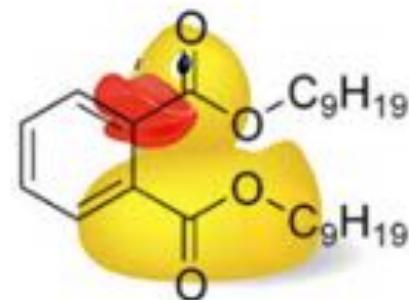
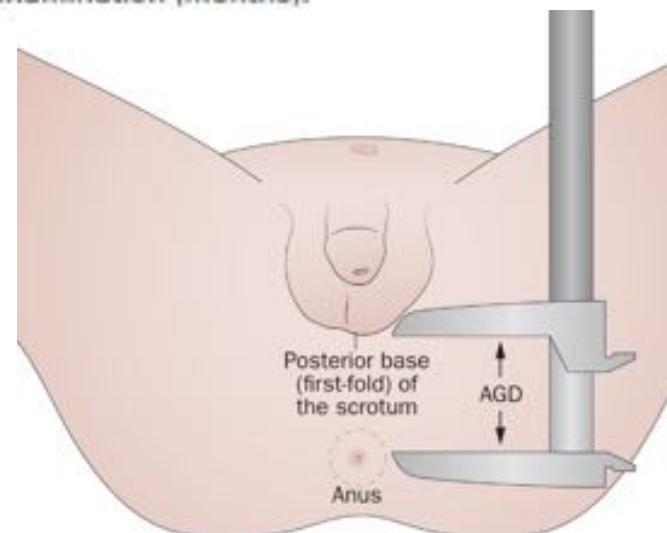


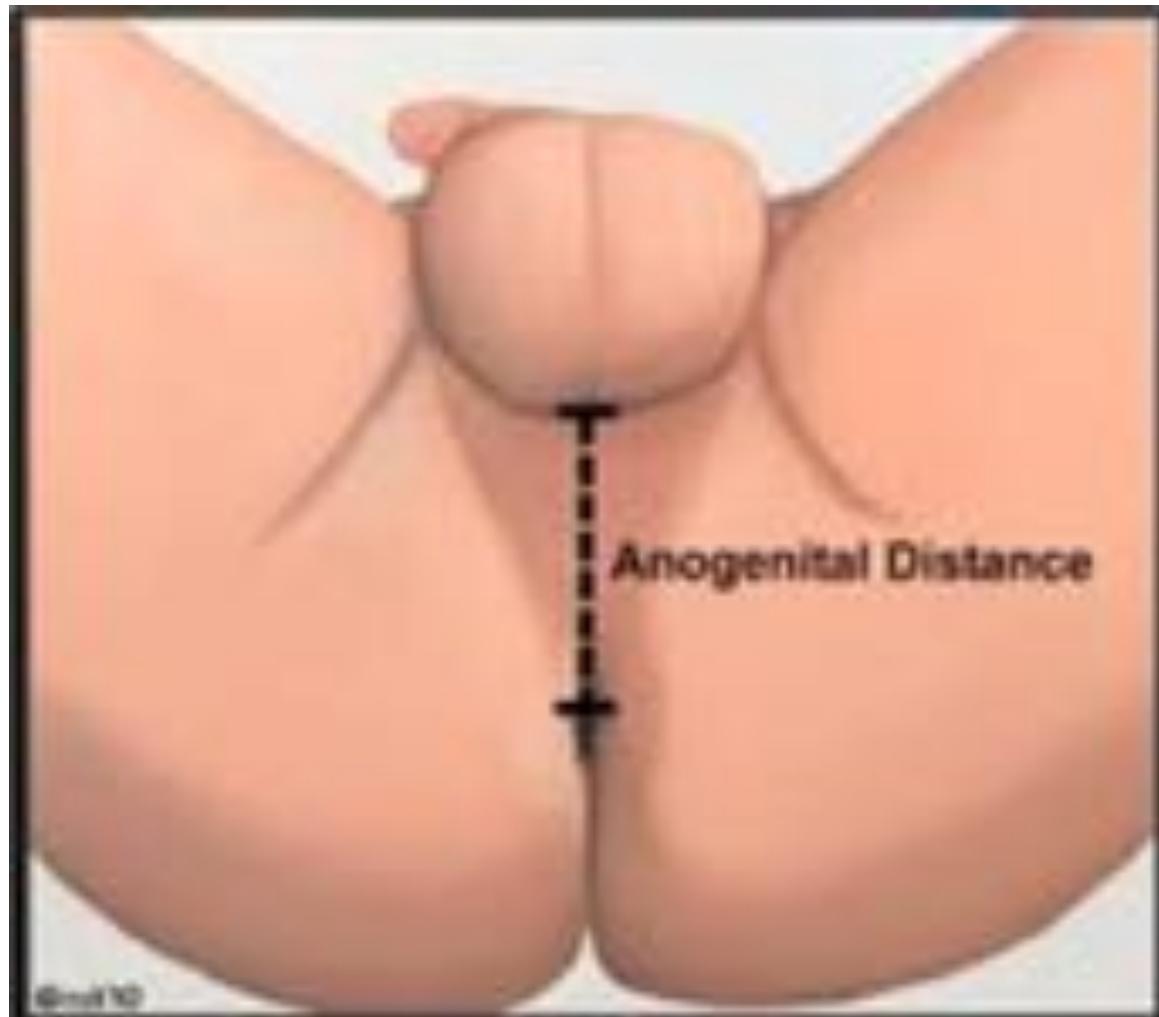
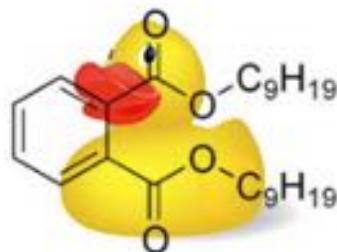
Figure 1. Mean AGI (mm/kg) in relation to boys' age at examination (months).



## Reproductive clinical toxicology



Endocrine disruptors /reproductive clinical toxicology / pregnancy  
post partum caution / low sperm counts / infertility



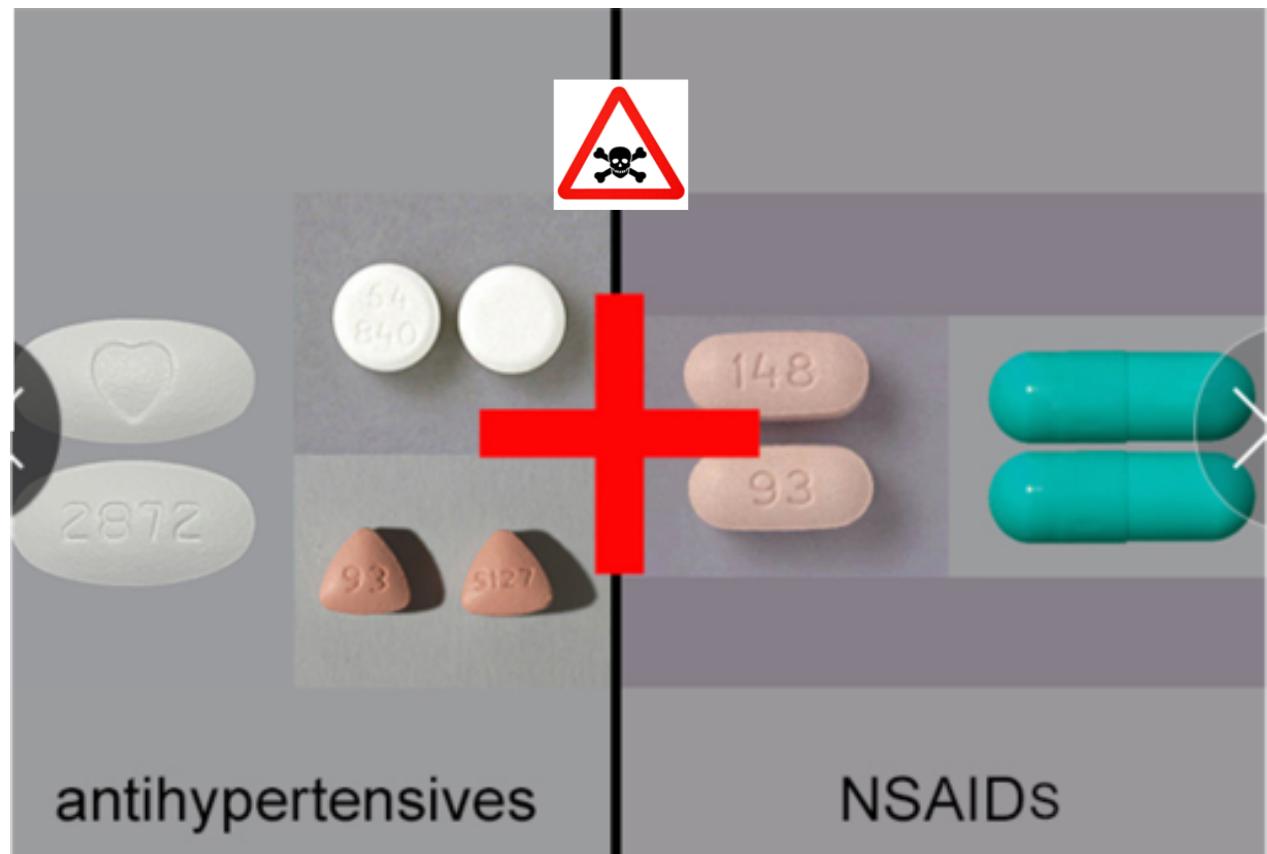
# Clinical toxicology : the drug\_drug interactions : explosive cocktails !



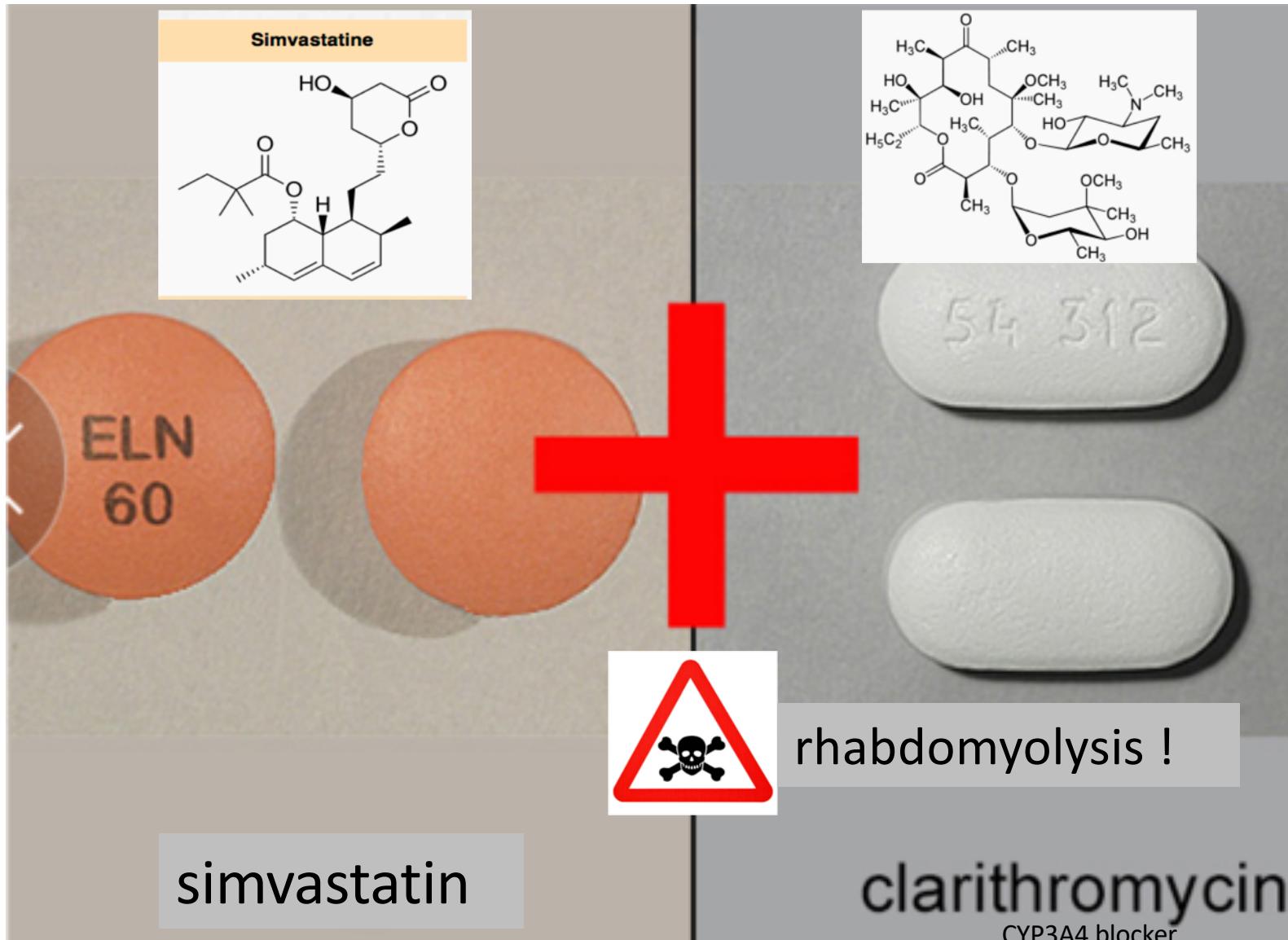
# Dangerous clinical pharmacological cocktails : the drug\_drug interactions



In the **POLYPHARMACY ERA**, it is not unusual for patients with eg chronic diseases to be taking half a dozen or more different medicines. Hence, drug-drug interactions have increased than ever before in clinical practice.



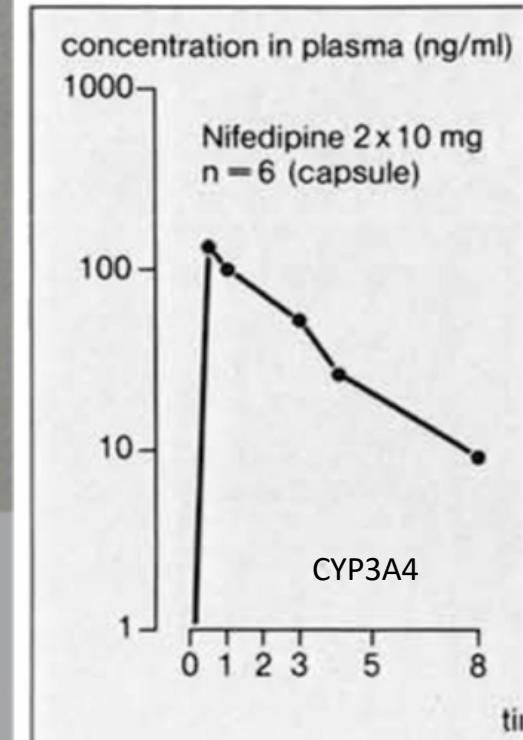
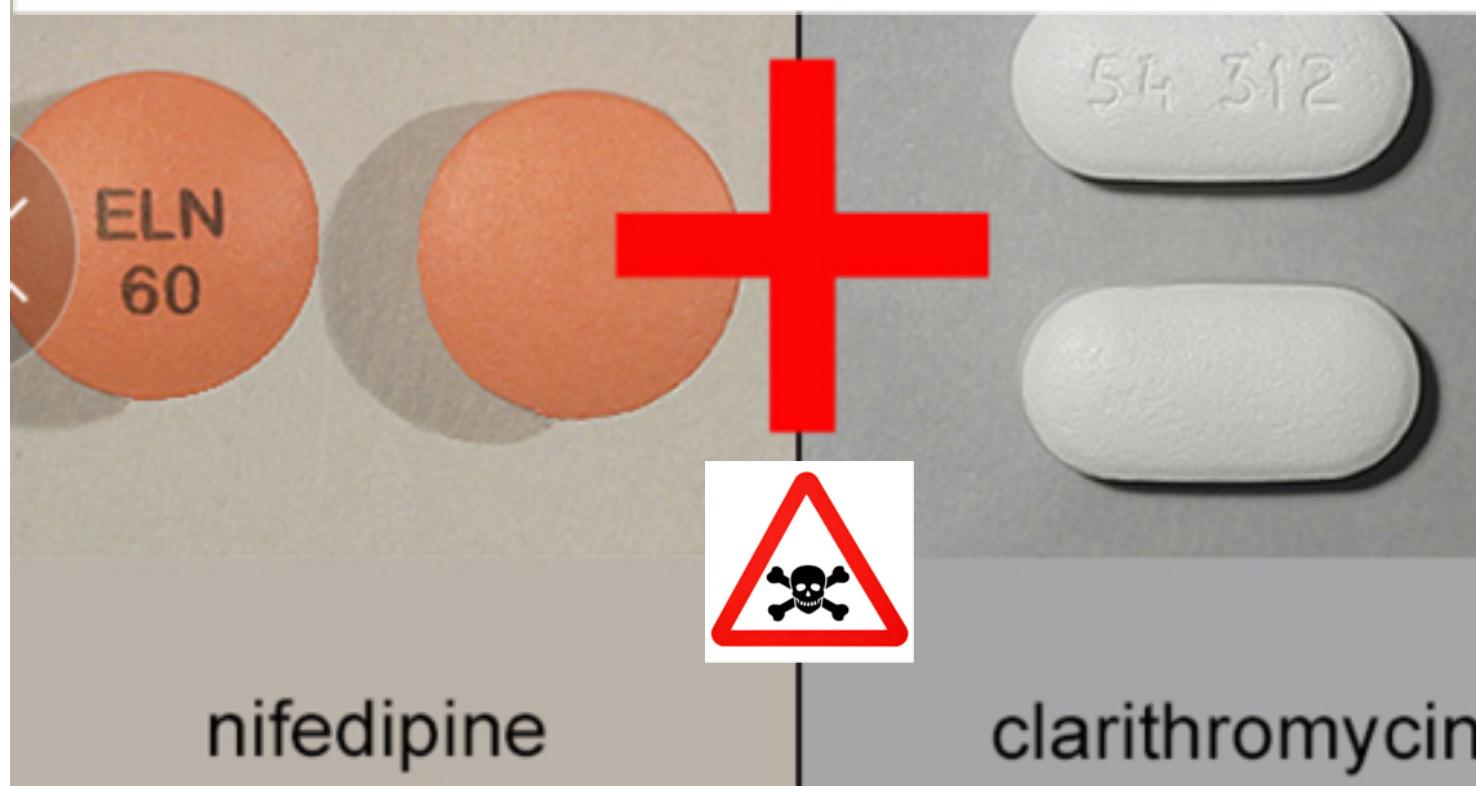
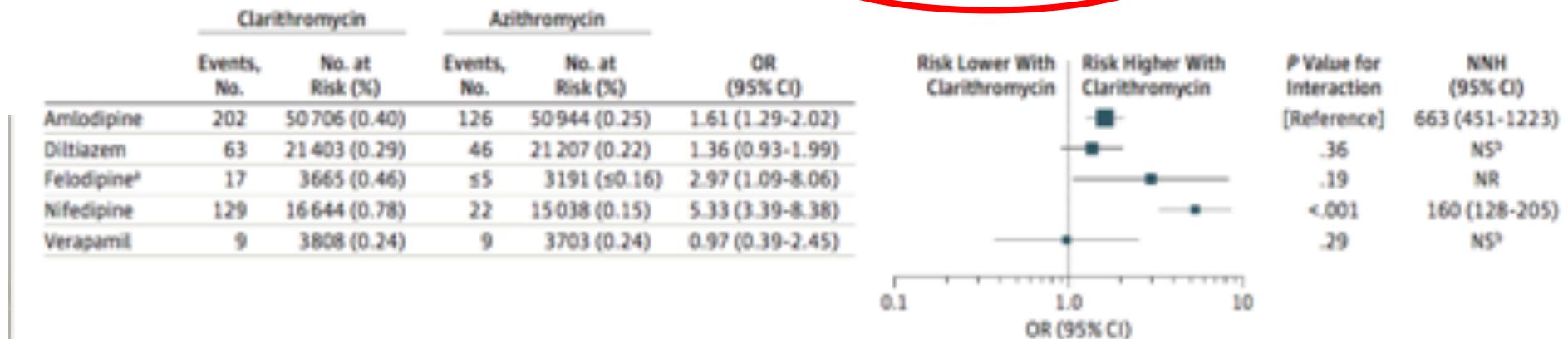
## *Case study : a patient on statin suffers from pharyngitis (ORL Otorhinolaryngology symptoms) What do you do ?*



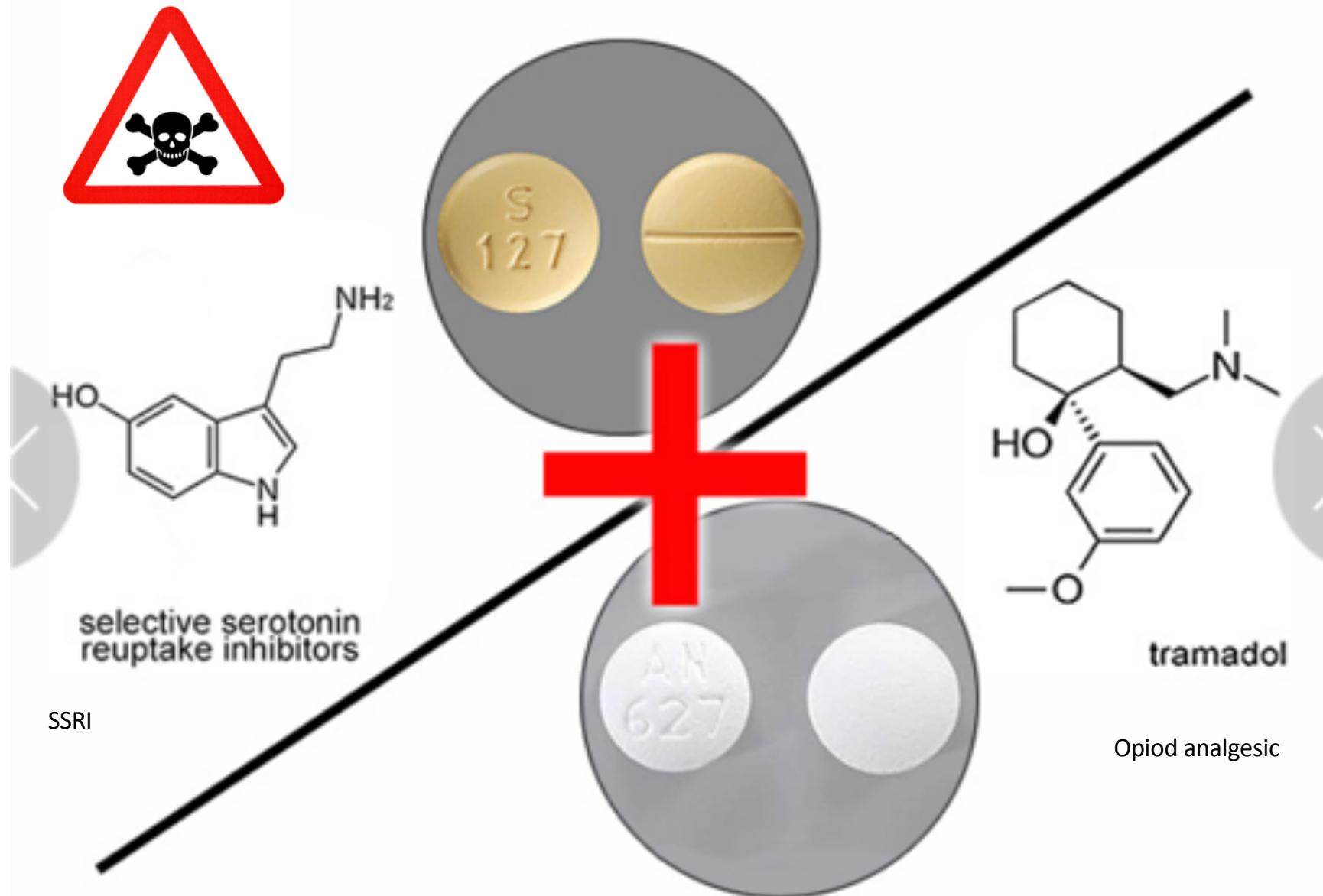
# Case study: a patient on calcium channel blocker suffers from pharyngitis (ORL Otorhinolaryngology symptoms) What do you do ?



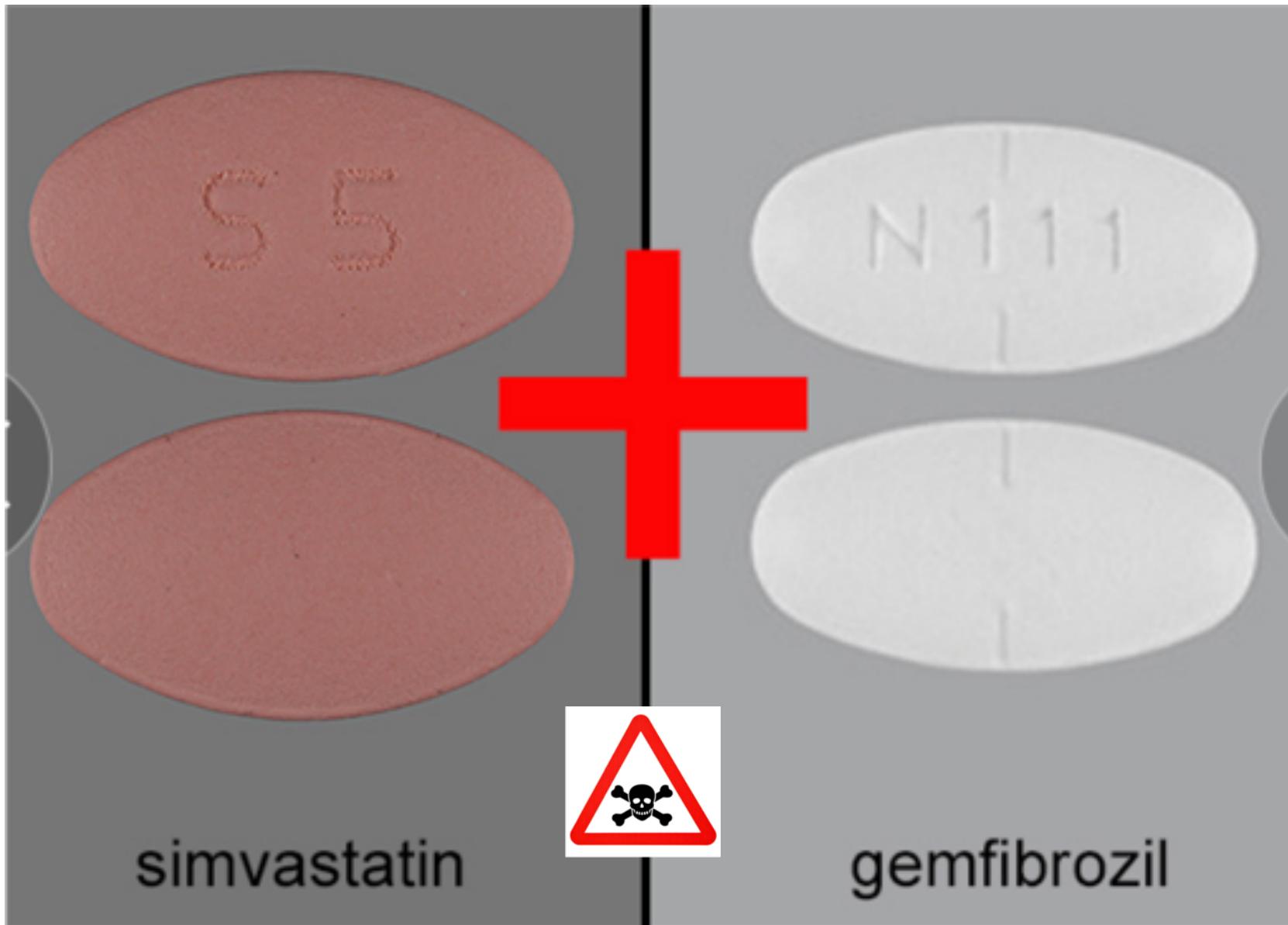
Figure 1. Clarithromycin With Each Type of Calcium-Channel Blocker and the Risk of Acute Kidney Injury



# Dangerous pharmacological cocktails : the drug\_drug interactions and the serotonin syndrome



# Careful : dangerous cocktails : the drug\_drug interactions CYP450 3A4 blockade



## Careful : dangerous grapefruit drink : the drug\_drug interactions



~70% of drug-drug interactions can be avoided by computer program assisted pharmacists and prescribing MDs; what about the residual risk ?



Table 1. Example of Completed DIPS Form

DIPS QUESTIONS	Answer/ Score	Comments
1. Are there previous credible reports of this interaction in humans?	NA / 0	At the time of the report, 1 case report purporting an interaction and 1 report of 6 cases without an interaction had been published. <sup>12,13</sup> Neither report met the criteria for a credible report; both are disregarded as evidence in this case.
2. Is the observed interaction consistent with the known interactive properties of precipitant drug?	no / -1	Cyclosporine is a substrate for CYP3A4 and P-glycoprotein. Azithromycin is not known to inhibit CYP3A4 or P-glycoprotein.
3. Is the observed interaction consistent with the known interactive properties of object drug?	NA / 0	Since no known properties of azithromycin affect cyclosporine, the answer is NA.
4. Is the event consistent with the known or reasonable time course of the interaction (onset and/or offset)?	yes / 1	The time course of the change in cyclosporine concentrations would be consistent with a change in its elimination.
5. Did the interaction remit upon dechallenge of the precipitant drug with no change in the object drug? (If no dechallenge, use "Unknown or NA" and skip Question 6).	yes / 1	Stopping azithromycin did coincide with a fall in the concentration of cyclosporine.
6. Did the interaction reappear when the precipitant drug was readministered in the presence of continued use of object drug?	no / 0	No rechallenge was attempted.
7. Are there reasonable alternative causes for the event?	yes / -1	As noted by the authors, alternative reasons existed (eg, cytokine-induced inhibition of CYP3A4 metabolism) that could lead to reduced cyclosporine metabolism.
8. Was the object drug detected in the blood or other fluids in concentrations consistent with the proposed interaction?	yes / 1	Cyclosporine concentrations were measured and varied appropriately with the administration and discontinuation of azithromycin.
9. Was the drug interaction confirmed by any objective evidence consistent with the effects on the object drug (other than drug concentrations from question 8)?	NA / 0	There was no other evidence of the interaction except elevated cyclosporine concentrations.
10. Was the interaction greater when the precipitant drug dose was increased or less when the precipitant drug dose was decreased?	NA / 0	There was no change in the precipitant drug dose.

DIPS = Drug Interaction Probability Scale; NA = not applicable.

## Drug interactions probability



Questions	Yes	No	Unk or NA
1. Are there previous credible reports of this interaction in humans?	+1	-1	0
2. Is the observed interaction consistent with the known interactive properties of precipitant drug?	+1	-1	0
3. Is the observed interaction consistent with the known interactive properties of object drug?	+1	-1	0
4. Is the event consistent with the known or reasonable time course of the interaction (onset and/or offset)?	+1	-1	0
5. Did the interaction remit upon dechallenge of the precipitant drug with no change in the object drug? (if no dechallenge, use Unknown or NA and skip Question 6)	+1	-2	0
6. Did the interaction reappear when the precipitant drug was readministered in the presence of continued use of object drug?	+2	-1	0
7. Are there reasonable alternative causes for the event?*	-1	+1	0
8. Was the object drug detected in the blood or other fluids in concentrations consistent with the proposed interaction?	+1	0	0
9. Was the drug interaction confirmed by any objective evidence consistent with the effects on the object drug (other than drug concentrations from question 8)?	+1	0	0
10. Was the interaction greater when the precipitant drug dose was increased or less when the precipitant drug dose was decreased?	+1	-1	0

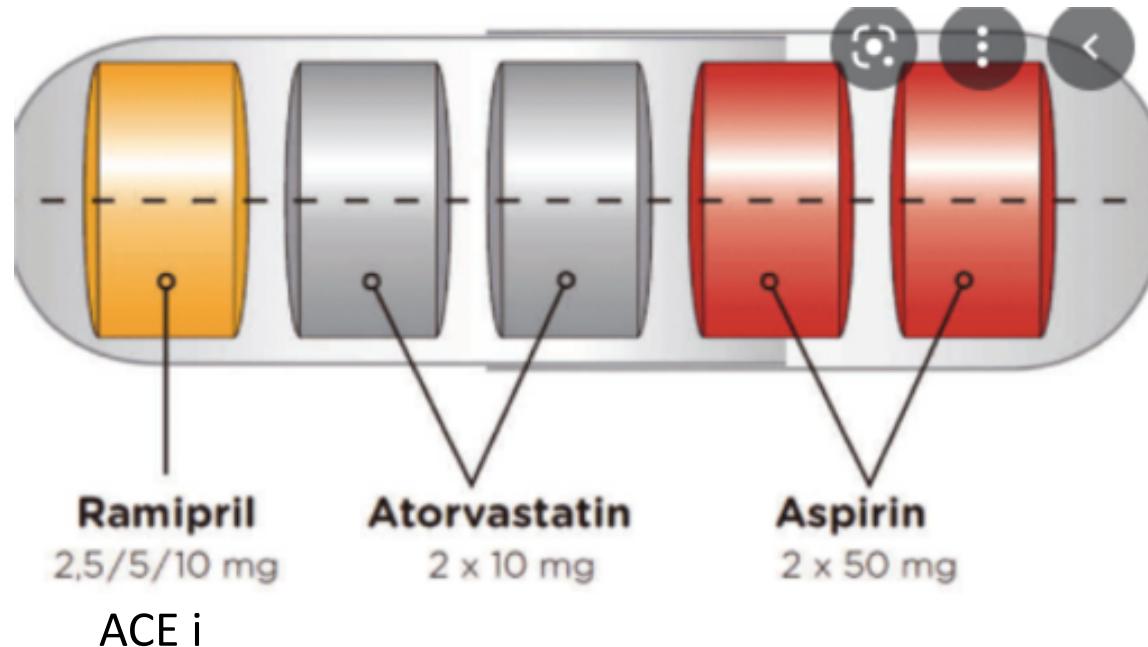
\*Consider clinical conditions, other interacting drugs, lack of adherence, risk factors (eg, age, inappropriate doses of object drug). A NO answer presumes that enough information was presented so that one would expect any alternative causes to be mentioned. When in doubt, use Unknown or NA designation.

Total Score ____	Highly Probable:	>8
	Probable:	5-8
	Possible:	2-4
	Doubtful:	<2

# Better compliance, lower medical costs with efficacious and safe polypill : a nightmare in experimental safety pharmacology !



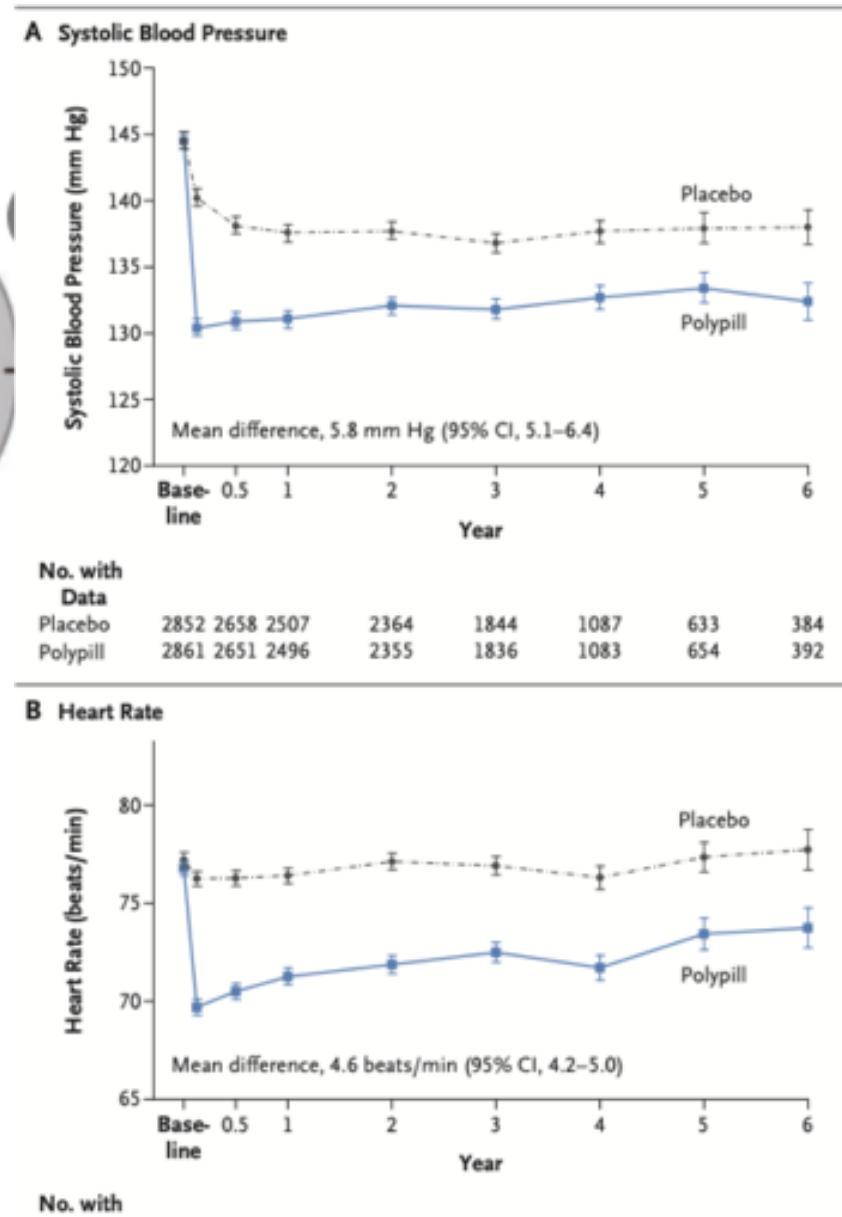
explore safe combinations in cardiovascular prevention CVD:  
eg. combo statin, ACE inhibitor, Ca<sup>2+</sup> L channel blocker (amlodipine),  
diuretic (dihydrochlorothiazide), etc



ORIGINAL ARTICLE

## Polypill with or without Aspirin in Persons without Cardiovascular Disease

S. Yusuf, P. Joseph, A. Dans, P. Gao, K. Teo, D. Xavier, P. López-Jaramillo, K. Yusoff, A. Santoso, H. Gamra, S. Talukder, C. Christou, P. Girish, K. Yeates, F. Xavier, G. Dagenais, C. Rocha, T. McCready, J. Tyrwhitt, J. Bosch, and P. Pais, for the International Polycap Study 3 Investigators\*



# Many Drug Drug interactions with ezetimibe !

## No rational drug design !



# Ezetimibe Drug Interactions

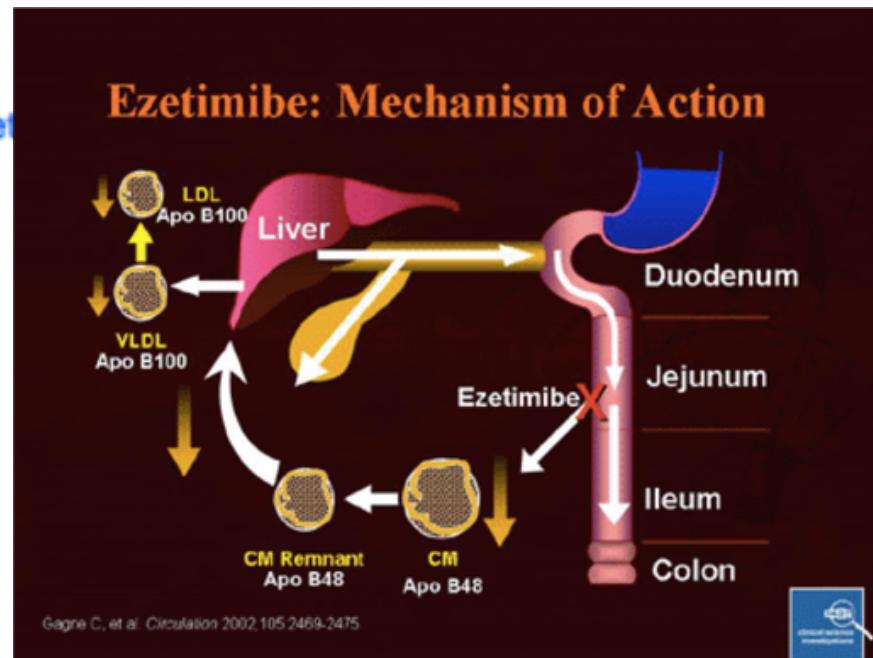
Overview Side Effects Dosage Professional Interactions Pregnancy

Drug Interactions (34) | Disease Interactions (3)

A total of 34 drugs (89 brand and generic names) are known to interact with [ezetimibe](#).

- 30 moderate drug interactions (81 brand and generic names)
- 4 minor drug interactions (8 brand and generic names)

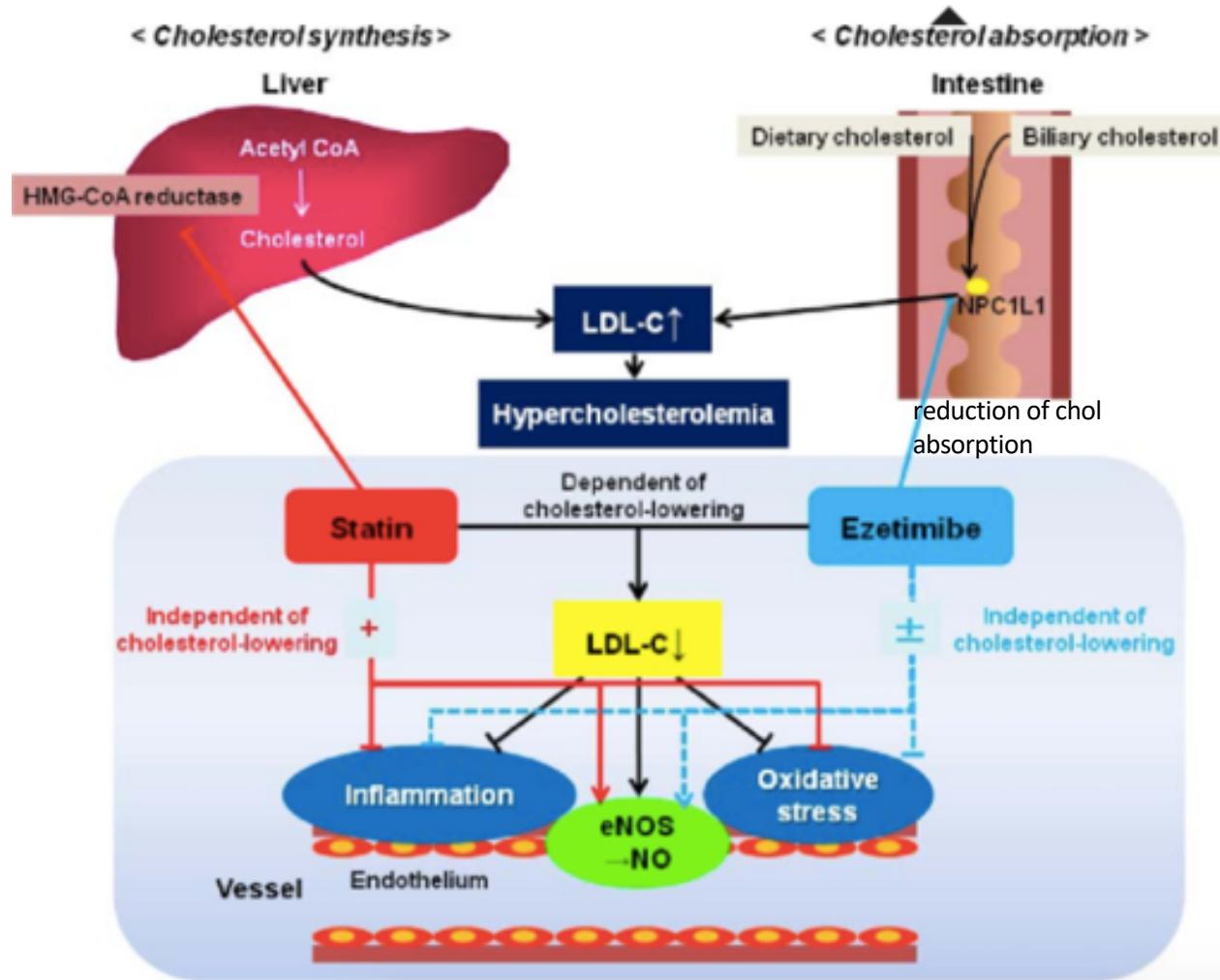
[Show all medications in the database that may interact with ezetimibe](#)



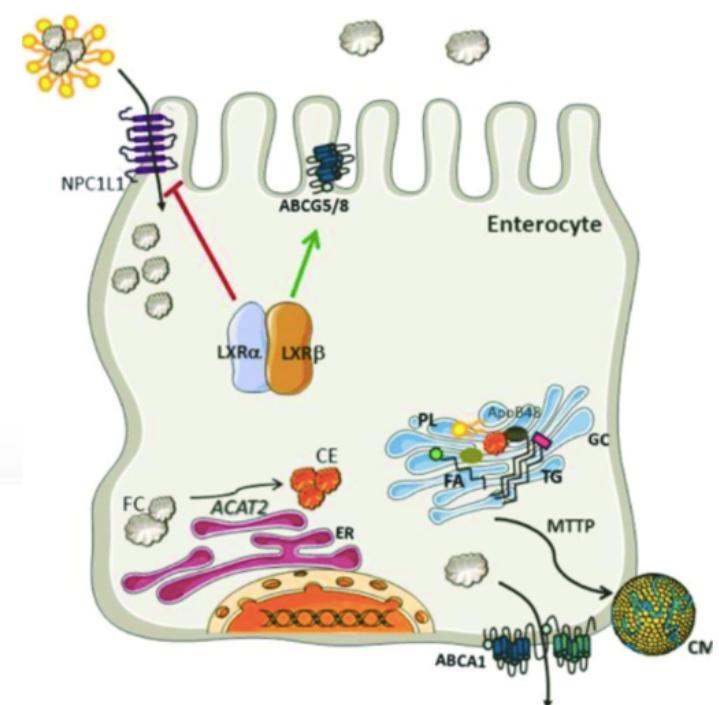
# Ezetimibe originally screened as ACAT inhibitor..



cholesterol acyltransferases (ACATs) utilize long-chain fatty acyl-CoA and cholesterol as substrates to form cholesteryl esters.



...NPC1L1 gut receptor  
identified eventually many  
years later !





**THANK YOU.....**

**DO YOU HAVE ANY QUESTIONS ?**



It is not because things are difficult that we do not dare, it is because we do not dare that they are difficult.

**Lucius Annaeus Seneca**